



Our staff, volunteer, and board members all hope you are staying safe and weathering your self-isolation as we all fight to flatten the curve. We are happy and available to answer any of your questions.

We encourage youth from across the province to weigh in on our Slack channel by clicking [here](#).

Youth Consultation Series

Y4Y Quebec Presents a Youth Consultation Series

ENGLISH-SPEAKING YOUTH AND COVID-19: MENTAL HEALTH, MEDIA MADNESS, AND THE "NEW NORMAL"

Join youth from across the province for a lively discussion about life under lockdown. We'll be joined by community leaders and mental health pros, so register today and have your say!



JUNE 2ND 3:00 TO 4:00 PM VIA ZOOM

**REGISTER HERE TODAY:
[HTTPS://JOIN.Y4YQUEBEC.ORG/REGIONAL_CONFERENCE_2](https://join.y4yquebec.org/regional_conference_2)**

FOR MORE INFO WRITE TO INFO@Y4YQUEBEC.ORG (514) 612-2895

Register Here

Choose a flag for the English-speaking Community

CALL FOR VOTERS



Let your voice be heard in choosing the Official Flag for the English-Speaking Community of Quebec!

Funded by the Government of Canada | **Canada**

Vote Here

Community Resource Guide



Are you a youth in Nunavik? Life can be challenging for all of us. If you or someone you know is feeling overwhelmed, please click the link below to find out where to get support in your area.

[NunaStrong](#)

English-speaking Youth and Covid-19: Survey

Y4Y Québec would like to poll English-speaking youths on a few more questions in order to get as clear a picture as possible on their daily realities. Please take a moment to fill out this short survey!

[Begin Survey](#)

Share your Experiences

How has your life changed since Covid-19? By submitting your testimonial to writetowin@y4yquebec.org, youth will have their writing showcased on the Y4Y

website, and be eligible to win a 50\$ gift certificate to Omerre DeSerres!
Because of the high volume of submissions, we've decided to extend the
deadline until May 31st 🌈

Previous Entries

Y4Y Québec

CONTEST

WRITE TO WIN

How has your life changed since Covid-19?
How do you envision the future?
Have you been able to help others during the crisis?

Share your experience by answering any of the above questions
for a chance to win a \$50 gift card to Omerre DeSerres!

Entries must be between 100-250 words & will be published on our
website. 3 winners will be selected at random in May.

**SUBMISSIONS CAN BE SENT TO
WRITETOWIN@Y4YQUEBEC.ORG
BY MAY 14TH, 2020**

Participants must be between the ages of 16 and 30

Québec   Canada 

Thank you, once again, and from the entire Y4Y Team, and be safe.

Malcolm Lewis-Richmond / President

Adrienne Winrow / Executive Director

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Québec

Canada

Y4Y Quebec

<http://join.y4yquebec.org/>

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