

November 1, 2021

Press Release: Seniors Action Quebec Announces Change in Executive Leadership

Montreal, November 1, 2021 – Seniors Action Quebec (SAQ) held its Annual General Meeting this past week and is pleased to announce changes in our Executive leadership.

Walter Duszara, former SAQ Vice-President, is the new President of Seniors Action Quebec. Anne Mackay will add Vice-President duties to her role of Treasurer and Diane Lemay will remain in her position as Secretary of the Board of Directors. Outgoing President Debbie Horrocks will continue to sit on the Board as a Director for the remainder of her term.

“English-speaking seniors, of all cultural backgrounds and national origins, are true Quebecers who have contributed, and continue to contribute, to the development of our province as a free, just, diverse, rich, exciting, and democratic society. We, our children, and grand-children are increasingly French-speaking, and we leave our mark in all sectors of everyday life in Quebec. I believe our stories need to be better known by our neighbours and friends. Mutual respect, frankness, honesty and shared purpose define our past and guide our future.” - Walter Duszara

We would like to take this time to thank Debbie for her leadership and guidance as she steered the organization through the past 20 months of the pandemic and subsequent lockdowns.

The 2020-2021 Annual General Meeting reviewed the accomplishments of the organization under the strain and changing circumstances of the COVID 19 pandemic.

SAQ continued to move forward with the [Resilience Training Project](#), that teaches resilience skills to seniors, and those who work with them. We also produced and launched our 9-part video series [Je Me Souviens: Portraits of Who We Are](#), which features first-person stories of English-speaking seniors in Quebec.

In partnership with the [English-Language Arts Network](#), we began production of [We're All In This Together](#), a series of bi-weekly web-episodes with uplifting stories to help reduce the stress and isolation of seniors during the pandemic.

Another major accomplishment was the launch of our new online services and English-speaking services map: [the Services Map for Seniors](#), which highlights organizations and professionals who serve seniors in English in Quebec.

Seniors Action Quebec is a non-profit organization that works to maintain and enhance the vitality of English-speaking Quebec seniors.

www.seniorsactionquebec.ca