

JUNE 2018

Happy Father's Day!



Sunday, June 17th



You can tell what was the best year of your father's life, because they seem to freeze that clothing style and ride it out.
JERRY SEINFELD

Partners in Health

July 17th, is Father's Day, a day to celebrate and recognize the important role father's play in their child's life from birth to adulthood. As numerous studies suggest children with involved fathers have an advantage -- socially and academically -- over children with distant or no relationships with their dads. Interestingly, this result holds true even if the father doesn't live in the same home as the child -- for example, in divorce situations. It appears that how involved the dad is -- not where he lives in relation to the child -- is the crucial factor.

According to a study at the University of Illinois, children with fathers who take the time to ask about what they learned in school and their day-to-day social activities and relationships do better in school than kids who don't have that kind of input or interest. And it's important to note that this father figure doesn't have to be a biological father in order for children to benefit. It can be an adoptive father, stepdad, or an adult male in the household. Source: www.parent.com

Regroupement pour la valorisation de la Paternity is a regroupement of 250 organizations in Quebec that celebrate the involvement of fathers during the week of July 11 to 17th. As stated on their website, involved fathers benefit their children, the mothers, and themselves -- everybody wins! The Community Health & Social Service Network has recently translated some of their website into English. To check out their activities for the week across Quebec visit: <http://www.semainedelapaternite.org/home.html>



NEW RULES OF THE ROAD

Major changes to the law will affect all users of roads and highways, including drivers, motorcyclists, cyclists and pedestrians. The changes take effect at different times.

The changes call for caution towards more vulnerable users of the road. It sets out a hierarchy of users from the largest vehicles (trucks, cars, etc.) to the most vulnerable (cyclists, pedestrians).



Cyclists: No headphones or headsets
(Takes effect June 30, 2018)

Winter Tires—Install earlier (takes effect Dec. 1, 2019)

You have to install winter tires by Dec. 1st instead of Dec. 15

For more info: Visit: www.educaloi

Center for Access to Services in English (CASE)

1045, rue Chabanel, Drummondville, (Qc) J2B 2J4 Tel: 819-609-9009/1-855-609-9009

Email: infoandliaison.agent@gmail.com

The views expressed herein do not necessarily represent the views of Health Canada"



Health Canada



World Elder Abuse Awareness Day

June 15th, 2018



World Elder Abuse Awareness Day is an annual international UN observance day and is held every year on June 15th. The day sheds light on the physical, emotional and financial abuse of elders. The World Health Organization data suggests that 4 to 6 percent of elderly suffer from some form of abuse, a large percentage of which goes unreported.

Everyone deserves to live in safety with dignity and respect. If you suspect that an elderly person is at risk from neglect, emotional or financial abuse or is being taken care of by an overwhelmed caregiver in their home or in an institution, you should speak up.

If you are a caregiver and feel overwhelmed ask for help. There are local respite care groups or adult day care program. **To help you look for resources call CASE: 819-609-9009, (Toll free)1-855-609-9009 or Email: infoandliaison.agent@gmail.com**

You can also call your local CLSC or contact the Helpline for Senior Abuse at 1-888-489-2287



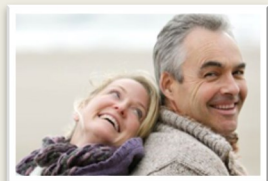
"Just wait until you're my age and you forget what it's like to be your age!"



A Resource Guide for 50+

This guide contains a wealth of resources for people aged 50+ in order to prepare for retirement and be aware of the various services that are available to them on the territory of Mauricie/Centre-du-Qc. It covers matters such as:

- ◆ Finances
- ◆ Housing
- ◆ Community



Call us in complete confidentiality for additional services or for assistance in obtaining any of these services.

819-609-9009 / 1 855-609-9009

Please call us for your electronic or paper copy:

1045, Chabanel Street
Drummondville, Qc J2B 2J4
Infoandliaison.agent@gmail.com

What to do if people try to sell you things by phone or fax.

People selling you products or services are allowed to call or fax you, except for people selling certain kinds of things, such as pre-arranged funeral services. (Funeral companies are not allowed to call potential customers.)

But if you speak to the caller in person over the phone, there are rules the caller must follow. First, at the beginning of the call, the caller must tell you:

- The name of the business or person the caller is working for
- The purpose of the call
- What product or service she is promoting

At some point in the call, the caller must also tell you:

- The price of any product or service being promoted
- Any restrictions or conditions that must be met before the product is delivered.

Also there is a general rule that a business promoting a product or service cannot present information that is false or misleading or to mislead a consumer by leaving out important information.

You should also know that you can cut down on the number of calls you get from people selling things by signing up for the:

National Do Not Call List (1-866-580-3625).

Source: Educaloi

Spring Cleaning

Household chemical products are among the products most frequently involved in injuries and deaths of children under the age of five years. Don't forget to teach your children or grandchildren the meaning of hazard symbols:

Bad taste and odours often do not keep children away from household chemical products. **Even a small amount of a chemical product can be harmful to a child.**



Oxidising



Harmful



Highly Flammable



Corrosive



Toxic



Irritant

Source: Health Canada

SOLVE THE RIDDLE!



A woman and daughter walked into a restaurant. A man walked past and both women said "Hello, Father." How is this possible?

The man was a priest

Source: Reader's Digest