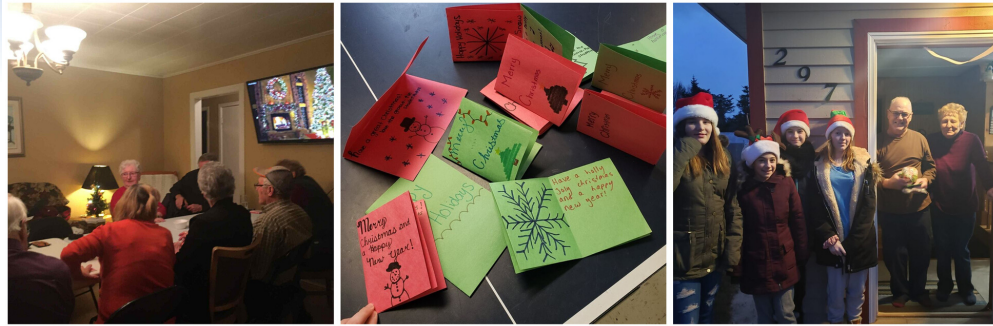


December 2019 - January 2020

CAMI

COUNCIL FOR ANGLOPHONE MAGDALEN ISLANDERS

NEWSLETTER



CHRISTMAS HAMPERS A SUCCESS AGAIN THIS YEAR!

Each year in December, CAMI organizes a Christmas hamper activity for seniors as a means of breaking isolation and bringing Christmas spirit to community seniors. On December 17th, CAMI's Outreach and Liaison Agent for seniors, along with the Buddy Program volunteers, filled the van with goodies and headed out to sing carols and provide community seniors with some holiday spirit. The pastry to fill the hampers is donated each year by community volunteers. We would like to thank you for your donations and for making the Christmas Hampers activity a huge success!

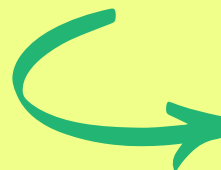
ANOTHER SUCCESSFUL ARTISAN FAIR HELD!

At the end of November, the Home and School Association of Grosse Ile school hosted the Annual Artisan Fair. Vendors from different communities of the Islands, including locals, came to Grosse Ile to showcase and sell their products. The event was such a success that even Santa came for a visit! A big thank you to the volunteers of the Home and School Association for taking on leadership of this year's event!

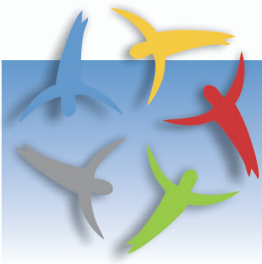
THANK YOU FOR SUPPORTING GRANDMA'S BAKERY!

The Entreprise Sociale les Iles would like to thank all who supported Grandma's Bakery by purchasing meat, chicken and apple pies as well as fruitcakes. Your support is very much appreciated and contributes to local job creation.

Inside this issue:



The Future is Now project
Mental Health First Aid
Museum Enhancements
CAMI Activities



CAMI

THE FUTURE IS NOW: STEERING OUR COMMUNITY TOWARDS A BRIGHT FUTURE!

In recent years, the English-speaking community of the Magdalen Islands has been engaged in a structured approach to community development which has been guided by knowledge development and mobilization, strategic planning and partnerships among local organizations to develop and implement relevant projects that meet the needs of the community.

In 2018, CAMI received funding from the Community Health & Social Services Network (CHSSN) via the Secretariat Responsible for Relations with English-speaking Quebecers to develop a project that would enhance regional community capacity. CAMI decided to use this funding to support the development of a community strategic plan that would look at key community issues and how to address them within a collaborative long-term vision.

In this context, there is a need to take a critical and creative look at the future of the community through a community visioning process, to ensure the long-term vitality of the English-speaking community of the Magdalen Islands. The intended outcome of this process is a roadmap laying out where the community wants to be in 10, 20, or 30 years. In 2018-19, CAMI was able to produce a research report documenting the challenges, successes and trends of the community over the past 20 plus years. In January, CAMI began its community consultation process through a series of surveys, interviews and focus groups with key community organizations and individuals. The information gathered from the research report and from the consultation process will be used to develop a roadmap for community development. A first draft of the roadmap will be presented to the community in mid-March and will be finalized and ready to begin implementation by the first of April.

