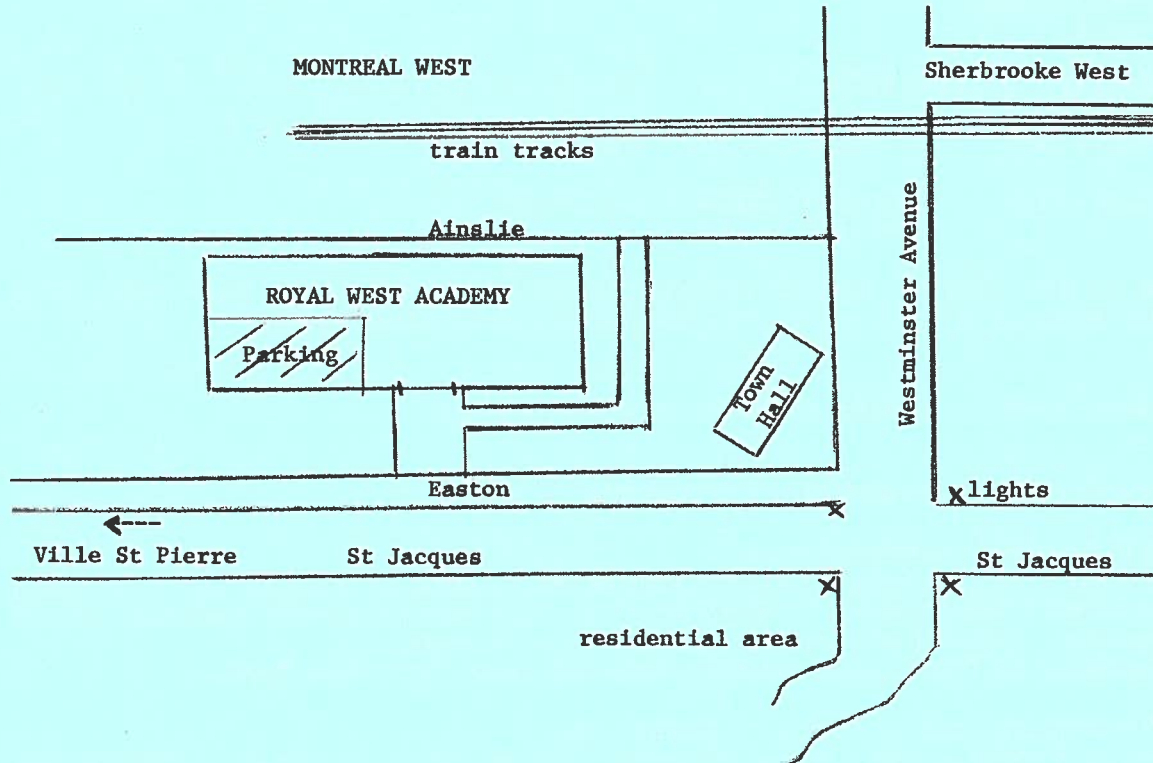


# Fall Conference



## Directions:

### *From the West Island using highway 20.*

(1) You can come up through Ville St Pierre. Take exit #62 [rue St Jacques/St Pierre] Main road through Ville St Pierre is St Jacques. At the top of the hill there are lights; turn left on to Westminister and then immediately left on to Easton.

(2) you can take exit #64 [138 est, rue St Jacques, boul. Angrignon]. As you come up the hill there is a Petro-Canada Station/Macdonald's on the left (on the far side, also on your left is The Gazette bldg.). Stay on left hand side at the lights. You can cross here (you are making a U turn) and head west again on St Jacques towards Montreal West. Second set of lights is Westminister and you want to turn right and then sharply left to reach Easton which is on the west side of Westminister. If you can't manage that, you can turn left at next street - Ainslie - which brings you

to the back of the school. There is a path around school to the front entrance.

**From anywhere in town:** you need to (eventually) be on Sherbrooke Street West going west. The west end of Sherbrooke Street runs into Westminister (there is a stop sign). Turn left and go over the train tracks. On your right there are a couple of side streets then Ainslie and Easton, where the school is located. Just beyond Easton on your right is the hill back down to VSP.

**Parking:** There are a lot of "No Parking" signs around the school area. Others say 4 hours only. We have permission from the Town of Montreal West to park in the 4 hour zones for longer than 4 hours. The main entrance into the school proper is 189 Easton. 187 Easton is a parking area for the school's teachers. If there is room, you can park there.

**The school is behind the Town Hall which faces on to Westminister at the corner of Easton.**



October 22, 2005

at

Royal West Academy  
187 Easton Avenue  
Montreal West, Quebec





## 2005 FALL CONFERENCE PROGRAM

Saturday, October 22, 2005

# Touching Minds – Shaping Futures

**8:00 AM REGISTRATION and DISPLAYS** (coffee/juice available)

**8:30 – 10:15 PLENARY SESSION**

**Plutarch had it right:** *A child's mind is not a vessel to be filled. It is a fire to be kindled.*

How can How can parents, teachers and community come together to light that fire – touching the minds and shaping the future quality of life of young people in our ever changing world?

**Marion Daigle** – parent, teacher and literacy resource, will launch our new and exciting ***Children's Literacy Resource Guide***. She will highlight dozens of practical strategies for Home & Schools to promote the involvement of everyone in the advancement of learning.

**10:15 – 10:45 NUTRITION BREAK and VISIT DISPLAYS**

**10:45 – 12:00 LEADERSHIP WORKSHOPS**

### 1) Together We're Stronger

Do you find it a challenge to work well with your Governing Board and Principal? If the answer is yes, this workshop is for you! Three colleagues will lead a discussion toward solutions for the students' benefit.

