

October 6, 2021

Press Release: Making Homemade Tomato Sauce with Greg on We're All In This Together, the Web Series for Seniors

Please join us on **Friday, October 8th at 6pm** for our next episode on **Making Homemade Tomato Sauce with Greg!** For Greg Brooks, the need to be personally connected to his food started in the Bahamas in 1963 and has spanned several decades. He, who's affectionately known as the "Peppermaster", invites us into his home kitchen in Rigaud, Québec to make an easy but delicious small-batch tomato sauce recipe. From advice on selecting the best tomatoes to a behind-the-scenes look at his passion for peppers and locally sourced ingredients, Greg shows us how to make the most of tomato season! To watch a promotional clip of our next episode, [click here!](#)

We're All In This Together is a collaboration between the [English Language Arts Network](#) and [Seniors Action Quebec](#), and a community initiative to reach Quebec's English-speaking seniors. This one-of-a-kind web-series has been designed by seniors, especially for seniors. **Each bi-weekly episode** is directed by Montreal-based, award-winning filmmaker Bobbi Jo Hart and features entertainment, activities and conversations **designed to connect with those in need of support and empathy... with a gentle reminder that we are, indeed, all in this together.** Episodes released so far can easily be found on [YouTube](#) (Search key words "We're All In This Together Senior Web Series") and [Facebook](#) (Search "WereAllInThisTogetherQuebec"), and are available for anyone to enjoy.

This is also a great opportunity to take a moment to assure that the seniors around you are able to access the internet, so that they are able to take advantage of all the online resources available to them.

CONTACT

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ABOUT

Seniors Action Quebec works to maintain and enhance the vitality of English-speaking Quebec seniors. All efforts will identify and address challenges and issues to promote a healthy and active lifestyle for English-speaking seniors.

The English Language Arts Network (ELAN) is a meeting place for English-language artists and cultural workers of all disciplines from every region of Quebec, where they can

share expertise and resources, build audiences and alliances, seek support, advocate for their interests, and make common cause with the Francophone arts community.