Y4Y Quebec needs your help!

The Y4Y Quebec Symbolism Project was inspired by the flags of the Canadian Francophonie to create the first official flag to represent the English-speaking community of Quebec! We are looking for you to get involved in the project by telling us the symbols that represent you and the English-speaking community of Quebec.

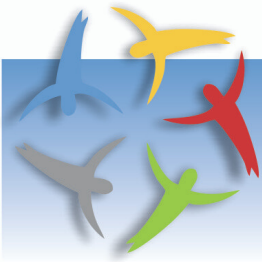
Go to surveymonkey.com/r/SymbolismSurvey to have your say today!



Would you like to recognize someone who provides outstanding service in the in English?

“Health & Harmony” is aimed at recognizing health professionals who offer bilingual health services on the Islands.

Contact Jonathan for more information!



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MENTAL HEALTH AWARENESS LET'S TALK ABOUT IT!



During the weeks of January 27th and February 3rd, CAMI hosted Mental Health First Aid Trainer, Chad Diabo. Chad is a member of the Kahnawake Mohawk community and is a certified Mental Health First Aid trainer. Chad has much experience in working with rural and remote communities like the Magdalen Islands and was a perfect fit for our training needs.

In addition to the first aid training, Chad provided workshops to students, raising awareness around mental health and suicide. His workshops also aimed to teach students how to support each other and how to ask for help through an activity where they had to start a fire. Chad also provided a self-care workshop for community workers and was also able to meet and interact with the firemen and first responders. We look forward to hosting Chad again in the future. Thanks to everyone who helped make his visit enjoyable.

CAMI'S VETERANS MUSEUM AND LITTLE RED SCHOOL HOUSE MUSEUM MOVING TOWARDS MODERNIZATION!



Yes, you read that right! The CAMI museums are moving towards modernization! Funded largely by Canada Economic Development for Quebec Regions and the SADC des Iles, CAMI has engaged museum specialists from the Economusee Network in Quebec City to support the development of a museum modernization plan. This plan will provide CAMI with proposals for exhibit updates, that are currently trending within the museum industry. The first visit of the Economusee took place in mid-January, where they worked with the CAMI staff to better understand and assess the needs of the museums. A second visit will take place in March, where they will propose museum upgrades, with the costs attached to implementation. The deliverable is the modernization plan. One of our goals for the 2020 season, is to introduce a boutique that will be installed in the Veterans Museum. As part of their contract, the Economusee will also support CAMI in the professionalization of the museum offer, which we hope will eventually result into an official accreditation by the Quebec Ministry of Culture and Communications.



CAMI



Contact Us

787 chemin Principal, Grosse Ile, Quebec, G4T 6B5

418.985.2116 | info@micami.ca | www.micami.ca

Helena Burke, Executive Director - Extension 1

Amanda Goodwin, Accounting Manager - Extension 3

Jonathan Patton, Executive Assistant, Extension 4

Lisa Craig, Seniors Outreach Agent - Extension 5

Jarrett Quinn, Development Agent - 418 937 4754

Ezgi Cakmak, Project Manager - Extension 4

Amber McKay, Respite Daycare coordinator - Extension 5

Sarra Aitkens, Respite Daycare coordinator - Extension 5

Grandma's Bakery - Extension 6

Museums - Extension 7



**Grosse Ile
For Seniors**

Thursday night cards
Wellness Centers
Meals on wheels

CAMI Activities



**Entry Island
For Seniors**

Wellness Centers
Meals on wheels

For more information on these activities or to register for the Meals on Wheels program, please call Lisa at 418 985 2116 ext 5.

To register for the Traveling Literacy Bags for your 0-5 children, please contact Amber McKay at the School (418 985 2885).



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