

The 4 **HEY** workshops will be held once per week during the evening, for a duration of 2 hrs.

The workshops will be given by a special care counselor and a parent of 2 children with ASD. A complete portfolio will be provided at the end of the **HEY** workshops.



An initiative by
*The Youth and Parents
Agape Association Inc.*

————— Funded By —————

CHSSN Community Health and
Social Services Network

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AGAPE's
Healthy Early Years
(HEY) Program



Objective

Agape's HEY program is designed for English-speaking parents and caregivers whose child was recently diagnosed with Autism Spectrum Disorder (ASD) while waiting for services in the public health system. The HEY program aims to provide 4 workshops, with the following objectives:

- Inform parents.;
- Support parents.;
- Prepare and help organize parents.;
- Empower the parents regarding the journey of services for their child.;
- Meet and exchange with other parents..



Did you know?

In Canada, among children and youth 5-17 years of age: an estimated **1 in 66** have been diagnosed with Autism Spectrum Disorder (ASD). More than **half** of children and youth had received their diagnosis by **age 6**.

Source: 2015 health, education and social services data collected from seven participating provincial and territorial governments (Newfoundland and Labrador, Nova Scotia, Prince Edward Island, New Brunswick, Quebec, British Columbia and the Yukon Territory), representing **40%** of children and youth in Canada



Many families do not know where to turn to for information following the diagnosis of their child.

Agape's HEY program will provide a guide for these parents and caregivers to better understand what lies ahead.

Content & Structure

Workshop 1:
Understanding the CISSS of Laval and how to navigate the public health system.

Workshop 2:
The roles and responsibilities of the various health professionals. (Special Care Counselor, Occupational Therapist, Speech Language Pathologist and Social Worker)

Workshop 3:
Understanding existing subsidies (federal and provincial) and community resources.

Workshop 4:
OPHQ (mandate); Integration in school, Individual Educational Plan (IEP)