**Facilitated by:** Leah Trineer, Treasurer and Membership Chair, Roslyn Home & School; Liz McCallum, Chair, Roslyn Governing Board; Jim McMorrان, Principal, Roslyn School.

### 2) Smooth Sailing Ahead

Being President means conducting an efficient, fair and enjoyable meeting that begins and ends on time. Pick up tips on how to run a tight ship in calm, or turbulent, waters. Learn the knack of delegating and sharing. Remember you are all in the same boat – together.

**Facilitators:** Antoinette Brunetti, Pres. East Hill H&S, Linda Gibson, Pres. Mac High

### 3) The ABC's of being Treasurer

Don't make it complicated! Have a good relationship with your Principal. Keep careful track of your money. Get helpful tips on what to do in order to be transparent, organized and effective.

**Facilitated by:** Jane Dorey, Allancroft Elementary, and Antoinetta Russo, Lauren Hill Academy.

### 4) Membership Strategies

How to promote your local association. Share and exchange ideas on what makes a good membership campaign. Use your own newsletter and our newspaper to effectively promote your school.

**Facilitators:** Ruth Frenette and Dawn Chipps, Lindsay Place High, and Joanie Beaubien-Rossy, Allancroft Elementary.

### 5) Ready! Set! GO!

LEARN how you can use this new and exciting children's literacy guide.

SHARE your ideas on how to promote the guide in your home, school and community.

**Facilitators:** Anne MacWhirter, teacher, parent, Born to Read resource; Harold Spanier, teacher, parent, multimedia specialist; Marion Daigle, QFHSA Past President and Literacy Resource.

**12:00 – 13:00 LUNCH** (in the cafeteria) and **DISPLAYS**

**13:00 – 13:45 REGIONAL COUNCIL MEETINGS**  
**Getting to Know You.....**

Regional Councils are a forum for Home & Schoolers to share ideas, issues and concerns about their schools and school boards. They make YOUR Home & School stronger.

**13:45 – 14:00 BREAK – Last chance to visit displays**

**14:00 – 15:30 PARENTING WORKSHOPS**

### 6) Bullies – Everybody's Business

Bullying is not going away... nor is the hurt that children suffer every day. Do you know enough about new trends in bullying? Cyberbullying, swarming, relational aggression, GIMs, fruitcups and pantsing... your child still needs your help! Do you know what to do?

**Facilitated by:** Deb Kellman and Mona Segal, DM Family and School Services

### 7) Homework Hassles: What is the parent's role?

Research shows a parent's involvement in their child's education produces better grades as well as a more positive attitude toward school. But how can you help them in a positive way?

**Facilitated by:** Pat Waters, M.A., Educational Psychology and Counselling and QFHSA Parenting Workshops Co-ordinator

### 8) Made for each other! Impact of cyberspace technology on pre-teens & teens

Young people are huge fans of the new technologies. Why do they use them and how does it affect family life?

**Facilitated by:** Dr André H. Caron, founding director of Center for Youth & Media Studies (1987), Dept. of Communications, Université de Montréal, and Bell Chair in Interdisciplinary Research on Emerging Technologies.

*Dr Caron will answer questions in French and English.*

### 9) Active Bodies – Healthy Minds

Children develop literacy in school. Physical literacy provides the framework for an active, healthy lifestyle. Increase quality physical education and increase student success.

**Facilitated by:** Association of Physical Educators of Quebec

**15:45 EVALUATION DRAW**

*Win a book for your school.*

*Hand in your evaluation sheet for the draw!*

**QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS**  
**Fall Leadership Conference Registration Form**  
**Saturday, October 22, 2005**

**Please fill in a separate registration form for each person attending.**

School/Organization: \_\_\_\_\_

Delegate's Name: \_\_\_\_\_ Phone No. \_\_\_\_\_

**8:30 PLENARY SESSION – Keynote Speaker and launch of new  
*Children's Literacy Resource Guide***

**10:45 - 12:00 LEADERSHIP WORKSHOPS**  
*Workshops will be assigned on a first come, first served basis, space permitting; 30 max.*

	<u>First Choice</u>	<u>Second Choice</u>
1) Together we're Stronger	_____	_____
2) Smooth Sailing Ahead [Presidents]	_____	_____
3) The ABC's of being Treasurer	_____	_____
4) Membership Strategies	_____	_____
5) Ready! Set! GO! [Children's Literacy Guide]	_____	_____

**12:00 - 13:00 >>> LUNCH >>>**

**13:00 - 13:45 REGIONAL COUNCIL WORKSHOPS**

School Board \_\_\_\_\_

Region/Sector *(if applicable)* \_\_\_\_\_

**14:00 - 15:30 PARENTING WORKSHOPS**  
*Workshops will be assigned on a first come, first served basis, space permitting; 30 max.*

	<u>First Choice</u>	<u>Second Choice</u>
6) Bullies – Everybody's Business	_____	_____
7) Homework Hassles [Parent's role]	_____	_____
8) Cyberspace Technology and Teens <i>Questions can be answered in French</i>	_____	_____
9) Active Bodies – Healthy Minds	_____	_____

**Registration Fees**

<b>Up to October 12</b>		
Home & Schoolers only	@ \$25.	_____
<b>Late registration - after October 12</b>	@ \$35.	_____
All others	@ \$35	_____

**Enclose cheque, with Registration Form, payable to QFHSA.**