

Socio-demographic Profile of Children Aged 0 to 5 and their Parents

RTS de la Capitale-Nationale

BASED ON THE 2016 CENSUS OF CANADA

PRODUCED BY DR. JOANNE POCOCK

FOR THE

Community Health and Social Services Network



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Socio-demographic Profiles of Children aged 0-5 and their Parents

Introduction

Early Child Development as a Social Determinant of Health

Early child development (ECD) is a cornerstone of human development and childhood is considered to be the most important developmental phase of the individual lifespan. The developmental outcomes of this early phase of life impact the level of health and well-being enjoyed by a population in its future. Early child development is a social determinant of the health of communities and it is a process that is particularly sensitive to social determinants like the socio-economic status of families with children aged 0-5 and their social environment, access to health and social services, communication competency and literacy and access to local social support networks.

Health organizations around the globe are promoting knowledge and fostering policy, programs and initiatives that aim to improve the situation of children experiencing disadvantaged conditions and who are thereby vulnerable to poor childhood development. In Québec, the 2017 study of the Institut de la statistique du Québec entitled *Québec Survey on Children's Development in Kindergarten/Enquête québécoise sur le développement des enfants à la maternelle* selected the following key areas for assessment of the quality of ECD: physical health and well-being; social competence; emotional maturity; cognitive and language development; as well as communication skills and general knowledge.

See the report at https://www.stat.gouv.qc.ca/statistiques/sante/enfants-ados/developpement-enfants-maternelle-2017_an.html

The Community Health and Social Services Network: *Bright Beginnings*

The Community Health and Social Services Network (CHSSN) supports the English-speaking communities of Québec in their efforts to redress health status inequalities and promote community vitality. It strengthens and mobilizes networks at the local, regional and provincial levels in order to address health determinants, influence public policy and develop services for English speakers who, too often are left out of the system. It's 65 member organizations from various sectors aim to improve vitality and health of individuals and families among Québec's minority language communities. Learn more at <http://chssn.org/about-us/>

CHSSN financially supports 21 local or regional community health and social services network organizations who mobilize citizens and multi-sectorial partners in all regions of Québec using a population health approach. They collectively address health determinants such as access to health services, healthy child development, education and literacy, and social environments or support networks. With their networks, CHSSN has developed a collective vision and an early childhood framework called *Bright Beginnings: an adapted approach to supporting English-speaking children (0-5) and families*. This approach is being implemented by networks to varying degrees in many regions in accordance with each network organization's capacity.

To explore their approach further go to http://chssn.org/pdf/ProvincialActionPlan-BB_ENG.pdf

About These Profiles

These profiles draw from the 2016 Census of Canada to provide pertinent socio-demographic information on the children aged 0-5 of Québec's English-speaking communities and their families in

accordance with Québec's RTS (réseau territorial de services) territories.¹ They include information on their numbers, where they live, family structures they are part of, socio-economic issues they face, their status as recent immigrants to Québec, aboriginal identity and their likelihood to be members of a visible minority. Each regional profile includes tables, graphs and information bullets that provide provincial and regional statistics for selected characteristics as well as comparisons between French-speaking majority and English-speaking minority populations within these administrative territories.

Please note that these profiles draw from two different census samples. Section 1 of each profile provides information drawn from the 2016 census sample of the Québec population living in private households. **Section 2** provides information on the 2016 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

Definitions and Concepts

These profiles draw data from the Statistics Canada 2016 Census of Canada and are organized in accordance with its definitions and concepts. The census dictionary is available at, <https://www12.statcan.gc.ca/census-recensement/2016/ref/dict/index-eng.cfm>

First Official Language Spoken (FOLS) The definitions of first official language spoken and official language minority are outlined in the Official Languages (Communications with and Services to the Public) Regulations issued pursuant to the Official Languages Act (1988). The official language minority is English in Québec and French in all other provinces and territories. First Official Language Spoken is derived from the census questions on knowledge of official languages, mother tongue and home language. Multiple responses are distributed equally among declared languages.

Census Family households are those with a married couple (with or without children), or a couple living common-law (with or without children), or a lone parent living with one or more children (lone-parent family).

Census family is defined as a married couple and the children, if any, of either and/or both spouses; a couple living common law and the children, if any, of either and/or both partners; or a lone parent of any marital status with at least one child living in the same dwelling and that child or those children. All members of a particular census family live in the same dwelling. A couple may be of opposite or same sex. Children may be children by birth, marriage, common-law union or adoption regardless of their age or marital status as long as they live in the dwelling and do not have their own married spouse, common-law partner or child living in the dwelling. Grandchildren living with their grandparent(s) but with no parents present also constitute a census family.

Private household refers to a person or group of persons who occupy the same dwelling and do not have a usual place of residence elsewhere in Canada or abroad. For census purposes, households are classified into three groups: private households, collective households and households outside Canada. Unless otherwise specified, all data in census products are for private households only.

Educational Attainment – Persons with low educational attainment are those with only a high school graduation certificate or less while those with high educational attainment are those with a university bachelor's degree or higher.

¹ For further information go to <http://www.msss.gouv.qc.ca/professionnels/informations-geographiques-et-de-population/decoupage-territorial/>

Income – Persons with low income are those with individual after-tax income less than \$20k while those with high income reported \$50k or more. This includes income from all sources.

LICO uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low income cut-off category. People who live below income cut-offs may be said to live in “straitened circumstances.” (Human Resources and Skills Development Canada, August 2009.)

Mobility status – (Place of residence 5 years ago) Refers to the status of a person with regard to the place of residence on the reference day, May 10, 2011, in relation to the place of residence on the same date five years earlier.

Persons who have not moved are referred to as non-movers and persons who have moved from one residence to another are referred to as movers.

Movers include non-migrants and migrants.

Non-migrants are persons who did move but remained in the same city, town, township, village or Indian reserve.

Migrants include internal migrants who moved to a different city, town, township, village or Indian reserve within Canada.

External migrants include persons who lived outside Canada at the earlier reference date. External migrants are referred to as immigrants in this document.

Methodological Notes

Data Source

These profiles draw information from datasets developed by the Community Health and Social Services Network (CHSSN) using the 2016 Census of Canada. Findings are provided for Québec’s RTS territories in which there are at least 250 English speaking residents. **Please note that the profiles are divided into two sections. Section 1** provides information drawn from the 2016 census sample of the Québec population living in private households. **Section 2** provides information on the 2016 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

Linguistic definitions

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. These profiles use the [First Official Language Spoken](#) (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province. First Official Language Spoken is derived from three census questions: knowledge of official languages, mother tongue and home language. Dual responses are divided equally among English-speaking and French-speaking groups. Other definitions include [Mother tongue](#) which refers to the first language learned at home in childhood and still understood. The [language most often spoken at home](#) is used to designate the home language. [Knowledge of official languages](#) indicates the official language in which a person can carry on a conversation. The [language used most often at work](#) indicates the language spoken most frequently at work.

Demographic and Socio-economic Characteristics

The demographic and socio-economic variables addressed in these profiles are:

- Population size
- Household living arrangements
- Income
- Low-income cut-off (LICO)
- Educational attainment
- Labour force activity
- Visible minority status
- Family Structure
- Aboriginal identity
- Recent Immigrant status

Section 1: Children 0-5

The statistics presented in this section of the profile
are drawn from the 2016 census population
living in private households in Québec.

