



Welcome to Whacky Wednesday

Weekly Check-In
 March 24th, 2021

How is everyone doing?

SPRING IS HERE!!! Isn't it beautiful? Birds chirping, snow melting and the grass is growing...

We were able to have our first walk of the season this past Monday morning. It was beautiful out and we got to enjoy each other's company and breathe some fresh air. We meet in the parking lot at Bellevue Park in Pincourt at 10am if ever you would like to join us.

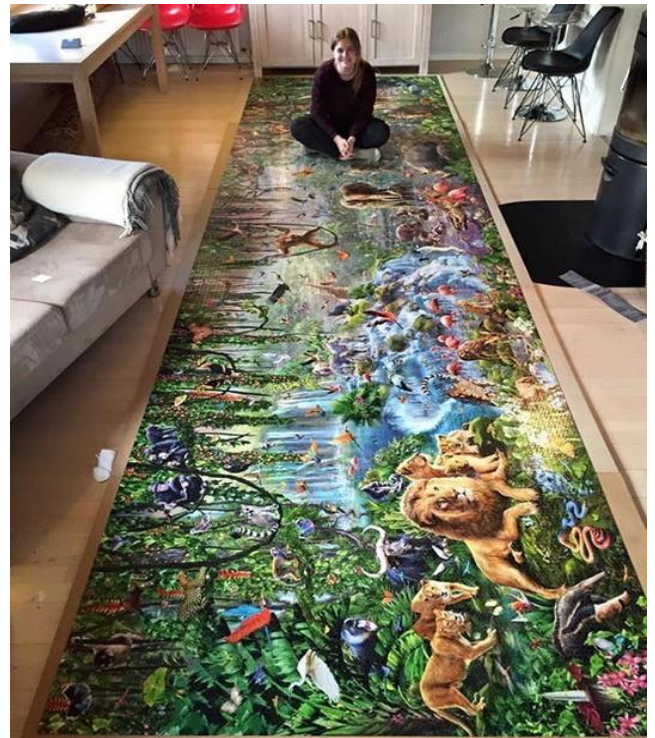


Do you enjoy doing puzzles like I do? I am a big fan of puzzles, I mainly do puzzles between 750-1000 pieces however I have tackled a 1,500 piece once. This woman from Montreal, Maxine Olive has finished a puzzle with **40,320** pieces!! It took her approximately **150** hours from start to finish.



Here is another woman who did a jungle puzzle with 33,600 pieces!!!

A blonde called her boyfriend and said, "Please come over here and help me. I have a killer jigsaw puzzle, and I can't figure it out or how to get it started." Her boyfriend asked, "What is it supposed to be when it's finished?" The blonde said, "According to the picture on the box, it's a tiger." Her boyfriend decided to go over and help with the puzzle. She let him in and showed him where she had the puzzle spread all over the table. He studied the pieces for a moment, looked at the box, then turned to her and said, "First of all, no matter what we do, we're not going to be able to assemble these pieces into anything resembling a tiger." He took her hand and said, "Second, I want you to relax. Let's have a nice cup of hot chocolate and then.... ..," he sighed, "Let's put all of these frosted flakes back into the box."



Autism Awareness Day is April 2nd, 2021 and is recognized throughout the month of April. As this is the last weekly check-in for the month of March, my next one will only be on April 7th but I didn't want to pass over April 2nd without recognizing the beginning date of an important cause.



Did you know?

One of our favourite childhood meals was a plate of mouth-watering, oven-cooked McCain fries. These crispy fries have been loved in Canada for decades, and have become popular all over the world. In fact, McCain Foods is responsible for producing one-third of all the frozen fries in the world, making it one of the biggest businesses



in Canada. Established in 1957, McCain Foods is based in New Brunswick. The majority of their products are produced at their renowned \$65-million potato processing plant in Florenceville-Bristol, N.B. This has led the tiny town to become known as “The French Fry Capital of the World.” The town has even founded a Potato World Museum and celebrates National French Fry Day each July.



Chocolate Peanut Butter Bars

- 1 cup of brown sugar
- 1 cup light corn syrup
- 1 cup Kraft smooth Peanut Butter
- 5 cups Honey Bunches of Oats cereal with almonds
- 6 squares Baker's Semi-Sweet chocolate melted

Mix sugar, corn syrup and peanut butter in large microwaveable bowl. Microwave on HIGH for 2mins or until sugar is dissolved and mixture is well blended, stirring after each minute. Add cereal, mix well.



