



Southside Navigator

*June is Elder Abuse Awareness Month...
if you see it, report it*

JUNE 15 2020 - WORLD ELDER ABUSE AWARENESS DAY

FICTION VERSUS REALITY

PREVENTION IN CONNECTION WITH FINANCIAL ABUSE

Phishing

An institution or organization asks you to provide your personal information to validate your account.

Trust your instincts and don't click on the links in the email. Banks and government agencies do not send email or text messages to reach you.

Dating Sites

Someone asks you for personal information or to send them money for their family.

Do not send money and never send your banking information to these sites. Despite the flattering appearance of a profile, it is unclear who is behind the screen.

Emergencies

You receive a call or email indicating that someone close to you is in distress and you need to send money immediately.

Ask questions. Ask your loved ones. Do not give out personal information.

HELPFUL TIPS



Do not keep large amounts of cash in your home.

Keep your credit limit as low as possible.



Use direct deposit rather than cheques. Ex: pension cheques

Carefully monitor your account transactions from a bank statement.



Reduce the withdrawal limits for your accounts.

When in doubt contact: **The Elder Mistreatment Helpline 1 888 489-2287**



La ligne **1-888-489-2287**
Aide Abus Aînés
www.aideabusaines.ca

This document is presented by the wellbeing group Kocom Mocom, a table of partners fighting against the mistreatment of vulnerable people within the framework of the World Elder Abuse Awareness Day.

photo: Neighbours

School Days from 2007

By Joy Davies

Grosse Ile High School's Local Garbage Pick-up



In photo: Principal Natascha Joncas and Samuel Turnbull

On Friday June 1st, the high school students started their morning with the annual spring garbage pick-up, in which all the high school students participated. The students were dropped off at various points between Old

Harry and the Brooks. They worked diligently picking up the trash despite the miserable cold, damp and foggy weather. Lunchtime was a welcomed break with pizza and ice cream, which was

School Days



In photo: Felicia Clark and Dana Quinn

provided by the school. After lunch, the worked continued, with the elementary students joining the work force. The pre-k & k class cleaned behind the school in the yard, grades 1 & 2 cleaned around the gym and surrounding area, grades 3 & 4 cleaned Jerry's Lane and grades 5 & 6 cleaned Wide

Road and Rock Mountain Road. High school finished cleaning up the remaining main road to the Bridge, and Grosse Ile North. The Grosse Ile Municipality provided the funding for this activity, and as usual the money will go towards the graduation activities.



In photo: Grades 3&4 students.



In photo: Some of the Grades 5&6 students.



In photo: Pre-K & K with teacher Donna Anderson



In photo: Grades 1&2 with teacher Dorothy Taker

Local Student wins Second Place in Public Speaking Contest

By Joy Davies

Congratulations are sent to Chelsea Clarke, daughter of Paul Clarke and Tina Keating of Grosse Ile. She was the proud winner of our school's public speaking contest at the Grade 6 level with her speech entitled "Chelsea and Katherine's Great Adventure". This enabled her to go to Baie Comeau and compete against the 150 students representing all schools in the Eastern Shores School Board. The judges awarded her 2nd place in her category. This is the first times a student from Grosse Ile School has been placed in any category. Well done Chelsea!

The Adventures of Chelsea & Catherine

The speech retells childhood memories of two best friends, Chelsea and Catherine. Chelsea spoke of four childhood memories. One of these memories is of when Catherine spent the night with Chelsea and they were playing with pom poms and Tinsel, the cat. Catherine peeked under the bed and Tinsel the cat pounced her!



In photo: Chelsea Clarke

Gardening

Word Search Puzzle



S P C O M P O S T J V C Q M L V S
V L L B X Q W T S I U D R A K E U
E A I I K X W R E G J I Z X M G R
A N P S I P A O Q A G S O I L E U
O T P W S E T W S Q P N M E L T F
U I E K H C E E S M A E W L M A L
J N R S N G R L B C S O I T Q B O
C G S R Z U E H G T R T S K Y L W
D L H E R B S N S R S L A P G E E
S T O P D B I E A W E E D S A S R
H W H P X R N B H S E C G N V D S
O G Z I E I L L O Y D Q L A U A E
V J K T H E V O E W S H M I A Q W
E Q A S E A R G L O V E S L Z P F
L W N H I A Y S D J O E M S N K X
Z U W G A R D E N H O S E T B V V
S J N D U M P F U E G G S N I P S



- | | | |
|-------------|--------|--------------|
| CLIPPERS | RAKE | SUNSHINE |
| COMPOST | SEEDS | TILLER |
| FLOWERS | SHEARS | TROWEL |
| GARDEN HOSE | SHOVEL | VEGETABLES |
| GLOVES | SNAILS | WATER |
| HERBS | SNIPS | WATERING CAN |
| HOE | SOIL | WEEDS |
| PLANTING | SPADE | WHEELBARROW |

Free printable courtesy of PrintitFree.net

Anagram Riddles

C A T

Anagram Riddles

A C T

Anagrams are words that contain the same letters but arranged in a different order. For example, *act* is an anagram of *cat*. The answers to the clues below are anagram pairs.

Ex)	A part of your body. <i>arm</i>	A male sheep. <i>ram</i>
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- | | | |
|-----|---------------------------------|----------------------------------|
| 1. | A short sleep during the day. | Something to cook with. |
| 2. | An animal that people ride. | The place where land meets sea. |
| 3. | Something you bake. | Hair on your face. |
| 4. | A place to see art. | Something that makes you sneeze. |
| 5. | Another word for jump. | Another word for white. |
| 6. | An animal that lives in a pack. | Move like water. |
| 7. | A dogs feet. | An insect that stings. |
| 8. | A place to wash dishes. | What covers your body. |
| 9. | The past tense of leap. | Something to serve food on. |
| 10. | A sour fruit. | A juicy fruit. |



Word

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www.bogglesworldesl.com

Games

What's Cooking?

California Date Squares

¾ cup dates

1 tsp soda

1 cup boiling water

Allow to cool and add:

3 tbsp butter, 1 cup sugar, and 1 tsp vanilla

Sift together: 1 ¾ cups flour, ½ tsp baking powder, ½ tsp salt

Add to above mixture and bake 350 F for 40 minutes.

Top with the following mixture:

6 tbsp butter

½ cup brown sugar

4 tbsp can milk

1 cup coconut

Return to oven and bake for 10 minutes or until golden brown.



Guess Who



Last issues Guess Who

1. Robina Goodwin & Beverly Rankin
2. Minnie & Thomas Turnbull

Meals on Wheels

If you are interested in signing up for Meals on Wheels, please contact Lisa at 418.985.2115 x5