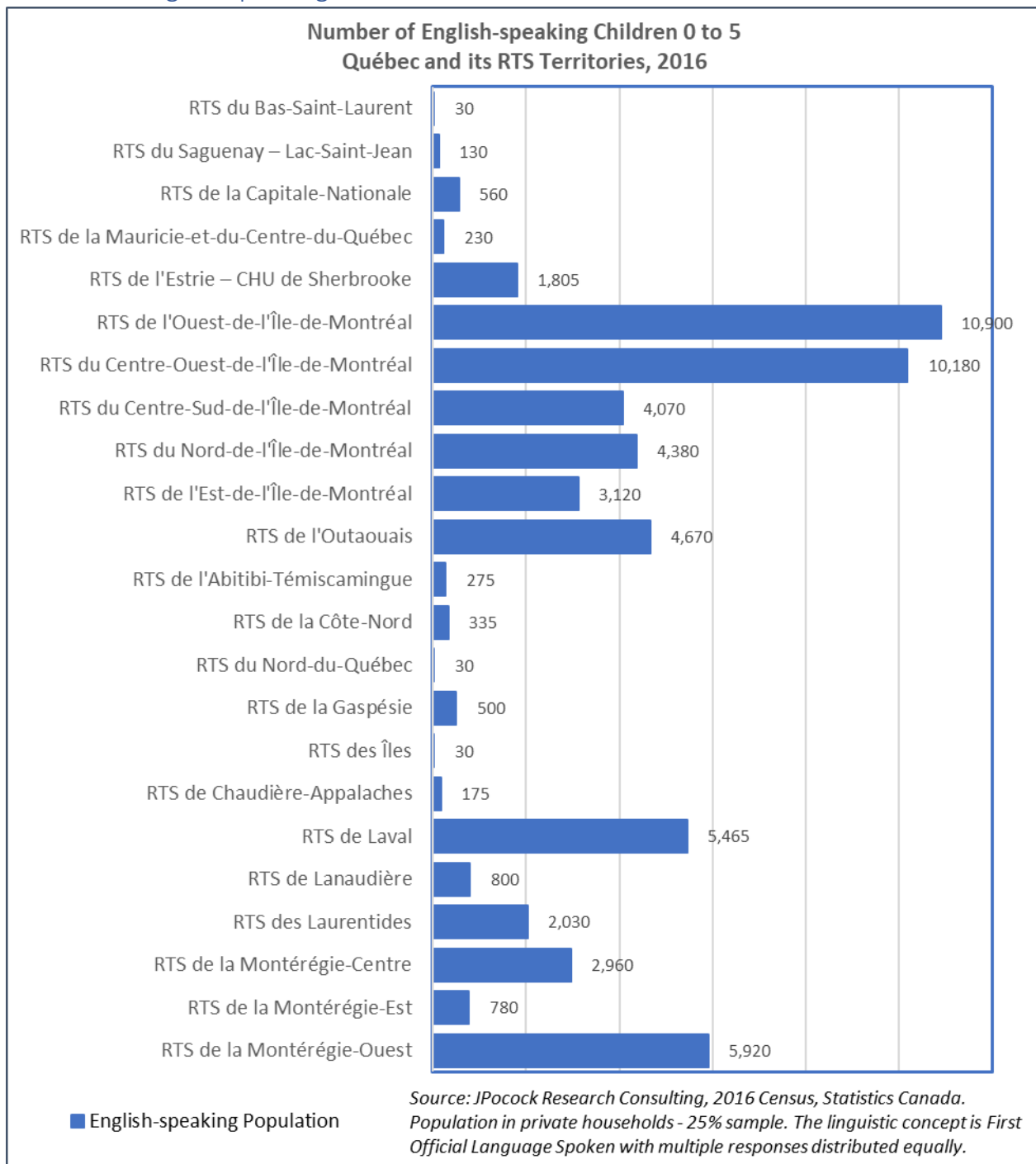
Children 0 to 5 Across Québec

Proportion of Children Across Québec

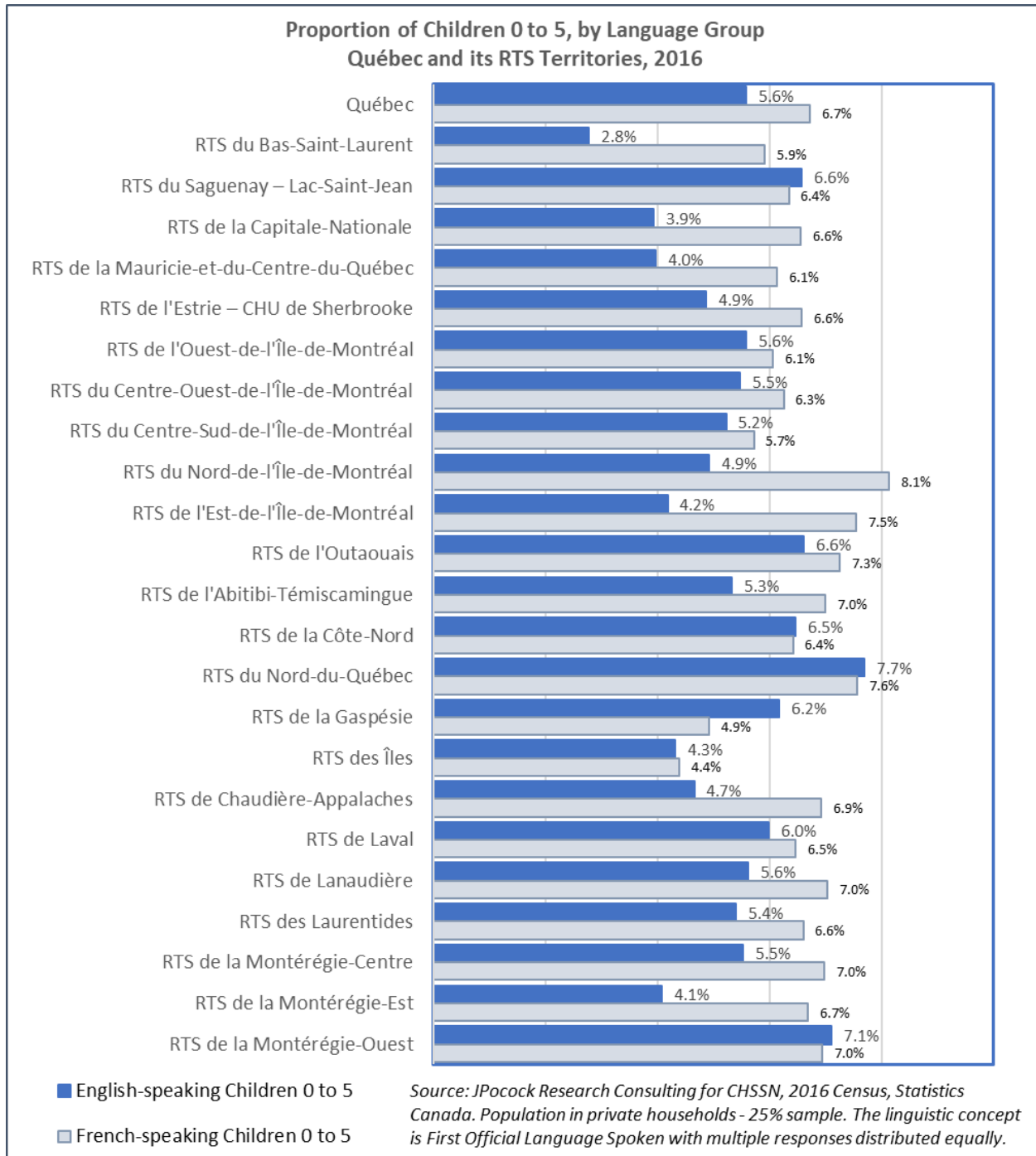
Size and Proportion English-speaking Children 0 to 5 and French-speaking Children 0 to 5 Québec and its RTS Territories, 2016								
Geography	English-speaking Population				French-speaking Population			
	Total English-speaking Population	Share of Total Population	English-speaking Children 0 to 5	English-speaking Children 0 to 5 (%)	Total French-speaking Population	Share of Total Population	French-speaking Children 0 to 5	French-speaking Children 0 to 5 (%)
Québec	1,097,925	13.8%	61,400	5.6%	6,795,280	85%	456,615	6.7%
RTS du Bas-Saint-Laurent	1,080	0.6%	30	2.8%	188,850	99%	11,175	5.9%
RTS du Saguenay – Lac-Saint-Jean	1,975	0.7%	130	6.6%	266,835	99%	16,945	6.4%
RTS de la Capitale-Nationale	14,205	2.0%	560	3.9%	693,190	98%	45,500	6.6%
RTS de la Mauricie-et-du-Centre-du-Québec	5,800	1.2%	230	4.0%	484,485	99%	29,750	6.1%
RTS de l'Estrie – CHU de Sherbrooke	37,010	8.1%	1,805	4.9%	420,845	92%	27,705	6.6%
RTS de l'Ouest-de-l'Île-de-Montréal	194,935	55.8%	10,900	5.6%	148,085	42%	8,970	6.1%
RTS du Centre-Ouest-de-l'Île-de-Montréal	185,920	55.0%	10,180	5.5%	142,460	42%	8,915	6.3%
RTS du Centre-Sud-de-l'Île-de-Montréal	77,840	26.7%	4,070	5.2%	209,030	72%	11,965	5.7%
RTS du Nord-de-l'Île-de-Montréal	88,895	21.4%	4,380	4.9%	314,375	76%	25,575	8.1%
RTS de l'Est-de-l'Île-de-Montréal	74,575	14.9%	3,120	4.2%	415,110	83%	31,330	7.5%
RTS de l'Outaouais	70,575	18.7%	4,670	6.6%	304,625	81%	22,120	7.3%
RTS de l'Abitibi-Témiscamingue	5,155	3.6%	275	5.3%	137,920	96%	9,660	7.0%
RTS de la Côte-Nord	5,175	5.7%	335	6.5%	85,085	94%	5,465	6.4%
RTS du Nord-du-Québec	390	2.9%	30	7.7%	13,265	97%	1,005	7.6%
RTS de la Gaspésie	8,090	10.7%	500	6.2%	67,840	89%	3,345	4.9%
RTS des Îles	695	5.7%	30	4.3%	11,495	94%	505	4.4%
RTS de Chaudière-Appalaches	3,755	0.9%	175	4.7%	404,685	99%	28,020	6.9%
RTS de Laval	91,115	22.2%	5,465	6.0%	311,535	76%	20,170	6.5%
RTS de Lanaudière	14,215	2.9%	800	5.6%	471,020	97%	33,155	7.0%
RTS des Laurentides	37,555	6.5%	2,030	5.4%	538,755	93%	35,590	6.6%
RTS de la Montérégie-Centre	53,570	13.7%	2,960	5.5%	332,790	85%	23,230	7.0%
RTS de la Montérégie-Est	19,130	3.8%	780	4.1%	484,805	96%	32,445	6.7%
RTS de la Montérégie-Ouest	83,300	19.4%	5,920	7.1%	343,710	80%	23,890	7.0%

Source: JPocock Research Consulting for CHSSN, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.

Number of English-Speaking Children 0 to 5 Across Québec



Proportion of Children 0 to 5 Across Québec



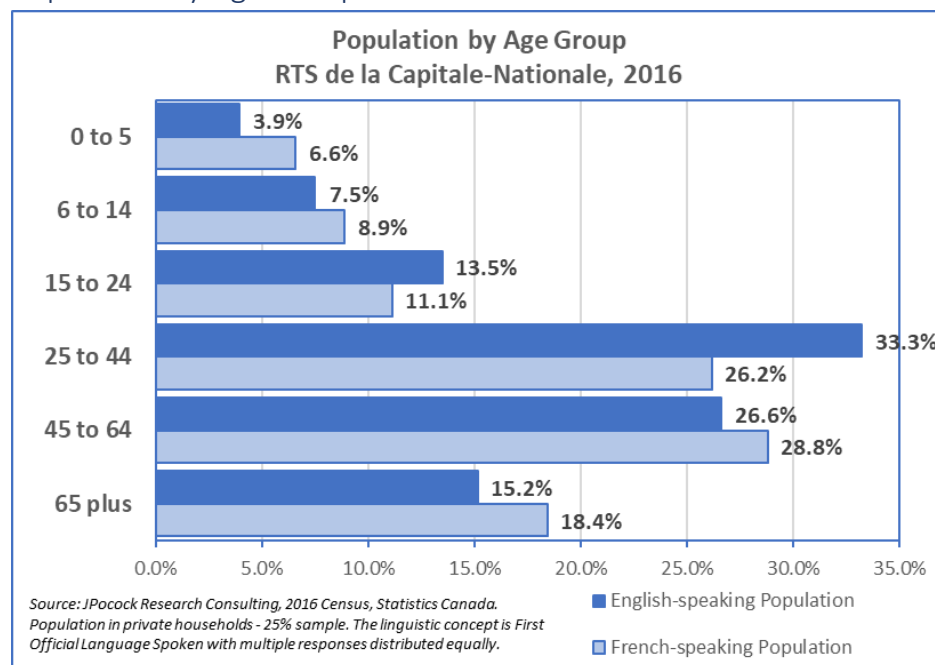
Children 0 to 5 in RTS de la Capitale-Nationale

Population by Age - Table

Age Groups				
English-speaking Population and French-speaking Population				
RTS de la Capitale-Nationale, 2016				
Age Group	English-speaking Population	French-speaking Population	English-speaking Population (%)	French-speaking Population (%)
Total	14,210	693,190	100.0%	100.0%
0 to 5	560	45,500	3.9%	6.6%
6 to 14	1,065	61,590	7.5%	8.9%
15 to 24	1,915	77,110	13.5%	11.1%
25 to 44	4,725	181,375	33.3%	26.2%
45 to 64	3,785	199,740	26.6%	28.8%
65 plus	2,155	127,870	15.2%	18.4%

Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.

Population by Age - Graph



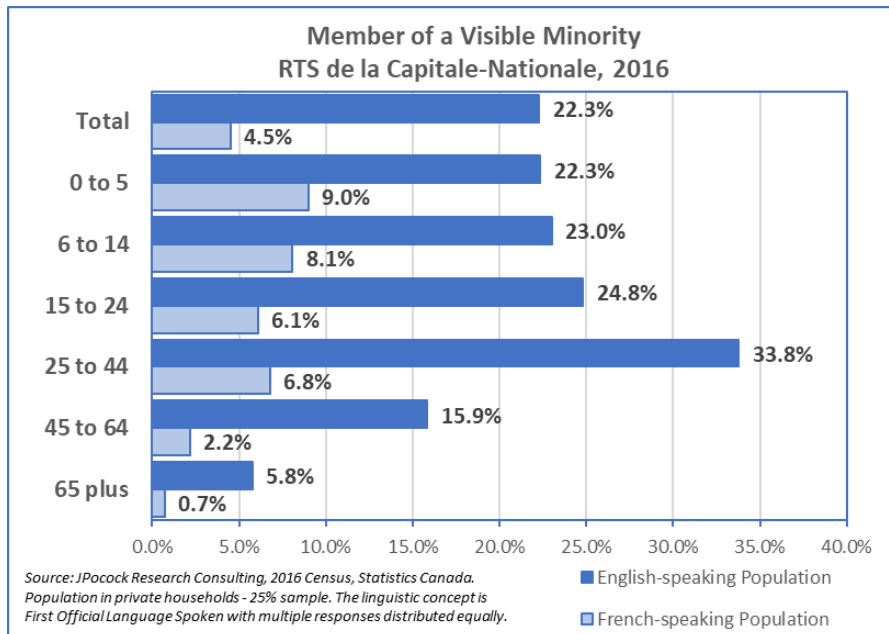
- In 2016, there were 14,210 English-speaking persons in the RTS de la Capitale-Nationale territory. Of these, 560 (3.9%) were in the 0 to 5 age group.
- The proportion of children aged 0 to 5 was lower in the English-speaking population than in the French-speaking population (6.6%).
- The proportion of children aged 0 to 5 in the English-speaking population of RTS de la Capitale-Nationale was much lower than the average for Quebec's English-speaking population (5.6%).

Visible Minority by Age - Table

Visible Minority Status English-speaking Population and French-speaking Population RTS de la Capitale-Nationale, 2016						
Age Group	English-speaking Population			French-speaking Population		
	Total	Visible minority population	Proportion of Visible Minorities	Total	Visible minority population	Proportion of Visible Minorities
Total	14,210	3,165	22.3%	693,190	31,335	4.5%
0 to 5	560	125	22.3%	45,500	4,085	9.0%
6 to 14	1,065	245	23.0%	61,590	4,980	8.1%
15 to 24	1,915	475	24.8%	77,110	4,710	6.1%
25 to 44	4,725	1,595	33.8%	181,375	12,310	6.8%
45 to 64	3,785	600	15.9%	199,740	4,315	2.2%
65 plus	2,155	125	5.8%	127,870	925	0.7%

Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.