Spoon into 13x9 inch pan, press firmly onto bottom of pan. Cover evenly with chocolate. Refrigerate for 1hr or until firm.

** These tasty treats can be made ahead and kept frozen until ready to serve. Cover and freeze up to 1 month omitting the melted chocolate. When ready to serve, thaw at room temperature before covering with melted chocolate. Refrigerate as directed.

With Easter only a little more than a week away we should stretch our legs a little and stock up on chocolates. What are your favourite treats to buy for Easter? I love the Cadbury egg and the mini eggs myself. Here are a few of the most popular items people usually buy this time of year, are they one of yours?





**** COVID-19 VACCINATIONS ****



Vaccinations are now taking appointments for persons 65 and older (Born 1956 or before).
The simplest way to get an appointment is to book it via the LINK. **Clic Santé (clicsante.ca)**

If you don't have an internet connection, you can call **1-877-644-4545**
or MWCN will gladly help you book your appointment.

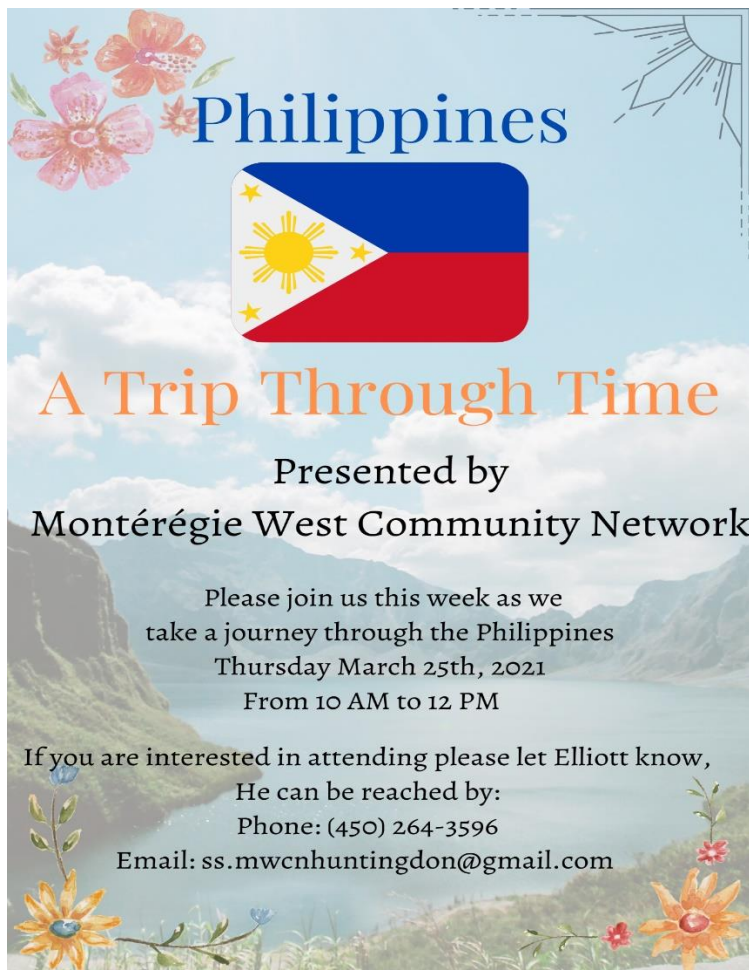
If you live locally, in Vaudreuil, Ile Perrot or Pincourt and you need help getting to your appointment Centre D'Action Bénévole L'Actuel has a medical accompaniment-transport for people aged 65 and over.




(450) 455-3331 info@lactuel.org

<https://www.lactuel.org/en/services/help-for-seniors/>

Upcoming Events:



