

# Engagement

Engagement is a favorable parental attitude that promotes emotional security and overall child development.

## To develop an attitude of engagement:

- Get to know your child well
- Have expectations about your child's development
- Ensure their safety, both physical and emotional
- Use a positive discipline

✘ I'm tired of you running around and asking me lots of things. You'll never come back to the store with me again.



Like I told you in the car, you have to stay next to me. Help me pick the food that is on the list. Do you remember we made this list together? You choose your favorite cereal and we will put it in the basket now.



Focusing on positive requests and having realistic expectations of the child's abilities is a win-win for everyone.



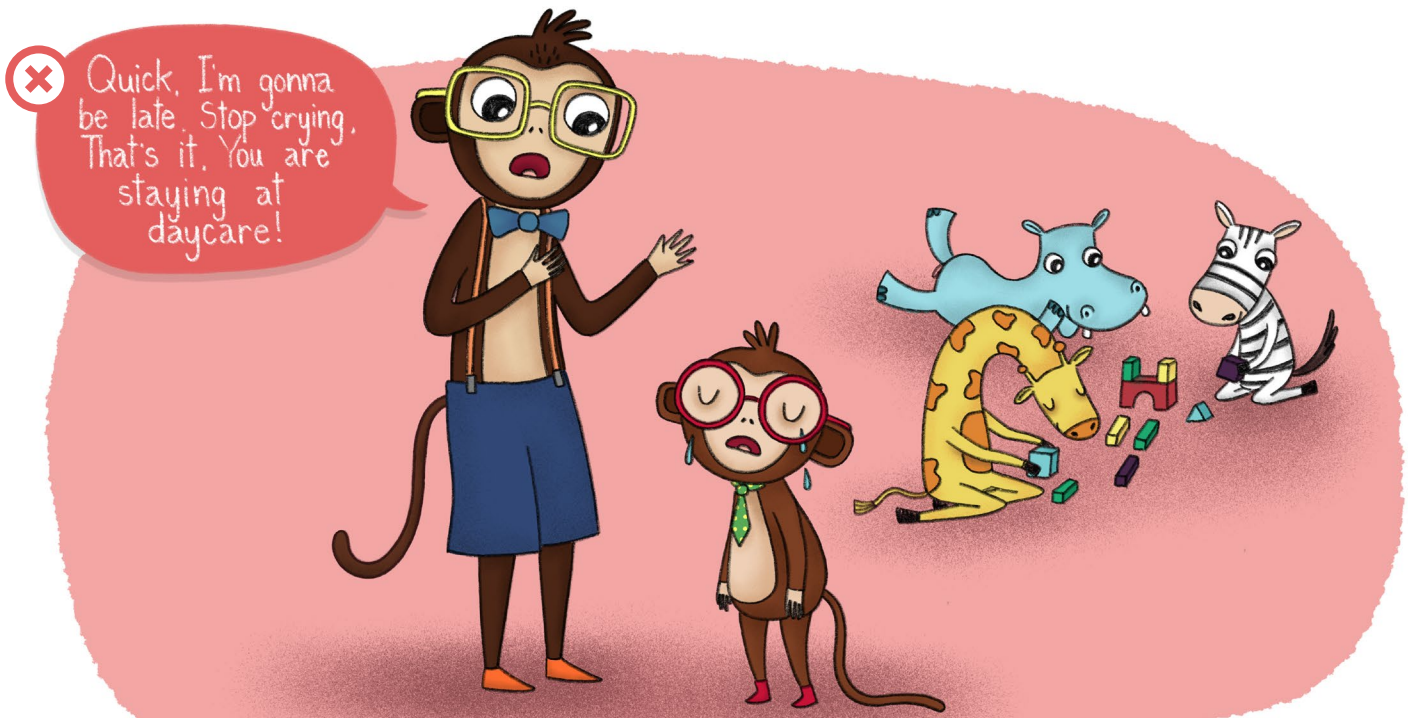
This initiative is funded by ARC Assistance and Referral Centre with financial contribution from Bright Beginnings through the CHSSN.

# Proximity

Proximity is a favorable parental attitude that promotes emotional security and overall child development.

To develop an attitude of proximity:

- Make yourself available, physically and mentally, to offer your complete presence
- Offer frequent, respectful, warm and comforting physical contact



Stand at the child's height and gently place your hand on him when you need to send him a message; this makes it easier for him to understand the message and shows him the importance you give him.



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# Reciprocity

Reciprocity is a favorable parental attitude that promotes emotional security and overall child development.

## To develop an attitude of reciprocity:

- Treat your child as a complete person
- Respect their interests, personality and ideas
- Recognize their worth considering their strengths and difficulties
- Accept that your child will make you grow as a person



Believing in your child's potential and understanding what they are experiencing according to their reality will help you in your relationship.



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# Sensibility

Sensibility is a favorable parental attitude that promotes emotional security and overall child development.

## To develop parental sensibility:

- Recognize the real needs of your child
- Demonstrate quickly that you understand his message
- Respond to their needs within a reasonable time (depending on the child)



It's about making the child feel that you understand his needs without being influenced by your own emotions, that he is important to you and that you are there for him.



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