Visible Minority by Age - Graph



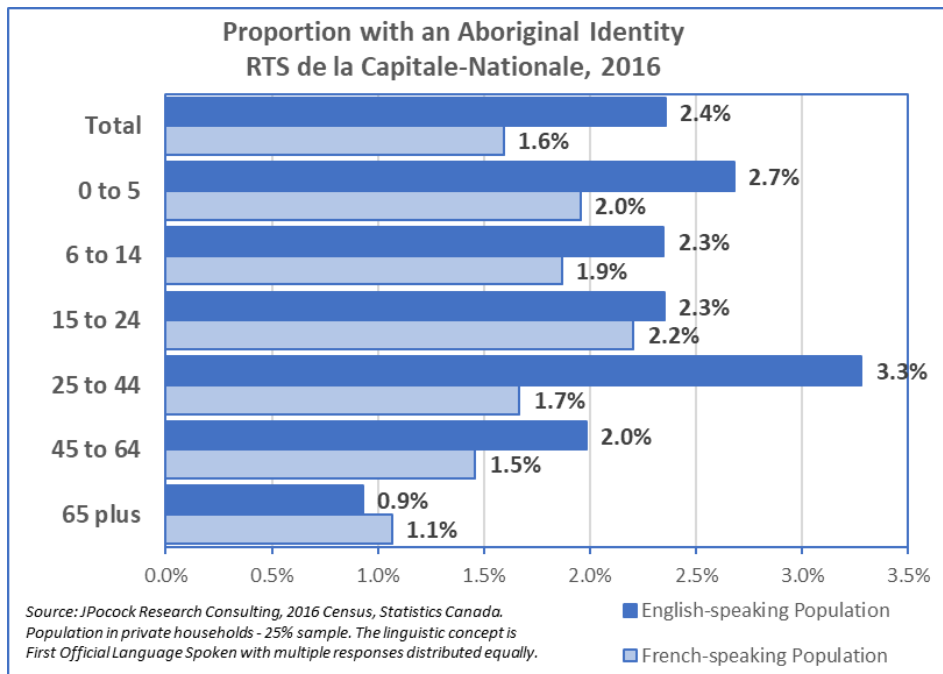
- In RTS de la Capitale-Nationale there were 125 (22.3%) English-speaking children aged 0 to 5 who were members of a visible minority. This proportion was much higher than that displayed by the French-speaking population (9.0%).
- In 2016, the proportion of English-speaking children aged 0 to 5 who were members of a visible minority was similar to that of the total English-speaking population of RTS de la Capitale-Nationale (22.3%).
- For the overall English-speaking population of Quebec, there were 326,815 persons who were members of a visible minority, representing 29.8% of that population. The level for RTS de la Capitale-Nationale is much lower than the provincial average.

Aboriginal Identity by Age - Table

Aboriginal Identity						
English-speaking Population and French-speaking Population						
RTS de la Capitale-Nationale, 2016						
Age Group	English-speaking Population			French-speaking Population		
	Total	Aboriginal Identity	Aboriginal Identity (%)	Total	Aboriginal Identity	Aboriginal Identity (%)
Total	14,210	335	2.4%	693,190	11,045	1.6%
0 to 5	560	15	2.7%	45,500	890	2.0%
6 to 14	1,065	25	2.3%	61,590	1,150	1.9%
15 to 24	1,915	45	2.3%	77,110	1,700	2.2%
25 to 44	4,725	155	3.3%	181,375	3,025	1.7%
45 to 64	3,785	75	2.0%	199,740	2,915	1.5%
65 plus	2,155	20	0.9%	127,870	1,365	1.1%

Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.

Aboriginal Identity by Age - Graph



- In RTS de la Capitale-Nationale there were 15 (2.7%) English-speaking children aged 0 to 5 who reported an aboriginal identity. This proportion was much higher than that displayed by the French-speaking population (2.0%).
- The proportion of English-speaking children aged 0 to 5 who reported an aboriginal identity was higher than that of the total English-speaking population of RTS de la Capitale-Nationale (2.4%).
- For the overall English-speaking population of Quebec, there were 44,800 persons who reported an aboriginal identity, representing 4.1% of that population. The level for RTS de la Capitale-Nationale is much lower than the provincial average.

Household Living Arrangements by Age – English Speakers

Household Living Arrangements English-speaking Population RTS de la Capitale-Nationale, 2016						
Age Group	Total	Total persons in Census families	Spouses, common-law partners and children	Lone parents and children	Total persons in non-Census families	Living with relatives
Total	14,210	10,825	9,535	1,285	3,385	200
0 to 5	560	555	505	50	-	10
6 to 14	1,065	1,040	760	285	30	20
15 to 24	1,915	1,425	1,105	315	495	55
25 to 44	4,725	3,640	3,330	305	1,090	60
45 to 64	3,785	2,815	2,560	250	975	20
65 plus	2,155	1,355	1,275	80	800	45
Total	100.0%	76.2%	67.1%	9.0%	23.8%	1.4%
0 to 5	100.0%	99.1%	90.2%	8.9%	-	-
6 to 14	100.0%	97.7%	71.4%	26.8%	2.8%	-
15 to 24	100.0%	74.4%	57.7%	16.4%	25.8%	2.9%
25 to 44	100.0%	77.0%	70.5%	6.5%	23.1%	1.3%
45 to 64	100.0%	74.4%	67.6%	6.6%	25.8%	-
65 plus	100.0%	62.9%	59.2%	3.7%	37.1%	2.1%

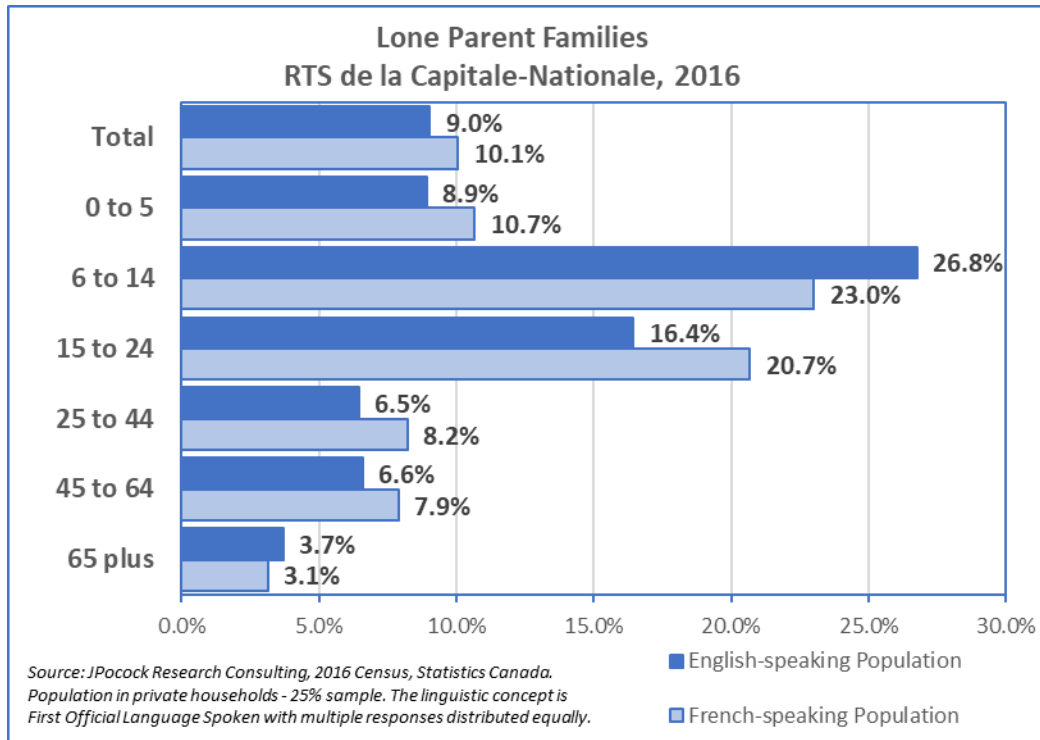
Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.

Household Living Arrangements by Age – French Speakers

Household Living Arrangements French-speaking Population RTS de la Capitale-Nationale, 2016						
Age Group	Total	Total persons in Census families	Spouses, common-law partners and children	Lone parents and children	Total persons in non-Census families	Living with relatives
Total	693,190	540,025	470,305	69,715	153,165	10,020
0 to 5	45,500	45,375	40,515	4,855	125	125
6 to 14	61,590	61,260	47,105	14,165	330	330
15 to 24	77,110	63,460	47,520	15,945	13,650	1,860
25 to 44	181,375	140,535	125,590	14,955	40,835	2,040
45 to 64	199,740	149,520	133,725	15,795	50,220	2,485
65 plus	127,870	79,865	75,855	4,010	48,005	3,175
Total	100.0%	77.9%	67.8%	10.1%	22.1%	1.4%
0 to 5	100.0%	99.7%	89.0%	10.7%	0.3%	0.3%
6 to 14	100.0%	99.5%	76.5%	23.0%	0.5%	0.5%
15 to 24	100.0%	82.3%	61.6%	20.7%	17.7%	2.4%
25 to 44	100.0%	77.5%	69.2%	8.2%	22.5%	1.1%
45 to 64	100.0%	74.9%	66.9%	7.9%	25.1%	1.2%
65 plus	100.0%	62.5%	59.3%	3.1%	37.5%	2.5%

Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.

Lone Parent Families by Age - Graph



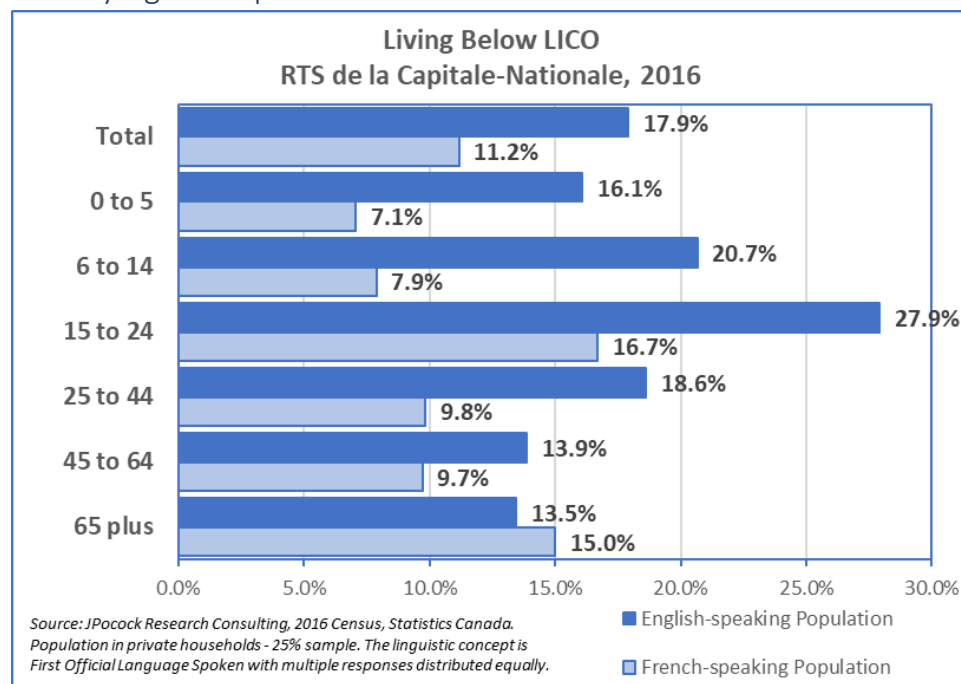
- In RTS de la Capitale-Nationale there were 50 (8.9%) English-speaking children aged 0 to 5 living in lone parent families. This proportion was lower than that displayed by the French-speaking population (10.7%).
- In 2016, the proportion of English-speaking children aged 0 to 5 living in lone parent families was similar to the total English-speaking population of RTS de la Capitale-Nationale (9.0%).
- For the overall English-speaking population of Quebec, there were 136,050 persons living in lone parent families, representing 12.4% of that population. The level for RTS de la Capitale-Nationale is much lower than the provincial average.

LICO by Age - Table

Tendency to Live Below the Low-income Cut-off English-speaking Population and French-speaking Population RTS de la Capitale-Nationale, 2016						
Age Group	English-speaking Population			French-speaking Population		
	Total	Living below LICO	Living below LICO (%)	Total	Living below LICO	Living below LICO (%)
Total	14,210	2,545	17.9%	693,190	77,365	11.2%
0 to 5	560	90	16.1%	45,500	3,215	7.1%
6 to 14	1,065	220	20.7%	61,590	4,850	7.9%
15 to 24	1,915	535	27.9%	77,110	12,865	16.7%
25 to 44	4,725	880	18.6%	181,375	17,840	9.8%
45 to 64	3,785	525	13.9%	199,740	19,405	9.7%
65 plus	2,155	290	13.5%	127,870	19,190	15.0%

Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.

