

Our staff, volunteer, and board members all hope you are staying safe and weathering your self-isolation as we all fight to flatten the curve. We are happy and available to answer any of your questions.

We encourage youth from across the province to weigh in on our Slack channel by clicking <a href="here">here</a>.

#### **Youth Consultation Series**

**Y4Y Quebec Presents a Youth Consultation Series** 

# ENGLISH-SPEAKING YOUTH AND COVID-19: MENTAL HEALTH, MEDIA MADNESS, AND THE "NEW NORMAL"

Join youth from across the province for a lively discussion about life under lockdown. We'll be joined by community leaders and mental health pros, so register today and have your say!



**JUNE 2ND 3:00 TO 4:00 PM VIA ZOOM** 

REGISTER HERE TODAY:
HTTPS://JOIN.Y4YQUEBEC.ORG/REGIONAL CONFERENCE 2

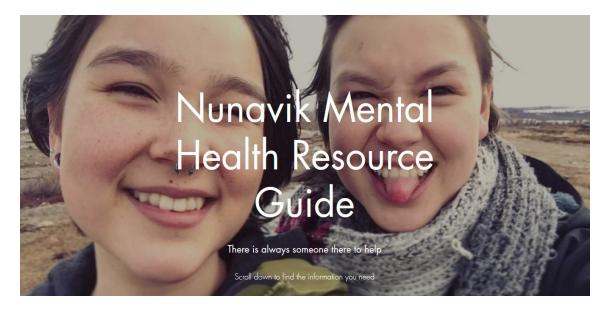
FOR MORE INFO WRITE TO INFO@Y4YQUEBEC.ORG (514) 612-2895

## **Choose a flag for the English-speaking Community**



**Vote Here** 

### **Community Resource Guide**



Are you a youth in Nunavik? Life can be challenging for all of us. If you or someone you know is feeling overwhelmed, please click the link below to find out where to get support in your area.

NunaStrong

## **English-speaking Youth and Covid-19: Survey**

Y4Y Québec would like to poll English-speaking youths on a few more questions in order to get as clear a picture as possible on their daily realities. Please take a moment to fill out this short survey!

**Begin Survey** 

#### **Share your Experiences**

How has your life changed since Covid-19? By submitting your testimonial to writetowin@y4yquebec.org, youth will have their writing showcased on the Y4Y

website, and be eligible to win a 50\$ gift certificate to Omerre DeSerres! Because of the high volume of submissions, we've decided to extend the deadline until May 31st

#### **Previous Entries**



Thank you, once again, and from the entire Y4Y Team, and be safe.

Malcolm Lewis-Richmond / President

Adrienne Winrow / Executive Director

Y4Y Quebec is funded by Canadian Heritage, the Secrétariat aux relations avec les québécois d'expression anglaise (SRQEA), and the Secrétariat à la jeunesse.



Y4Y Quebec

http://join.y4yquebec.org/

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