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What's new at REISA?

REISACTION

English, an Asset!

The REISA program in partnership with McGill University, English, An Asset! has been devoted to developing internship opportunities with community groups and health institutions in the east-end of Montreal for the past 10 years. REISA partner organizations specialize in services to youth, seniors, special needs, and rehabilitation.

If you are studying in health or social services and are interested in Montreal's diverse east-end community, we can help you find the placement that is right for you!

For more information contact info@reisa.ca. To learn more about the McGill Training and Retention of Health Professionals Program visit:

<https://www.reisa.ca/retention-of-health->



Special Needs Medical Clinic

Big Steps for REISA!

REISA offers organizational support to partners who wish to conduct a trial of a Special Needs Medical Clinic.

Since 2015 REISA has been working to increase and improve access to services for the English-Speaking community with Special Needs in the East End of Montreal. In March 2017 REISA hosted a forum on access to services for persons with special needs. Community organizations, public institutions, caregivers and experts in the field were present to discuss the new MSSS Action Plan on Autism Spectrum Disorder.

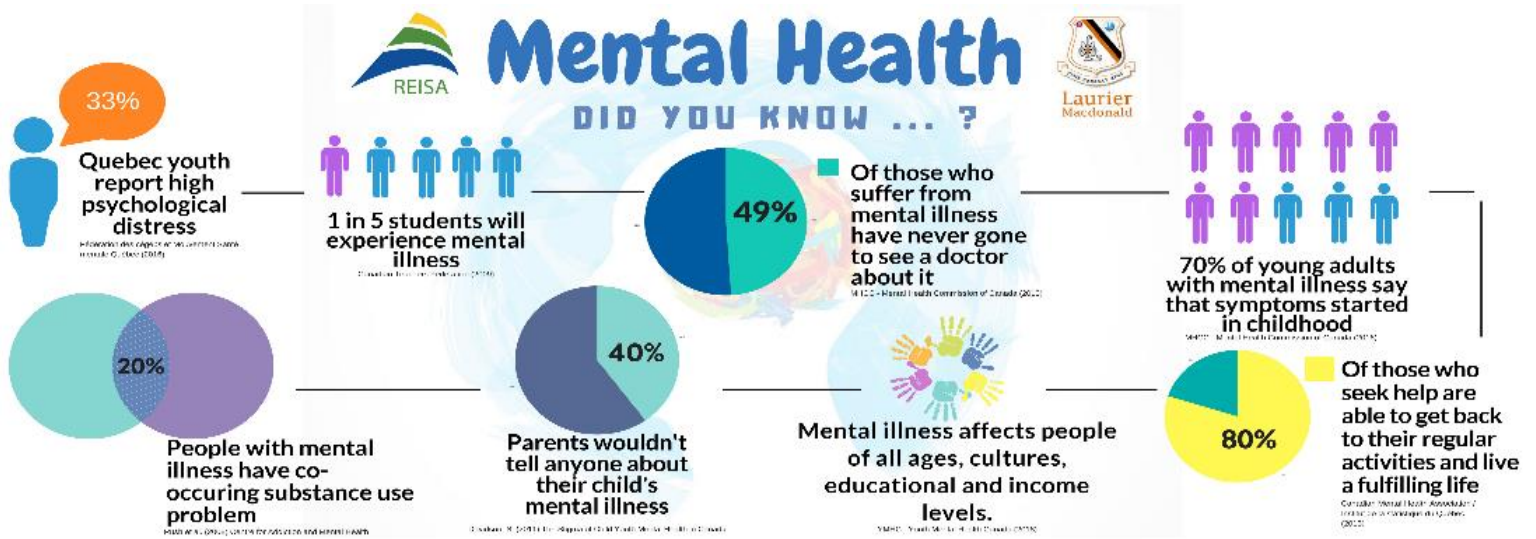
As a follow up to the forum, a proposal of a multidisciplinary clinic for special needs services was presented to the CIUSSS de l'Est-de-l'Île-de-Montréal and the CIUSSS du Nord-de-l'Île-de-Montréal.

As a result, both the CIUSSS du Nord-de-l'Île-de-Montréal and the CIUSSS de l'Est-de-l'Île-de-Montréal have agreed to collaborate with REISA and the Centre of Dreams and Hopes. Clientele of the

The REISA proposed clinic for access to special needs health services has been adopted as innovative by the CIUSSS

Centre of Dreams and Hopes will now be able to make an appointment with a Doctor to be seen directly at the center where they feel most comfortable. 13 clinics in the east end have also agreed to reserve time each day where clientele with special

needs and reduced mobility can call and make appointments to reduce time spent in waiting rooms. This initiative will improve access by providing direct primary health care services to people with special needs within a calm, comforting environment, adapted through years of direct support to families.



Your Mental Health, Your Life Fulfillment.

This spring REISA partnered with Laurier Macdonald high school to plan a two-day Mental Health fair for 6 participating East end high schools. The goal of the fair was to educate participants on English services available in the East-end that could be easily accessed by youth and their families. Participants of the Mental Health Fair on October 2nd and 3rd included over 12 Montreal community organizations, the English Montreal School Board, and representatives of 2 CIUSSS. The fair was a great success with over 1,200 youth, school staff, and parents in attendance. Many partnerships have flourished the fair and we look forward to new collaborations!

REISA would like to sincerely thank the CIUSSS de l'Est-de-l'Île-de-Montréal and the CIUSSS du Nord-de-l'Île-de-Montréal for their active participation over the two days. We would also like to extend a big thank you to all participating community organizations, the English Montreal School Board, and of course, Laurier Macdonald High School!



For Mental Health Resources, Visit:

<http://www.emsb.qc.ca/mhrc/>

Centre of Dreams and Hopes

Annual Fundraiser Gala

REISA partner The Centre of Dreams and Hopes will be holding its annual fundraiser gala on November 10, 2018 at Plaza Volare. Show your support by joining CDH for a delicious meal and a wonderful night of entertainment and dancing. Tickets are \$180.00, proceeds go to support the programs and services offered to special needs youth and young adults at the Centre of Dreams and Hopes.

For tickets or to make a donation, please contact the CDH Foundation at: **514-323-9950**

CHSSN and CHEP Health Education Sessions at Almage Senior Community Centre



Over the past year, REISA has organized 10 health education sessions in partnership with the CHSSN and the CHEP program at Almage Senior Community Centre and their two satellite centers. Each Health Education Session has covered a different topic chosen by the seniors. REISA has invited different health professionals to animate the sessions and answer any questions the seniors may have related to the chosen topic. REISA has adapted the program to better suit the small group sizes of the satellite centers by inviting health professionals to hold intimate group discussions with the members. The health education sessions have been very well received by the members of Almage, REISA will continue to collaborate with the center to offer more sessions in the winter.

For more information on the CHEP Health Education Program, visit: www.chssn.org

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