
Y4Y's July-August Newsletter



Friend --

The Y4Y Québec Team hopes this newsletter finds you well. As always, we would like to share with you some of what's been going on at Y4Y, and promote some events you might find of interest. We encourage youth from across the province to weigh in on our Slack channel, whether it be on issues related to mental health, COVID-19, volunteer opportunities, etc!

[Join Y4Y's Slack Channel](#)

Subscribe to Y4Y's new YouTube channel to stay informed on our latest video content and share it with your friends!

[Subscribe Here](#)

Projects

The latest from Project Aliana

PROJECT ALIANA

Follow us at facebook.com/projectaliana



MENTAL HEALTH

Since last year Youth 4 Youth Quebec has been working with youth from Nunavik on "Aliana", a project intended to contribute to the mental health of young Indigenous people in Quebec.

RESOURCE GUIDE

Check out this resource guide created for the Nunavik region highlighting social support resources in the area. Please use this guide to find out where to get support in Nunavik. You can find the guide at nunastrong.com.

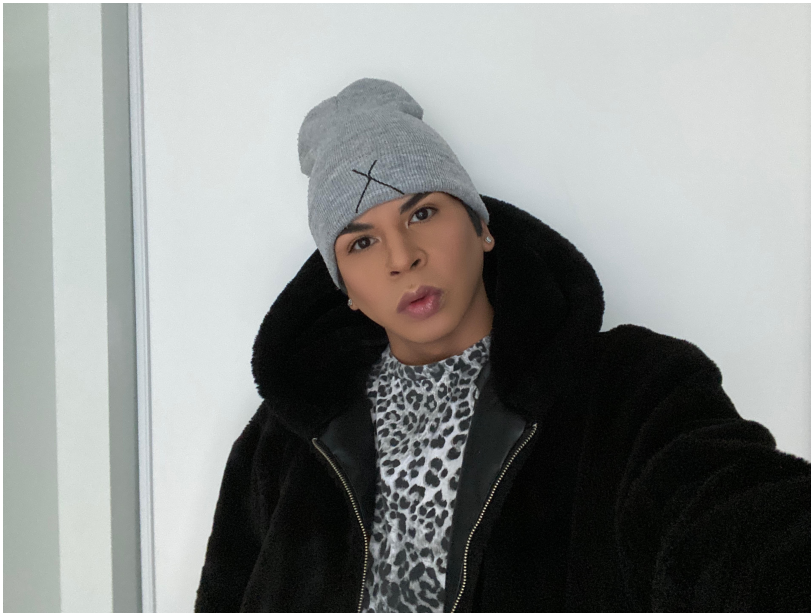


COMING SOON

Look out for the youth designed and produced video on Indigenous identity as well as the [Virtual Youth Forum](#) on September 24.

For more information email us at: project.aliana@y4yquebec.org

Call for contributors to the **Ambassadors of Hope Project**



Jessica and Scott

Y4Y has teamed up with We Matter Ambassadors of Hope Jessica and Scott to produce a video on Indigenous identity in Quebec! We are looking for 3 participants to submit segments answering a few questions on the topic: “building connectivity through identity”. If you are an Indigenous youth living in Quebec and are interested in contributing, please send an email to mise.johns@y4yquebec.org.

Flag Project in the Media

CTV News -

“English

Quebecers want to create their own flag”

The Gazette -

“Public

asked to vote on flag for Quebec's English-speaking community”

Global News -

“Youth

organization asks public to vote on an official flag for English-speaking Quebecers”

Le 15-18,

Radio-Canada - “Les

Anglos-Québécois veulent leur drapeau: Entrevue avec David-Roger Gagnon”

MTL Blog -

“An

'Official Flag For The English-Speaking Community Of Quebec' Is Currently In The Making”

The Daily Hive -

“Organization

asks Quebecers to vote on official flag for English-speakers”

The Beat 92.5 -

“Young

Quebecers asking the public to vote on a flag to represent the English-speaking community”

NOOVO / NVL - “Un

drapeau pour la communauté anglophone - NVL du 28 juillet 2020” (10:20)

Campaigns

Accessible Mental Healthcare for All!

Call for Free Mental Healthcare in Québec

The mental wellness of Quebecers is inextricably linked to their ability to cope with life's everyday stressors, work productively, and make positive contributions to their communities. We call on the government of Québec to make Mental Healthcare a priority, and include it as part of our medicare package.



[Read](#) our letter to Quebec's Ministers of Health and Social Services.