LICO by Age - Graph



- In RTS de la Capitale-Nationale there were 90 (16.1%) English-speaking children aged 0 to 5 living below LICO. This proportion was much higher than that displayed by the French-speaking population (7.1%).
- The proportion of English-speaking children aged 0 to 5 living below LICO was lower than the total English-speaking population of RTS de la Capitale-Nationale (17.9%).
- For the overall English-speaking population of Quebec, there were 195,300 persons living below LICO, representing 17.8% of that population. The level for RTS de la Capitale-Nationale is similar to the provincial average.

Section 2: Parents of Children 0 to 5

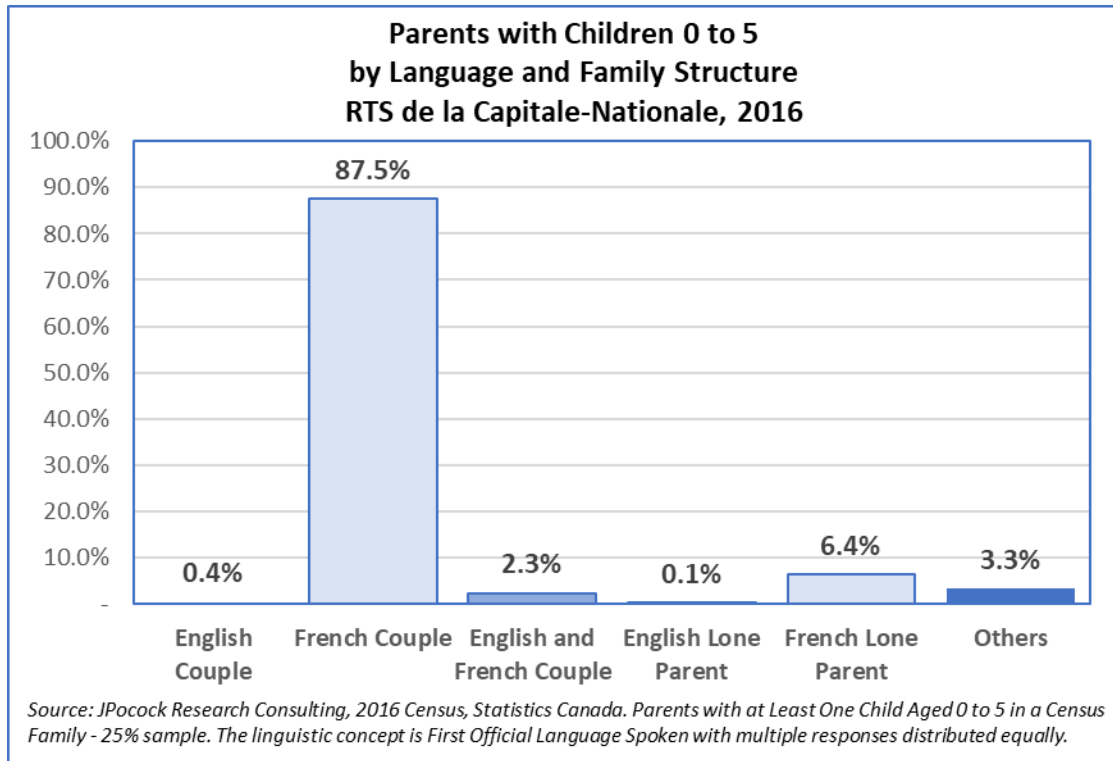
The statistics presented in this section of the profile are drawn from the 2016 census sample of parents with at least one child aged 0 to 5 living in a census family.

Children of other ages may be present.

Language and Family Structure of Parents with Children 0 to 5 – Table

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure RTS de la Capitale-Nationale, 2016	
Census Family Structure and Language	Total
All Parents with Children 0 to 5	63,535
In an English Couple	225
In a French Couple	55,590
In an English and French Couple	1,455
English Lone Parent	60
French Lone Parent	4,080
Other Types of Families	2,120
Percentages	
All Parents with Children 0 to 5	100.0%
In an English Couple	0.4%
In a French Couple	87.5%
In an English and French Couple	2.3%
English Lone Parent	0.1%
French Lone Parent	6.4%
Other Types of Families	3.3%
<i>Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Parents with at Least One Child Aged 0 to 5 in a Census Family - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.</i>	

Language and Family Structure of Parents with Children 0 to 5 - Graph



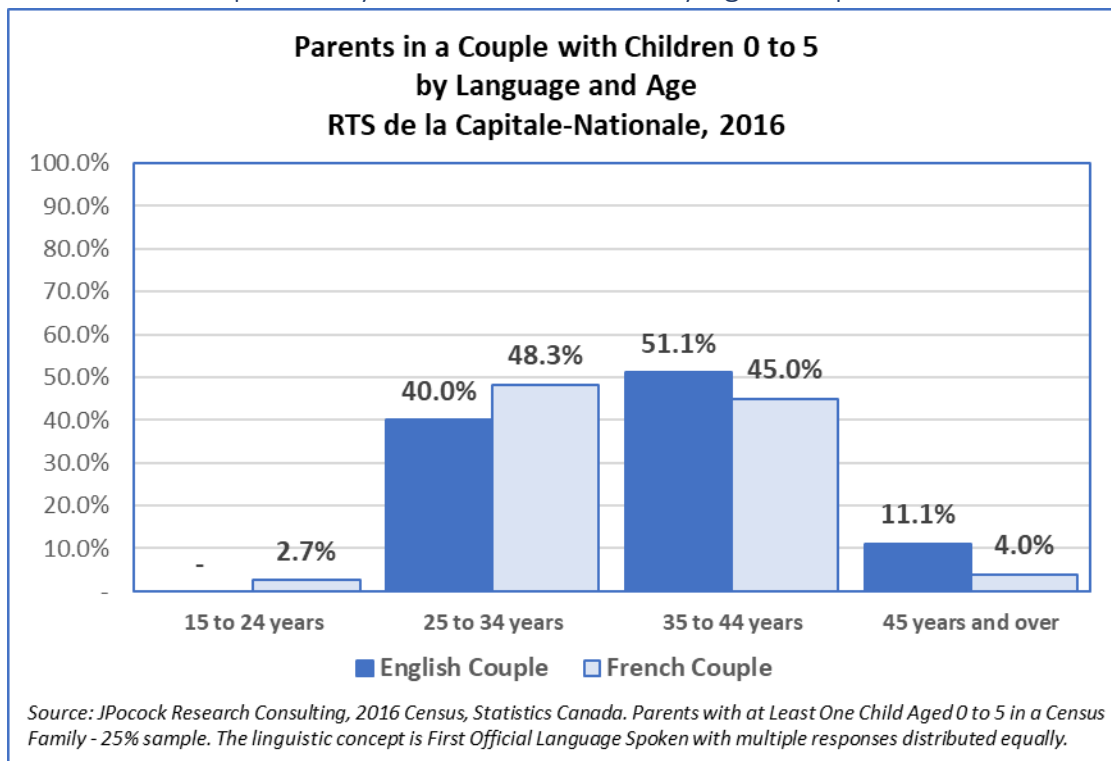
- In RTS de la Capitale-Nationale there were 63,535 parents with at least one child aged 0 to 5. Of these parents, 225 (0.4%) were part of an English-speaking couple, while 60 (0.1%) were English-speaking lone parents.

Parents with at Least One Child Aged 0 to 5 by Age – Table

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Age RTS de la Capitale-Nationale, 2016					
Census Family Structure and Language	Total	15 to 24 years	25 to 34 years	35 to 44 years	45 years and over
All Parents with Children 0 to 5	63,535	1,995	30,210	28,685	2,640
In an English Couple	225	-	90	115	25
In a French Couple	55,590	1,485	26,845	25,035	2,215
In an English and French Couple	1,455	50	675	650	80
English Lone Parent	60	10	25	25	10
French Lone Parent	4,080	365	1,815	1,785	120
Other Types of Families	2,120	80	775	1,085	170
Percentages					
All Parents with Children 0 to 5	100.0%	3.1%	47.5%	45.1%	4.2%
In an English Couple	100.0%	-	40.0%	51.1%	11.1%
In a French Couple	100.0%	2.7%	48.3%	45.0%	4.0%
In an English and French Couple	100.0%	3.4%	46.4%	44.7%	5.5%
English Lone Parent	100.0%	-	41.7%	41.7%	-
French Lone Parent	100.0%	8.9%	44.5%	43.8%	2.9%
Other Types of Families	100.0%	3.8%	36.6%	51.2%	8.0%

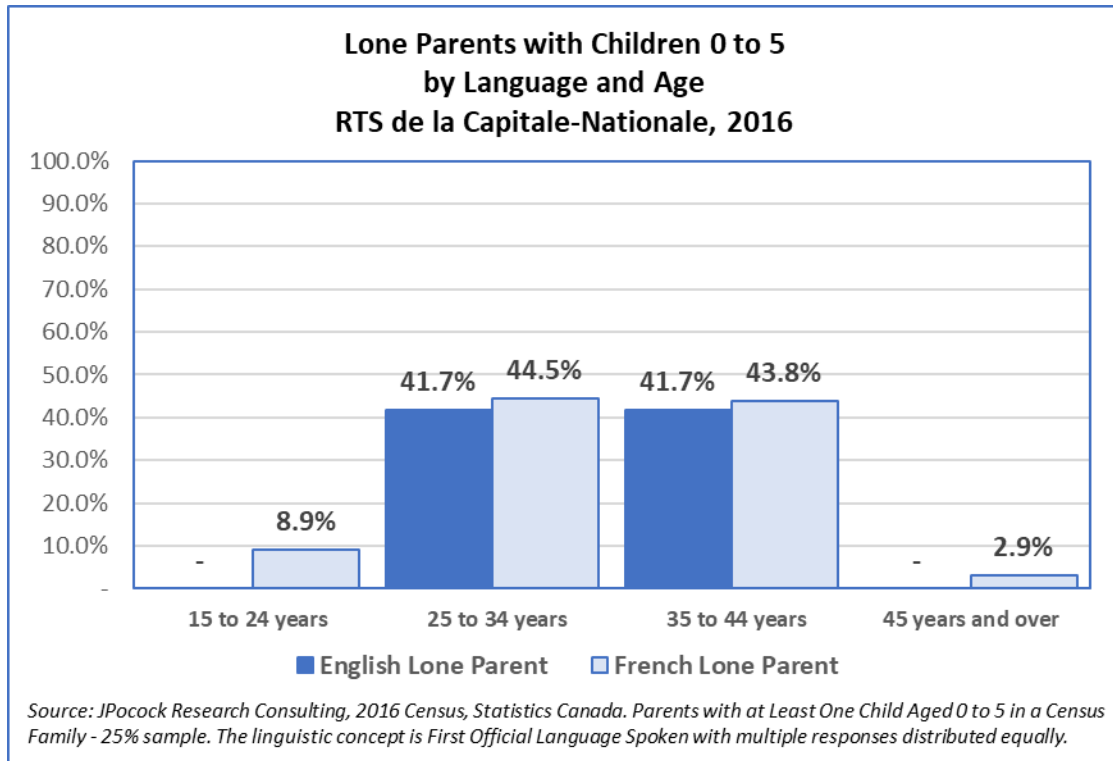
Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Parents with at Least One Child Aged 0 to 5 in a Census Family - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.

Parents in a Couple Family with Children 0 to 5 by Age - Graph



- The number of parents aged 15 to 24 in an English-speaking couple with at least one child aged 0 to 5 was too low to reliably report.
- Among parents with children aged 0 to 5 in English-speaking couples, 40.0% were between the ages of 25 and 34. This was lower than the proportion for French-speaking couples (48.3%).
- Among parents with children aged 0 to 5 in English-speaking couples, 51.1% were between the ages of 35 and 44. This was higher than the proportion for French-speaking couples (45.0%).
- A large majority of parents with young children fall within the combined age group of 25 to 44. Among parents with children aged 0 to 5 in English-speaking couples, approximately 91% were between the ages of 25 and 44. This was similar to the proportion for French-speaking couples (93%).
- In RTS de la Capitale-Nationale, 4.2% of parents with children aged 0 to 5 were 45 years of age or older. Within English-speaking couples, 11.1% of parents with young children were within this age group, which was much higher than the proportion within French-speaking couples (4.0%) and much higher than the overall average.

