



CASA NEWSLETTER

Canada

Issue 005

September 2025

Ready to Build Your Future?

If you're between ages 30 and 54, CASA's Community Empowerment Literacy Initiative is here to help you grow!

Through one-on-one support, group sessions, and hands-on workshops, we focus on **Skills for Success**—from essential workplace skills to personal development.

Whether you're looking to re-enter the job market or take your next step, we've got the tools to get you there.

Let's build your path to success—
together.

We will be offering workshops between Matapedia and Chandler

**Your next step starts here.
Let's take it together!**

**For additional information please contact
Tammy or Vanessa**

Tammy Chatterton
418-752-5995 ext. 104
tammy@casa-gaspe.com



Vanessa Plusquellec
418-752-5995 ext. 110
vanessa@casa-gaspe.com

Employability Support

Looking to boost your job search, gain new skills, or explore entrepreneurship?

CASA continues to offer support with job search strategies, access to the hidden job market, specialized programs for those farthest from the job market, and workshops designed to help you grow.

YES MTL IS CURRENTLY LOOKING FOR NEW CLIENTS—DON'T MISS OUT!

This fall, we're excited to welcome YES MTL to our region from October 14–16. They'll be offering one-on-one business coaching for anyone who has a business idea and is ready to take the next step.

Whether you're just starting out or curious about entrepreneurship, this is a great chance to get expert guidance.

Contact Cindy Carney
418-752-5995 ext. 116
cindy@casa-gaspe.com



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Québec

CASA NEWSLETTER



Issue 004

September 2025

Fall Into Fun with CASA Senior Wellness Centres!

READY TO JOIN THE FUN?

REACH OUT TO KATHY OR DAWN—WE CAN'T WAIT TO WELCOME YOU!

🎉 A New Year, New Adventures – Let's Go! 🎉

We're kicking off another amazing year filled with fun, friendship, and fantastic activities – and we'd love for you to be part of it! 🧑🏻‍🦵🧑🏻‍🦵

New to the group? Returning for more? Everyone's welcome!

From staying active and trying new things to meeting great people and sharing laughs, the Seniors Team has something for YOU.

So come join the fun, bring your smile, and let's make this year one to remember! ❤️



October Activities:

- Oct 6: Richmond Manor/Gilkers
- Oct 7: Escuminac
- Oct 8: Chandler
- Oct 10: Cascapedia St. Jules
- Oct 14: Port Daniel
- Oct 16: Matapedia
- Oct 17: New Carlisle

To join one of the Senior Wellness Centres in your area, please contact us to register:

Dawn: 418-752-5995 ext. 114

Kathy: 418-752-5995 ext. 105

Everyone is welcome. Come make new friends and enjoy the season!

-Kathy & Dawn



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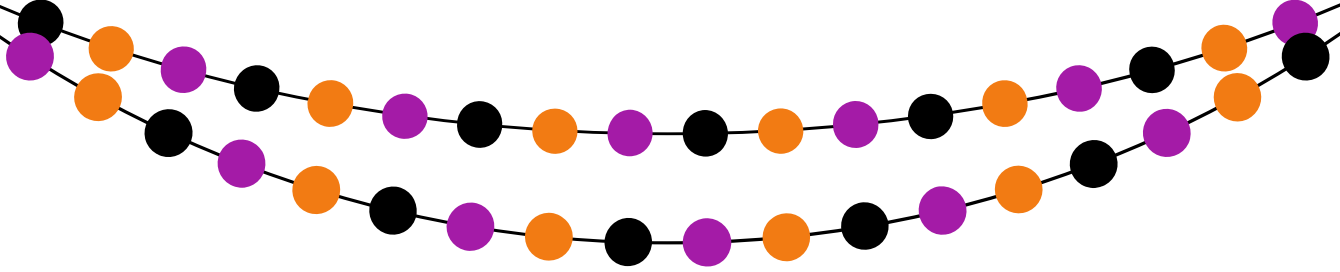
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CASA NEWSLETTER



Issue 004

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Bright Beginnings Newsletter – Fall 2025

FALL IS HERE, AND WE'RE EXCITED TO SHARE TWO SPECIAL EVENTS HAPPENING THIS OCTOBER. MARK YOUR CALENDARS AND JOIN US FOR SOME SEASONAL FUN!

Fall Fest in Cascapedia



Saturday, October 4th at 10 AM



Cascapedia Fall Festival

Come enjoy a morning filled with fall activities for the whole family:

- Pumpkin carving and decorating
- A special craft for little ones
- Cozy story time
- Free book and treat giveaways



Annual Halloween Event in New Carlisle



Saturday, October 25th | 10 AM – 12 PM



New Carlisle Optimist Chalet

Our annual Halloween celebration is back! Families with children ages 0–12 are invited to join us for:

- Scavenger hunt and treat bags
- Bouncy house fun
- Tractor hayrides
- Cotton candy and more!

This event is presented in collaboration with the Municipality of New Carlisle, Family Ties, and the local CLC.

We look forward to seeing you there for two wonderful community gatherings!

–Kayla.



A shining start
for children
ages 0-8



brightbeginningsgmi

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Homegrown 4 – Save the Date!

COME OUT AND SUPPORT OUR LOCAL MUSICIANS AND ARTISTS—IT'S GOING TO BE A NIGHT FULL OF TALENT, CREATIVITY, AND COASTAL PRIDE.



Saturday, November 22nd



Cultural Centre in Paspébiac.



Youth Show – 1:00 PM



Main Showcase – 7:00 PM



This special event shines a spotlight on the amazing homegrown talent from right here on the Coast.

From inspiring young performers to seasoned artists, it's a celebration of music, art, and community.

Stay tuned for more details in the coming weeks!



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