Philippines

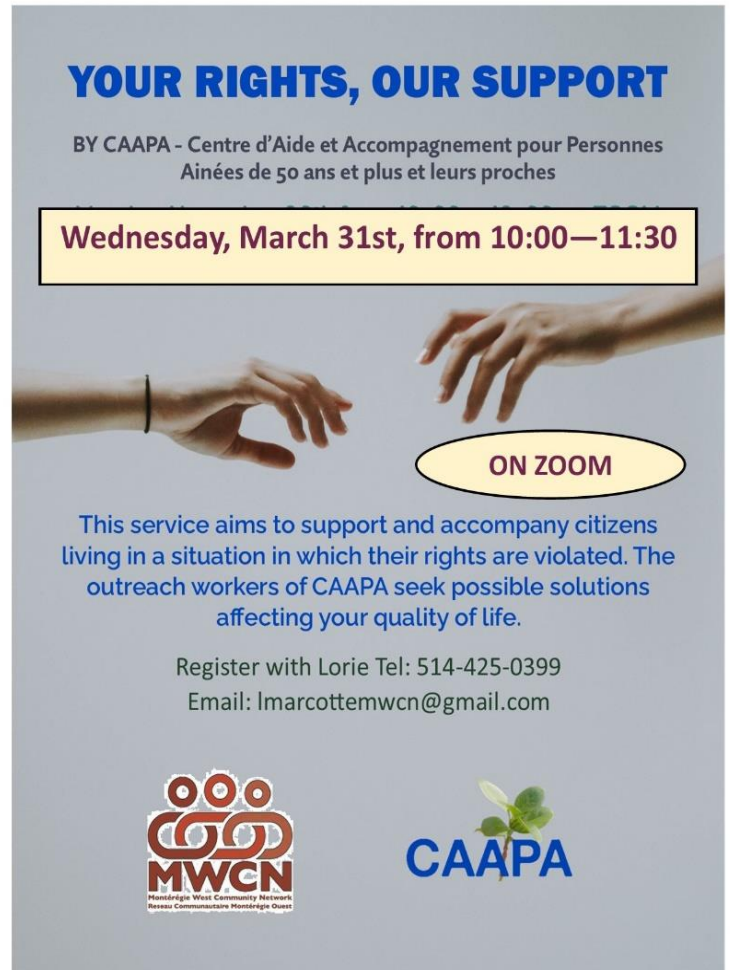


A Trip Through Time

Presented by
Montréal West Community Network

Please join us this week as we
take a journey through the Philippines
Thursday March 25th, 2021
From 10 AM to 12 PM

If you are interested in attending please let Elliott know,
He can be reached by:
Phone: (450) 264-3596
Email: ss.mwcnhuntingdon@gmail.com



YOUR RIGHTS, OUR SUPPORT



BY CAAPA - Centre d'Aide et Accompagnement pour Personnes
Aînées de 50 ans et plus et leurs proches

Wednesday, March 31st, from 10:00—11:30

ON ZOOM

This service aims to support and accompany citizens
living in a situation in which their rights are violated. The
outreach workers of CAAPA seek possible solutions
affecting your quality of life.

Register with Lorie Tel: 514-425-0399
Email: lmarcottemwcn@gmail.com

WANT TO BECOME A MEMBER OF MWCN??

If you are interested in becoming a **MEMBER** of **MWCN** and would like to receive a copy of our monthly Newsletter and participate in our **FREE** activities, please print our **attached membership form** which you can mail back to us or bring it directly to our office.

(We can also do it with you by phone). If you are currently a member, it is **‘Renewal’** time.

Our offices are located at:

91-5e ave, suite 204, **Pin court**, J7V 5K8

Tel: 514-425-0399 marcylewis.mwcn@gmail.com

255 boul d’Anjou, suite 203, **Chateauguay**, J6J 2R4

Tel: 450-691-1444 info.mwcn@gmail.com

72 Dalhousie, suite 201, **Huntingdon**, J0S 1H0

Tel: 450-264-3596 ss.mcwnhuntingdon@gmail.com



Are you feeling a little isolated and would like to correspond with someone by being a ‘Virtual’ Pen-Pal?

It is via Email and can be done only once or as often as you like.


Write about what you are missing and what you are doing to keep busy.



We can even match you up with any age group if you have a Preference.

Give it a try! It might end up being an extremely rewarding experience.

Contact Lorie Marcotte at 514-425-0399 or by email to:
lmarcotte@psjeunesse.org

EMPLOYMENT
SERVICES 

Hello,

With the beginning of spring, I would like to see who among your community, we could help to obtain a job, return to school or find direction in life.

You can contact me by mail at
ifrenette@psjeunesse.org or at 450 218-1599

I thank you for your help because together, we can make a difference in people's lives.

Isabelle Frenette



Ps. Jeunesse
Centre-conseil en emploi