Lone Parents with Children 0 to 5 by Age - Graph

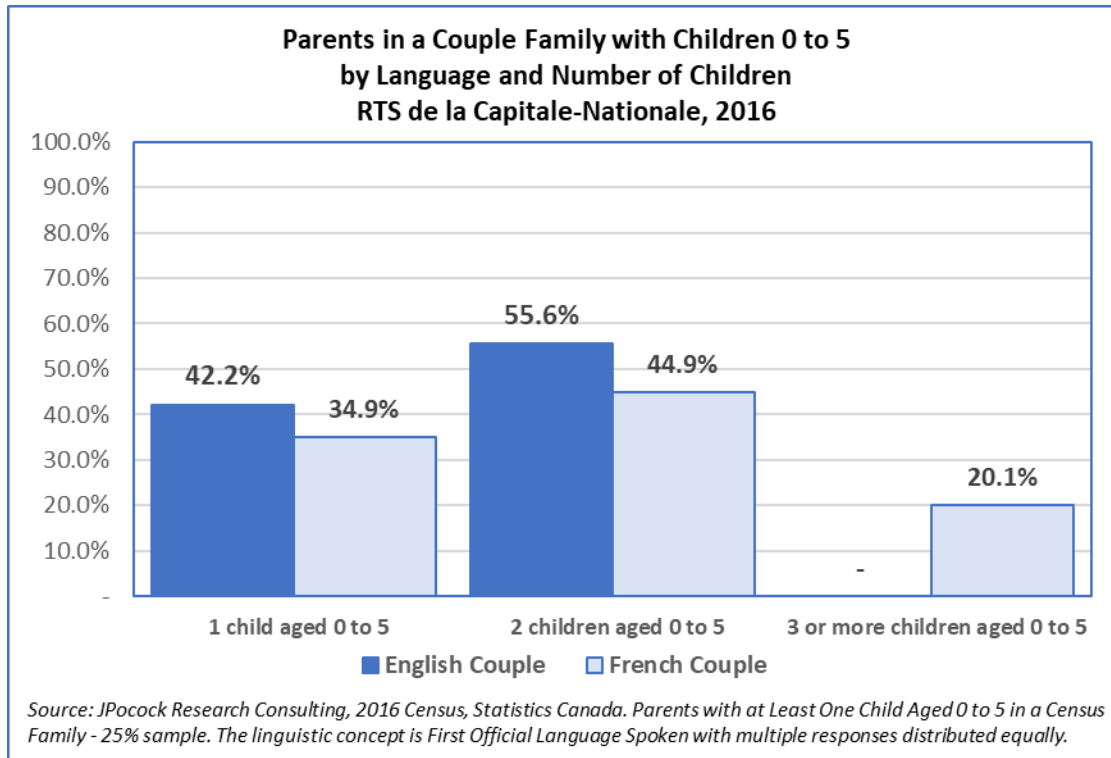


- The number of English-speaking lone parents aged 15 to 24 with at least one child aged 0 to 5 was too low to reliably report.
- Among English-speaking lone parents with children aged 0 to 5, 41.7% were between the ages of 25 and 34. This was lower than the proportion for French-speaking lone parents (44.5%).
- Among English-speaking lone parents with children aged 0 to 5, 41.7% were between the ages of 35 and 44. This was similar to the proportion for French-speaking lone parents (43.8%).
- A large majority of parents with young children fall within the combined age group of 25 to 44. Among English-speaking lone parents with children aged 0 to 5, approximately 83% were between the ages of 25 and 44. This was lower than the proportion for French-speaking lone parents (88%).
- The number of English-speaking lone parents aged 45 years and over with at least one child aged 0 to 5 was too low to reliably report.

Parents with at Least One Child Aged 0 to 5 by Number of Children – Table

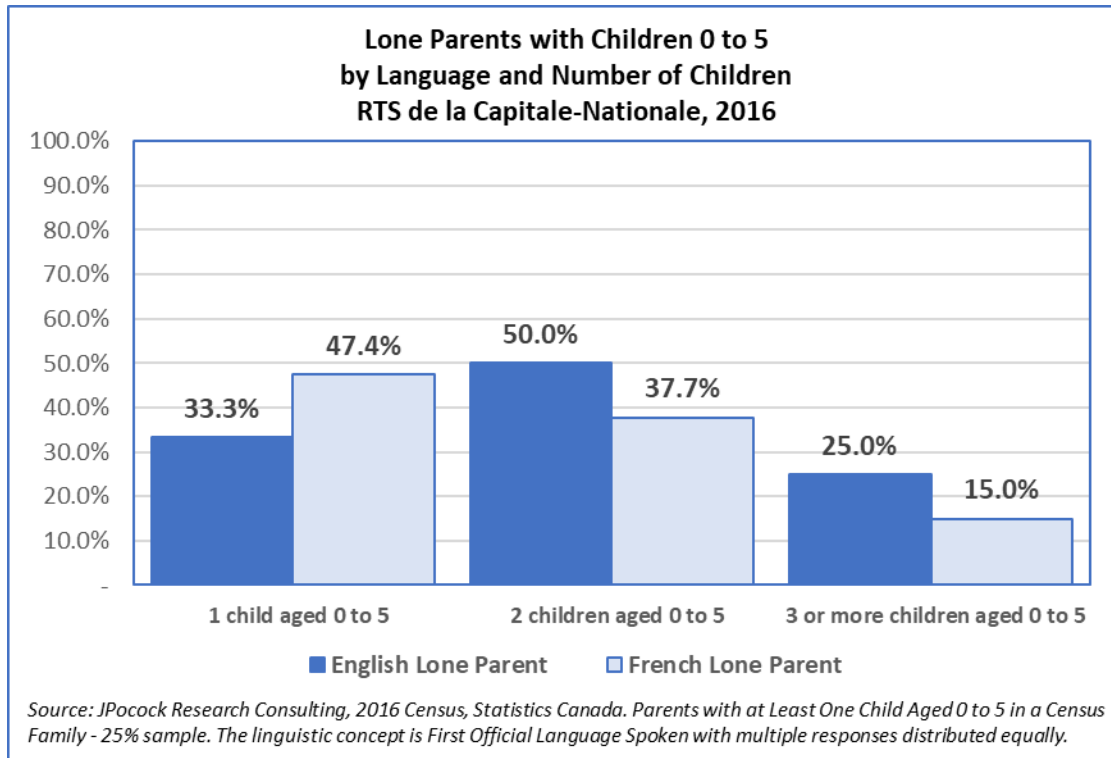
Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Number of Children RTS de la Capitale-Nationale, 2016				
Census Family Structure and Language	Total	One Child 0 to 5	Two Children 0 to 5	Three or More Children 0 to 5
All Parents with Children 0 to 5	63,535	22,800	28,150	12,585
In an English Couple	225	95	125	10
In a French Couple	55,590	19,420	24,970	11,195
In an English and French Couple	1,455	490	650	310
English Lone Parent	60	20	30	15
French Lone Parent	4,080	1,935	1,540	610
Other Types of Families	2,120	840	830	450
Percentages				
All Parents with Children 0 to 5	100.0%	35.9%	44.3%	19.8%
In an English Couple	100.0%	42.2%	55.6%	-
In a French Couple	100.0%	34.9%	44.9%	20.1%
In an English and French Couple	100.0%	33.7%	44.7%	21.3%
English Lone Parent	100.0%	33.3%	50.0%	25.0%
French Lone Parent	100.0%	47.4%	37.7%	15.0%
Other Types of Families	100.0%	39.6%	39.2%	21.2%
<i>Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Parents with at Least One Child Aged 0 to 5 in a Census Family - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.</i>				

Parents in a Couple Family by Number of Children Aged 0 to 5 - Graph



- In RTS de la Capitale-Nationale in 2016, 35.9% of all parents with children 0 to 5 had a single child within that age range. Among those parents in an English-speaking couple, 42.2% had a single child aged 0 to 5, which was much higher than the proportion among those in French-speaking couples (34.9%) and higher than the overall average.
- Among parents in English-speaking couples with children aged 0 to 5, 55.6% had two children within that age range, which was much higher than the proportion among French-speaking couples (44.9%).
- The number of parents in English-speaking couples with three or more children aged 0 to 5 was too low to reliably report.

Lone Parents by Number of Children Aged 0 to 5 - Graph

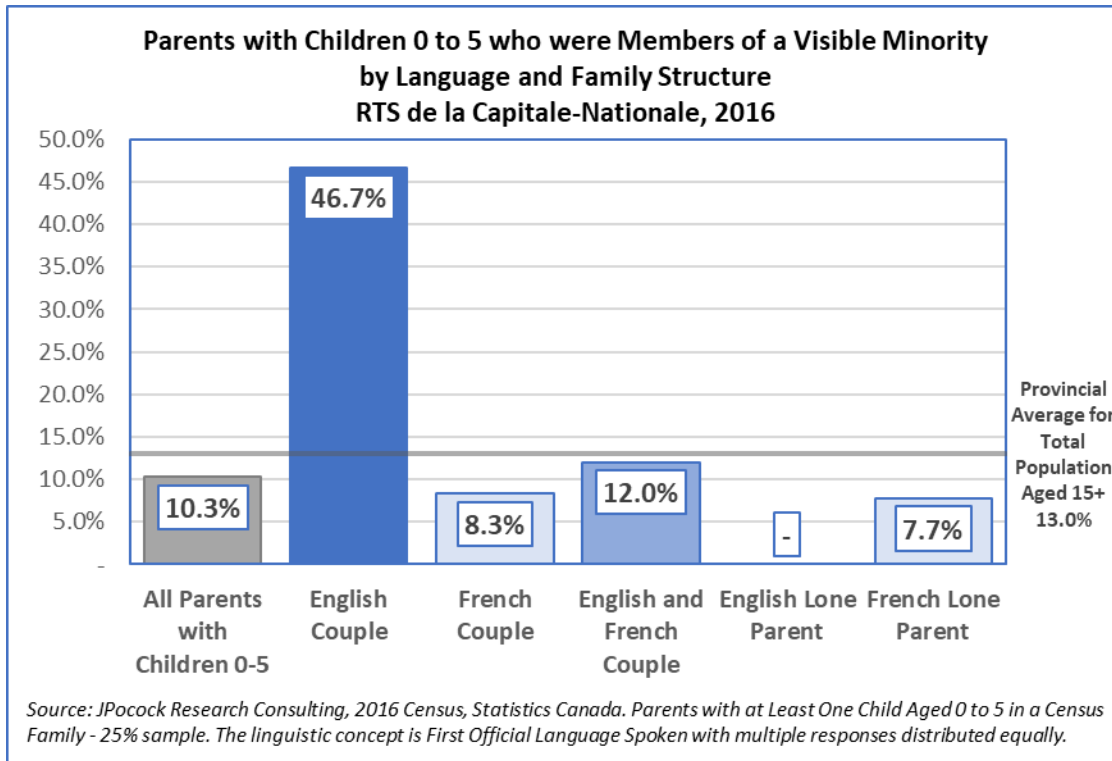


- In RTS de la Capitale-Nationale, 33.3% of English-speaking lone parents with children 0 to 5 had a single child in that age group, which was much lower than the proportion among French-speaking lone parents (47.4%).
- Among English-speaking lone parents with children 0 to 5, 50.0% had two children within that age range, which was much higher than the proportion among French-speaking lone parents (37.7%).
- Among English-speaking lone parents with children 0 to 5, 25.0% had three or more children within that age range, which was much higher than the proportion among French-speaking lone parents (15.0%).