Add your Voice

Community Vitality Report



Y4Y Quebec is conducting research for

THE COMMUNITY VITALITY REPORT ON ENGLISH-SPEAKING INTERNATIONAL STUDENTS

The study aims to measure the effectiveness of the systems and networks currently in place in Quebec to support international students who may not speak the language of the majority.

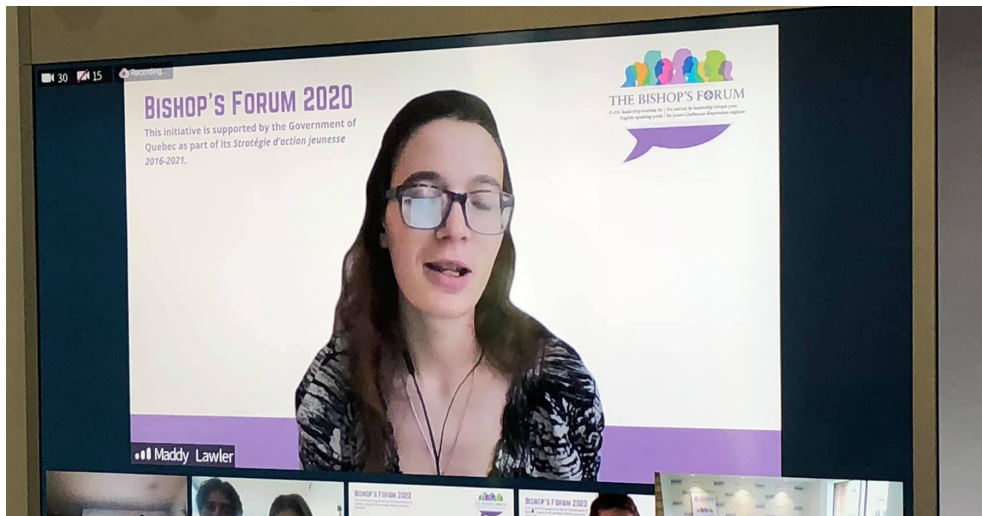
If you are a student that fits this description,
please take the time to fill out our short survey,
and share widely with your friends!

Funded by the
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Survey Link

Board Members



Y4Y Board Members Malcolm and Maddy discussing the important topic of youth employment during this August's Bishop's Forum. The two are most appreciative of their invitation to speak at the digital event.

Past Events

English-Speaking Youth Employment and Political Engagement Consultation

TUESDAY, JULY 14TH, 2020

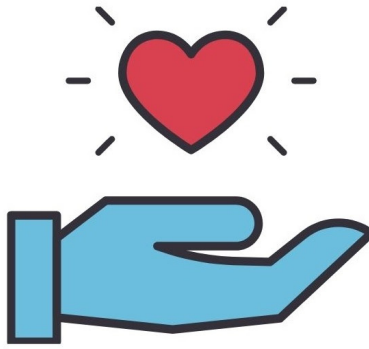


Quebec English-speaking Youth Community
Consultation

Y4Y was honoured to have its webinar joined by 5 Panelists; Anthony Housefather (Member of Parliament with the Liberal Party), Kemba Mitchell (Chairperson for the West Island Black Community Association), Christopher Skeete (Member of the National Assembly with the CAQ), Jamie Fabian (President of the Young Liberals, Concordia), Camille Georges (Montreal RISE Project Coordinator, Apathy is Boring). Our panelist answered questions regarding issues youth are facing amidst COVID-19. Moderated by Joanna Kanga, the co-chair of Y4Y's Montreal regional chapter, the discussion covered issues of employment and how to get youth more politically engaged. Our guests included youth, government officials and community leaders.

Upcoming Events

- Y4Y's virtual **Montreal Chapter Meeting** will take place on August 25th at 6 PM! This is an ideal opportunity for youth living in Montreal to learn to become effective volunteers and leaders in their community. Currently looking to fill the position of Treasurer. To sign-up please click [here](#).
- Y4Y's virtual **2nd Annual General Meeting** will take place on September 17th at 6 PM! Meet the team, celebrate the year's highlights, and learn what opportunities lie ahead for Y4Y's friends and supporters. All are welcome. To sign-up, please click [here](#); or [here](#), for our Facebook event page.



Thank you, once again, and from the entire Y4Y Team, stay safe. *Ça va bien aller.*

Malcolm Lewis-Richmond / President

Adrienne Winrow / Executive Director

Y4Y Québec is funded by Canadian Heritage, the Secrétariat aux relations avec les québécois d'expression anglaise (SRQEA), the Secrétariat à la jeunesse, and the Canada Summer jobs program.

Québec  Canada 

Y4Y Quebec

<http://join.y4yquebec.org/>

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