Visible Minority Status - Table

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Visible Minority Status RTS de la Capitale-Nationale, 2016			
Census Family Structure and Language	Total	Member of a Visible Minority	Not a Visible Minority
All Parents with Children 0 to 5	63,535	6,515	57,020
In an English Couple	225	105	120
In a French Couple	55,590	4,610	50,975
In an English and French Couple	1,455	175	1,290
English Lone Parent	60	10	45
French Lone Parent	4,080	315	3,765
Other Types of Families	2,120	1,295	825
Percentages			
All Parents with Children 0 to 5	100.0%	10.3%	89.7%
In an English Couple	100.0%	46.7%	53.3%
In a French Couple	100.0%	8.3%	91.7%
In an English and French Couple	100.0%	12.0%	88.7%
English Lone Parent	100.0%	-	75.0%
French Lone Parent	100.0%	7.7%	92.3%
Other Types of Families	100.0%	61.1%	38.9%
<i>Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Parents with at Least One Child Aged 0 to 5 in a Census Family - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.</i>			

Visible Minority Status - Graph

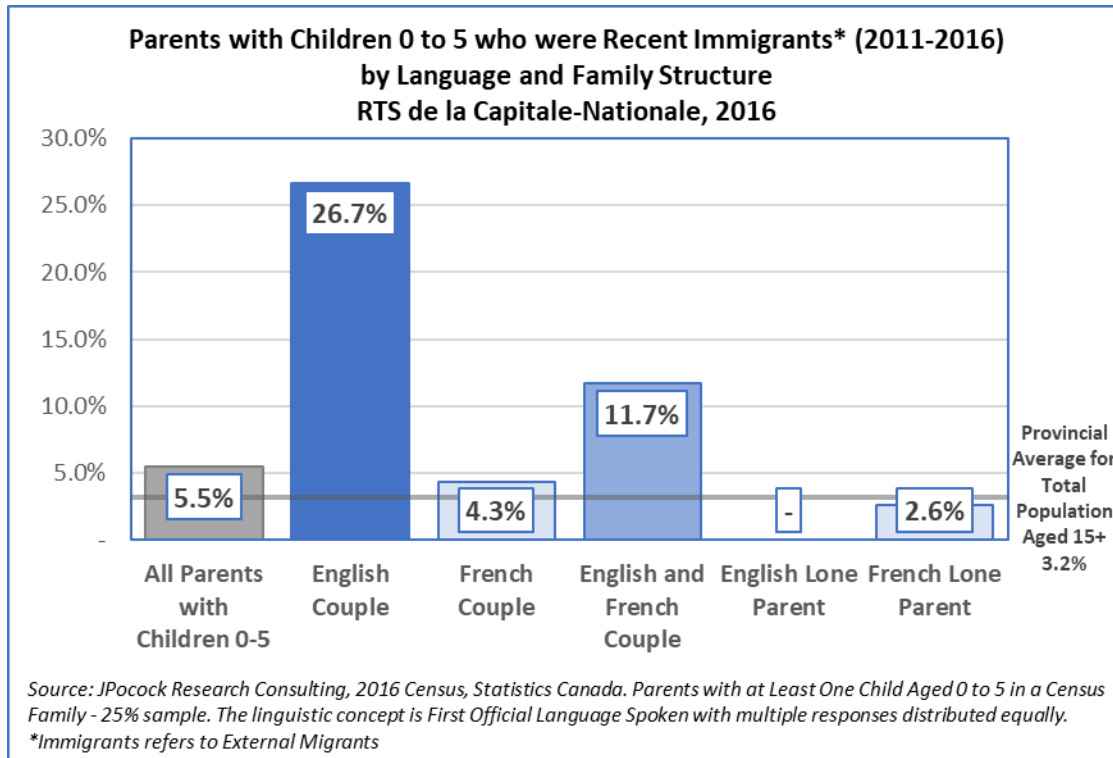


- In RTS de la Capitale-Nationale, 10.3% of parents with at least one child aged 0 to 5 were members of a visible minority in 2016.
- Among those parents in English-speaking couples, 46.7% were members of a visible minority, which was much higher than those in French-speaking couples (8.3%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 12.0% of parents with children 0 to 5 were members of a visible minority. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- The number of English-speaking lone parents with children 0 to 5 who were a member of a visible minority was too low to reliably report.

Recent Mobility (2011 – 2016) - Table

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Recent Mobility Status (2011 to 2016) RTS de la Capitale-Nationale, 2016					
Census Family Structure and Language	Total	Non-Migrants	Migrants	Interprovincial Migrants	External Migrants (Immigrants)
All Parents with Children 0 to 5	63,535	50,355	13,180	600	3,465
In an English Couple	225	100	125	40	60
In a French Couple	55,590	44,875	10,715	390	2,390
In an English and French Couple	1,455	995	460	110	170
English Lone Parent	60	40	20	10	10
French Lone Parent	4,080	3,230	850	30	105
Other Types of Families	2,120	1,110	1,010	25	720
Percentages					
All Parents with Children 0 to 5	100.0%	79.3%	20.7%	0.9%	5.5%
In an English Couple	100.0%	44.4%	55.6%	17.8%	26.7%
In a French Couple	100.0%	80.7%	19.3%	0.7%	4.3%
In an English and French Couple	100.0%	68.4%	31.6%	7.6%	11.7%
English Lone Parent	100.0%	66.7%	33.3%	-	-
French Lone Parent	100.0%	79.2%	20.8%	0.7%	2.6%
Other Types of Families	100.0%	52.4%	47.6%	1.2%	34.0%
<i>Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Parents with at Least One Child Aged 0 to 5 in a Census Family - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally. *Between 2011 and 2016.</i>					

Recent Immigrant - Graph



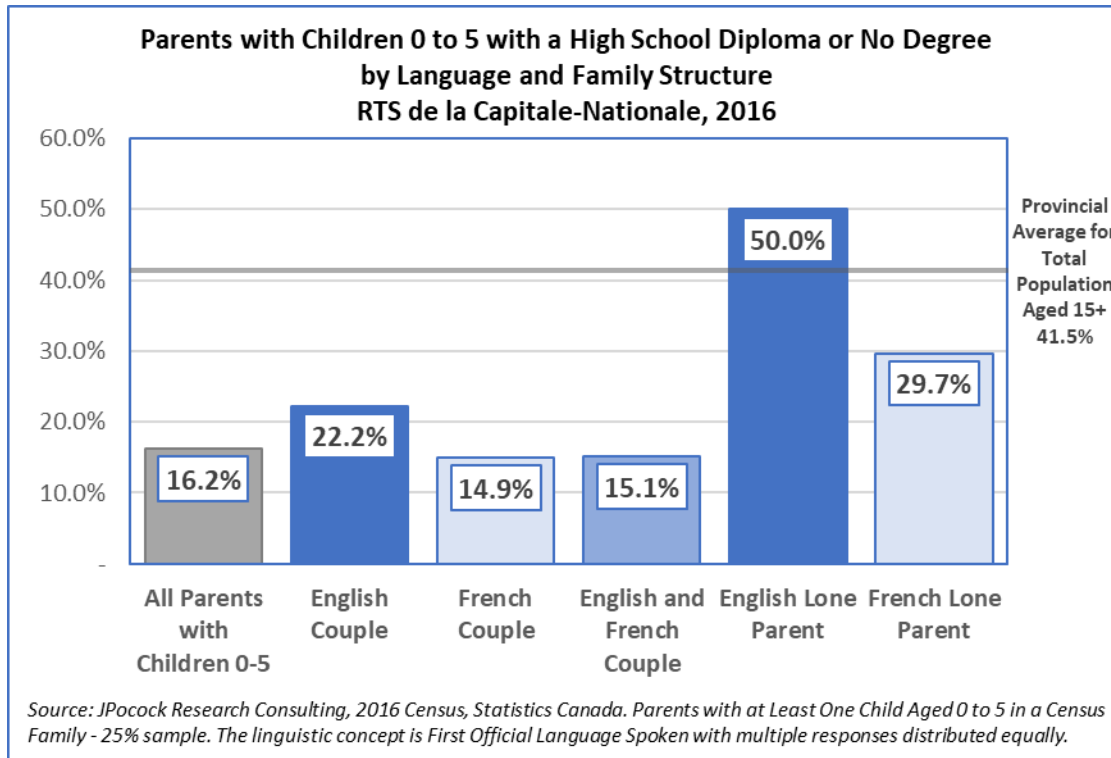
- In RTS de la Capitale-Nationale, 5.5% of parents with at least one child aged 0 to 5 were recent immigrants in 2016.
- Among those parents in English-speaking couples, 26.7% were recent immigrants, which was much higher than those in French-speaking couples (4.3%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 11.7% of parents with children 0 to 5 were recent immigrants. This was much lower than the proportion of parents in English-speaking couples and much higher than the proportion of parents in French-speaking couples.
- The number of English-speaking lone parents with children 0 to 5 who were recent immigrants was too low to reliably report.

Highest Educational Attainment – Table

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Highest Educational Attainment RTS de la Capitale-Nationale, 2016						
Census Family Structure and Language	Total	High School Diploma or No Degree	Apprenticeship or Trades Certificate	College, CEGEP or Other Non-University	University Certificate Below BA	University BA or Higher
All Parents with Children 0 to 5	63,535	10,290	12,845	13,840	2,145	24,410
In an English Couple	225	50	20	30	10	120
In a French Couple	55,590	8,300	11,440	12,475	1,835	21,550
In an English and French Couple	1,455	220	240	340	75	570
English Lone Parent	60	30	-	-	-	25
French Lone Parent	4,080	1,210	1,025	810	135	900
Other Types of Families	2,120	480	125	185	90	1,240
Percentages						
All Parents with Children 0 to 5	100.0%	16.2%	20.2%	21.8%	3.4%	38.4%
In an English Couple	100.0%	22.2%	8.9%	13.3%	-	53.3%
In a French Couple	100.0%	14.9%	20.6%	22.4%	3.3%	38.8%
In an English and French Couple	100.0%	15.1%	16.5%	23.4%	5.2%	39.2%
English Lone Parent	100.0%	50.0%	-	-	-	41.7%
French Lone Parent	100.0%	29.7%	25.1%	19.9%	3.3%	22.1%
Other Types of Families	100.0%	22.6%	5.9%	8.7%	4.2%	58.5%

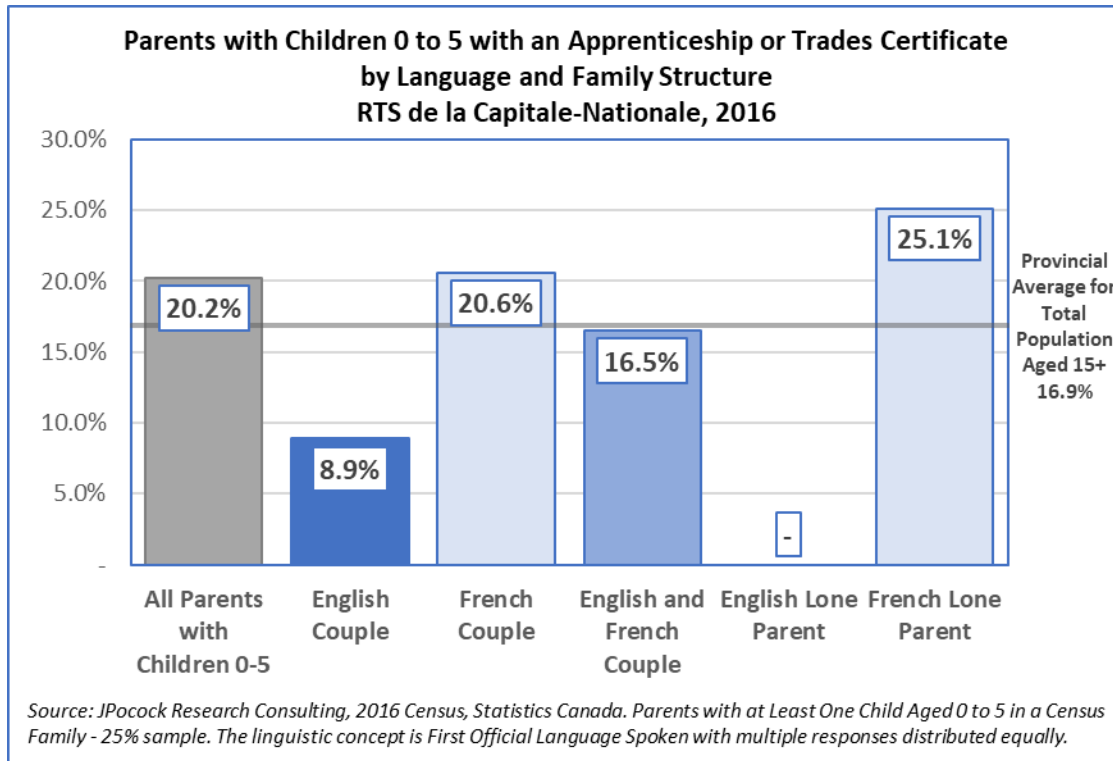
Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Parents with at Least One Child Aged 0 to 5 in a Census Family - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.

Low Educational Attainment - Graph



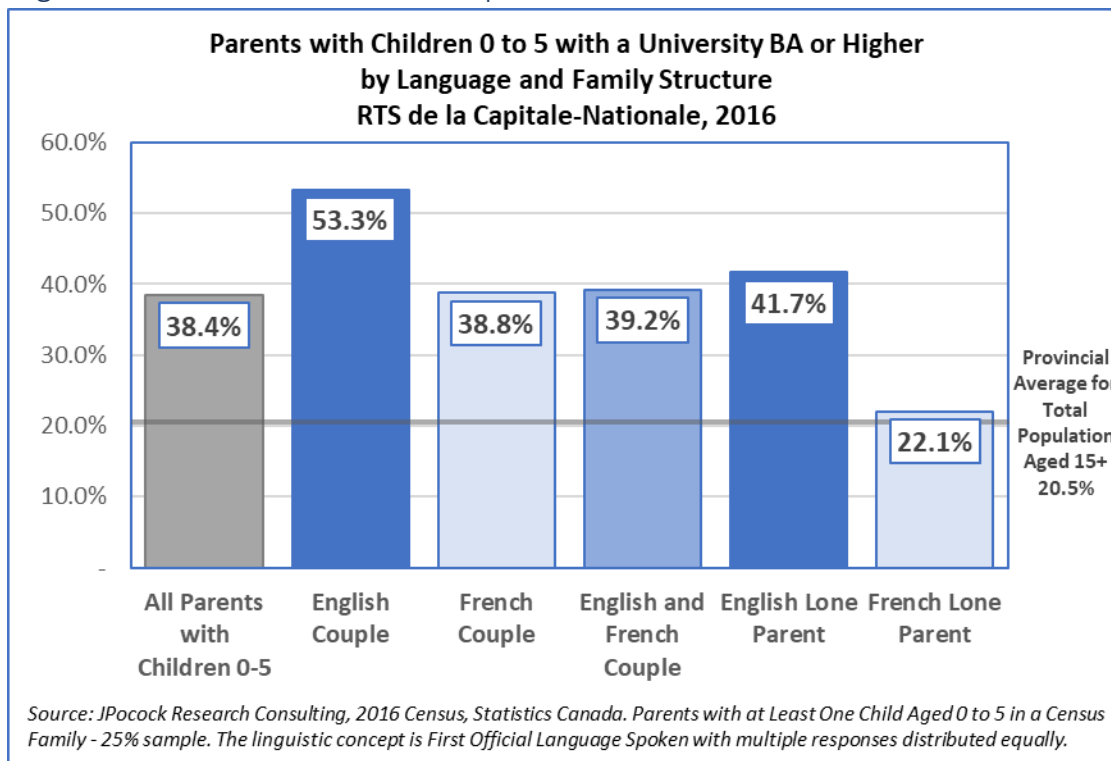
- In RTS de la Capitale-Nationale, 16.2% of parents with at least one child aged 0 to 5 reported a high school diploma as their highest level of educational attainment in 2016.
- Among those parents in English-speaking couples, 22.2% reported a high school diploma as their highest level of educational attainment, which was much higher than those in French-speaking couples (14.9%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 15.1% of parents with children 0 to 5 reported a high school diploma as their highest level of educational attainment. This was much lower than the proportion of parents in English-speaking couples and similar to the proportion of parents in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 50.0% reported a high school diploma as their highest level of educational attainment. This was much higher than the proportion of French-speaking lone parents (29.7%).
- English-speaking lone parents with children 0 to 5 were much more likely to report this low level of educational attainment than were parents with children of that age in English-speaking couples.

Apprenticeship and Trades Certificate - Graph



- In RTS de la Capitale-Nationale, 20.2% of parents with at least one child aged 0 to 5 reported an apprenticeship or trades certificate as their highest level of educational attainment in 2016.
- Among those parents in English-speaking couples, 8.9% reported an apprenticeship or trades certificate as their highest level of educational attainment, which was much lower than those in French-speaking couples (20.6%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 16.5% of parents with children 0 to 5 reported an apprenticeship or trades certificate as their highest level of educational attainment. This was much higher than the proportion of parents in English-speaking couples and lower than the proportion of parents in French-speaking couples.
- The number of English-speaking lone parents with children 0 to 5 with an apprenticeship or trades certificate as their highest level of educational attainment was too low to reliably report.

High Educational Attainment - Graph

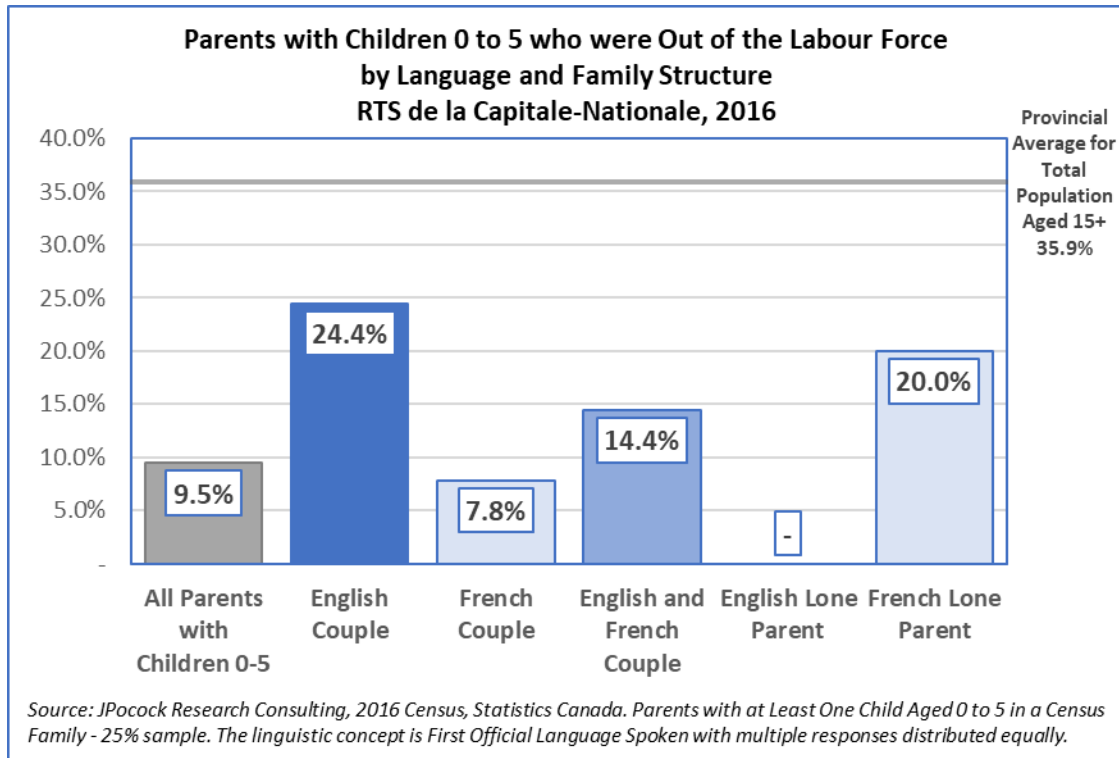


- In RTS de la Capitale-Nationale, 38.4% of parents with at least one child aged 0 to 5 reported having a university BA or higher in 2016.
- Among those parents in English-speaking couples, 53.3% reported having a university BA or higher, which was much higher than those in French-speaking couples (38.8%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 39.2% of parents with children 0 to 5 reported having a university BA or higher. This was much lower than the proportion of parents in English-speaking couples and similar to the proportion of parents in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 41.7% reported having a university BA or higher. This was much higher than the proportion of French-speaking lone parents (22.1%).
- English-speaking lone parents with children 0 to 5 were much less likely to report having a university BA or higher than were parents with children of that age in English-speaking couples.

Labour Force Activity - Table

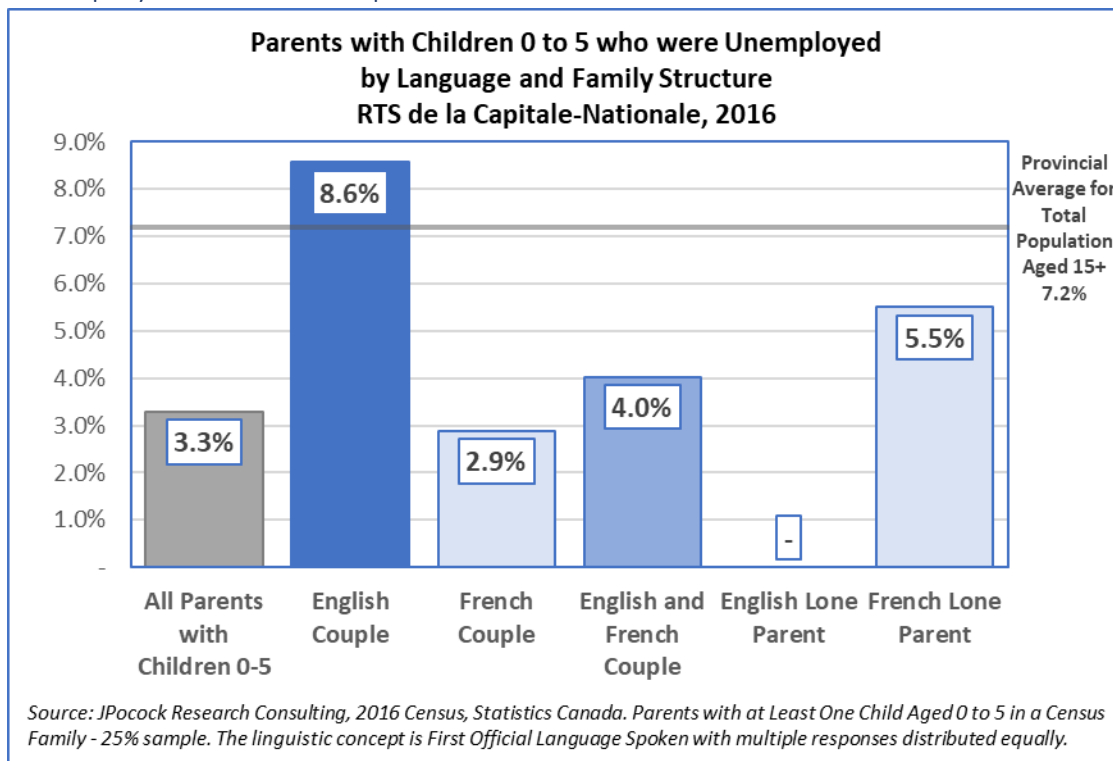
Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Labour Force Activity RTS de la Capitale-Nationale, 2016				
Census Family Structure and Language	Total	In the Labour Force	Unemployed	Out of the Labour Force
All Parents with Children 0 to 5	63,535	57,515	1,890	6,020
In an English Couple	225	175	15	55
In a French Couple	55,590	51,245	1,475	4,350
In an English and French Couple	1,455	1,240	50	210
English Lone Parent	60	45	-	10
French Lone Parent	4,080	3,270	180	815
Other Types of Families	2,120	1,545	165	575
Percentages				
All Parents with Children 0 to 5	100.0%	90.5%	3.3%	9.5%
In an English Couple	100.0%	77.8%	8.6%	24.4%
In a French Couple	100.0%	92.2%	2.9%	7.8%
In an English and French Couple	100.0%	85.2%	4.0%	14.4%
English Lone Parent	100.0%	75.0%	-	-
French Lone Parent	100.0%	80.1%	5.5%	20.0%
Other Types of Families	100.0%	72.9%	10.7%	27.1%
<i>Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Parents with at Least One Child Aged 0 to 5 in a Census Family - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.</i>				

Out of the Labour Force - Graph



- In RTS de la Capitale-Nationale, 9.5% of parents with at least one child aged 0 to 5 were out of the labour force in 2016.
- Among those parents in English-speaking couples, 24.4% were out of the labour force, which was much higher than those in French-speaking couples (7.8%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 14.4% of parents with children 0 to 5 were out of the labour force. This was much lower than the proportion of parents in English-speaking couples and much higher than the proportion of parents in French-speaking couples.
- The number of English-speaking lone parents with children 0 to 5 who were out of the labour force was too low to reliably report.

Unemployment Rate - Graph

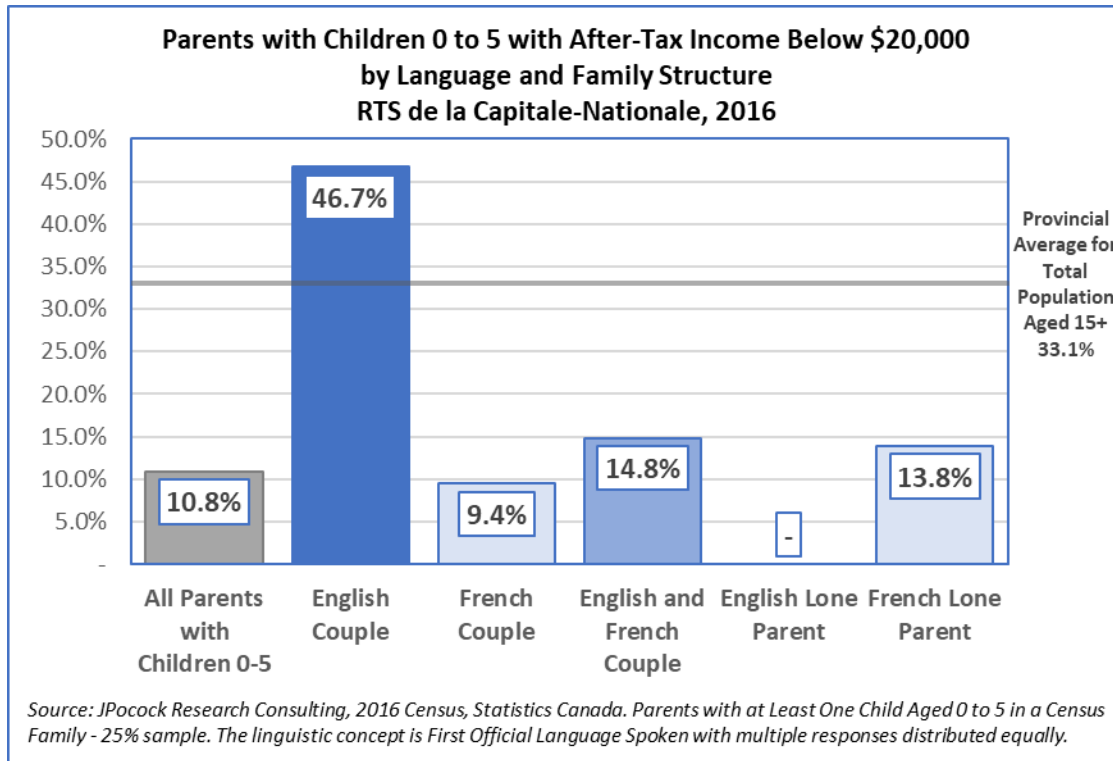


- In RTS de la Capitale-Nationale, 3.3% of parents with at least one child aged 0 to 5 were unemployed in 2016.
- Among those parents in English-speaking couples, 8.6% were unemployed, which was much higher than those in French-speaking couples (2.9%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 4.0% of parents with children 0 to 5 were unemployed. This was much lower than the proportion of parents in English-speaking couples and much higher than the proportion of parents in French-speaking couples.
- The number of English-speaking lone parents with children 0 to 5 who were unemployed was too low to reliably report.

After-Tax Income - Table

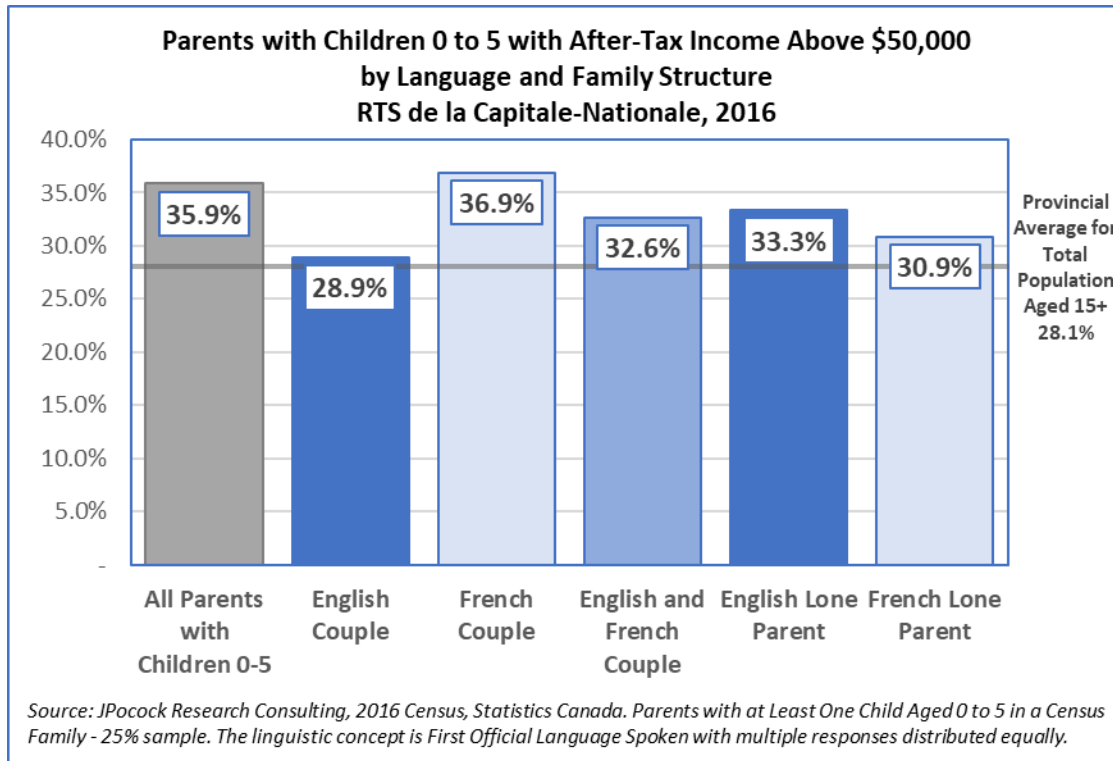
Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and After-Tax Income RTS de la Capitale-Nationale, 2016				
Census Family Structure and Language	Total	Less than \$20,000	\$20,000 to \$49,999	\$50,000 and Over
All Parents with Children 0 to 5	63,535	6,890	33,870	22,780
In an English Couple	225	105	55	65
In a French Couple	55,590	5,240	29,845	20,500
In an English and French Couple	1,455	215	765	475
English Lone Parent	60	10	30	20
French Lone Parent	4,080	565	2,255	1,260
Other Types of Families	2,120	740	925	450
Percentages				
All Parents with Children 0 to 5	100.0%	10.8%	53.3%	35.9%
In an English Couple	100.0%	46.7%	24.4%	28.9%
In a French Couple	100.0%	9.4%	53.7%	36.9%
In an English and French Couple	100.0%	14.8%	52.6%	32.6%
English Lone Parent	100.0%	-	50.0%	33.3%
French Lone Parent	100.0%	13.8%	55.3%	30.9%
Other Types of Families	100.0%	34.9%	43.6%	21.2%
<i>Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Parents with at Least One Child Aged 0 to 5 in a Census Family - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.</i>				

After-Tax Income Below \$20,000 - Graph



- In RTS de la Capitale-Nationale, 10.8% of parents with at least one child aged 0 to 5 earned an after-tax income below \$20,000 in 2016.
- Among those parents in English-speaking couples, 46.7% earned an after-tax income below \$20,000, which was much higher than those in French-speaking couples (9.4%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 14.8% of parents with children 0 to 5 earned an after-tax income below \$20,000. This was much lower than the proportion of parents in English-speaking couples and much higher than the proportion of parents in French-speaking couples.
- The number of English-speaking lone parents with children 0 to 5 earning less than \$20,000 was too low to reliably report

After-Tax Income Above \$50,000 - Graph

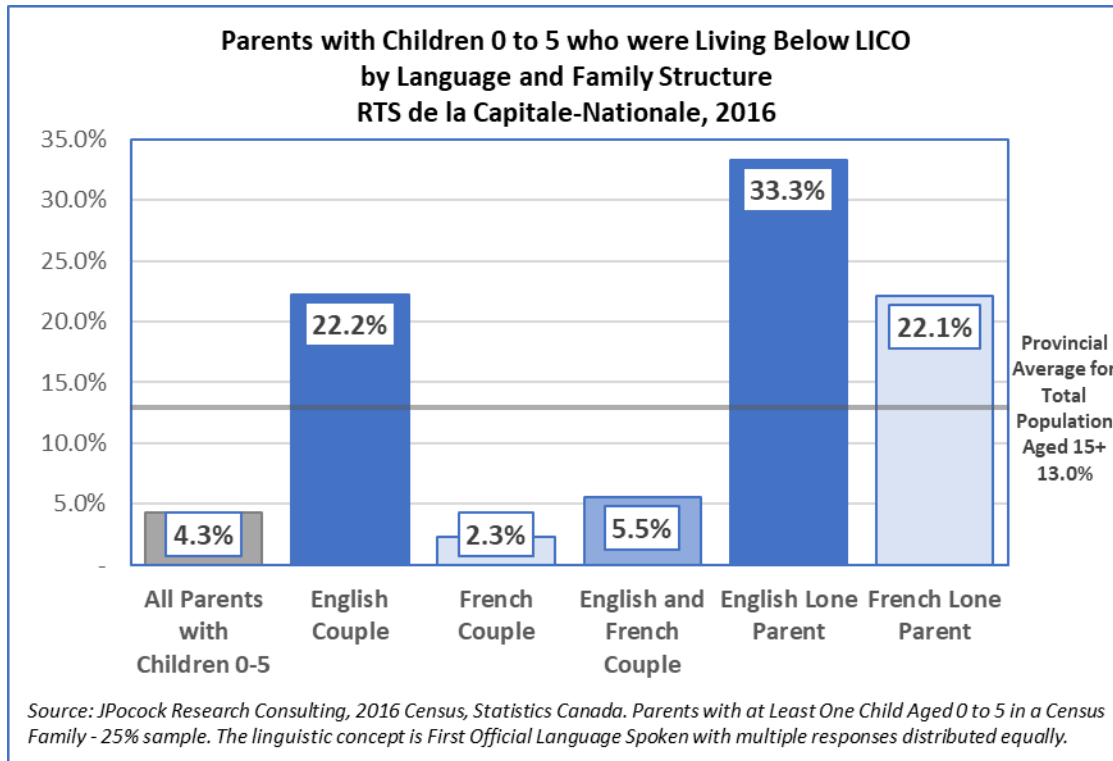


- In RTS de la Capitale-Nationale, 35.9% of parents with at least one child aged 0 to 5 earned \$50,000 or more in 2016.
- Among those parents in English-speaking couples, 28.9% earned \$50,000 or more, which was much lower than those in French-speaking couples (36.9%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 32.6% of parents with children 0 to 5 earned \$50,000 or more. This was higher than the proportion of parents in English-speaking couples and lower than the proportion of parents in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 33.3% earned \$50,000 or more. This was higher than the proportion of French-speaking lone parents (30.9%).
- English-speaking lone parents with children 0 to 5 were more likely to earn an income of \$50,000 or more than were parents with children of that age in English-speaking couples.

Low Income Cut-Off (LICO) - Table

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Low-Income Status RTS de la Capitale-Nationale, 2016			
Census Family Structure and Language	Total	Living Above LICO-AT	Living Below LICO-AT
All Parents with Children 0 to 5	63,535	60,665	2,710
In an English Couple	225	180	50
In a French Couple	55,590	54,175	1,285
In an English and French Couple	1,455	1,365	80
English Lone Parent	60	40	20
French Lone Parent	4,080	3,160	900
Other Types of Families	2,120	1,735	375
Percentages			
All Parents with Children 0 to 5	100.0%	95.5%	4.3%
In an English Couple	100.0%	80.0%	22.2%
In a French Couple	100.0%	97.5%	2.3%
In an English and French Couple	100.0%	93.8%	5.5%
English Lone Parent	100.0%	66.7%	33.3%
French Lone Parent	100.0%	77.5%	22.1%
Other Types of Families	100.0%	81.8%	17.7%
<i>Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Parents with at Least One Child Aged 0 to 5 in a Census Family - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.</i>			

Living Below LICO - Graph



- In RTS de la Capitale-Nationale, 4.3% of parents with at least one child aged 0 to 5 were living below LICO in 2016.
- Among those parents in English-speaking couples, 22.2% were living below LICO, which was much higher than those in French-speaking couples (2.3%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 5.5% of parents with children 0 to 5 were living below LICO. This was much lower than the proportion of parents in English-speaking couples and much higher than the proportion of parents in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 33.3% were living below LICO. This was much higher than the proportion of French-speaking lone parents (22.1%).
- English-speaking lone parents with children 0 to 5 were much more likely to report living below LICO than were parents with children of that age in English-speaking couples.

Parents with Children 0 to 5 Below LICO by Age

The number of English-speaking parents with children 0 to 5 living below LICO was too low to reliably report by age.

Parents Below LICO by Number of Children Aged 0 to 5

The number of English-speaking parents with children 0 to 5 living below LICO was too low to reliably report by number of children.

Below LICO by Recent Mobility Status

The number of English-speaking parents with children 0 to 5 living below LICO was too low to reliably report by recent mobility status.

Below LICO by Visible Minority Status

The number of English-speaking parents with children 0 to 5 living below LICO was too low to reliably report by visible minority status.