



# KIDS Summer Camp 2017



September 2017

Report prepared by Shannon A. Keats,  
KIDS Summer Camp Program Manager

## Acknowledgements

The Coasters Association would like to take this opportunity to thank those instrumental in the success of the 2017 KIDS Summer Camp. Much gratitude is extended to those who supported the 2017 camp through their monetary contributions:

- Commission Scolaire du Littoral
- Young Canada Works
- Service Canada
- Registration Fees
- Social Program Fund

In addition :

Special thanks to the school in Mutton Bay, St. Paul's School, and St. Theresa School for the use of their facilities at the camp locations in La Tabatiere, St. Paul's River and Blanc Sablon. Thank you, as well, for allowing the use of equipment.

Genuine gratitude to Young Canada Works (4) and Services Canada (4) for the eight (8) Student Counselors positions, as well as a sincere thank you to Quebec 4-H for their continued support and expertise.

Special mention goes out to the Embrace Little Hearts Fund. Their hard work and dedication enabled the organization to hire a shadow and allow a special needs child to be integrated into the KIDS Summer Camp Program in Blanc Sablon.

Heartfelt appreciation goes to the KIDS Summer Camp Community Committees (see page 33) in Blanc Sablon, St. Paul's, and La Tabatiere...many of you went above and beyond your duties and for that we are grateful. And, to the Advisory Committee (see page 33), the Board of Directors and staff of the Coasters Association for their continuing advice, support, throughout the duration of the 2017 camp season. Thank You.

The Coasters Association would like to extend a special thank you to the Commission Scolaire du Littoral. Due to the organization's generous financial assistance, the Coasters Association was able to hire a coordinator (25 hours per week) to oversee the day to day managing of the three (3) camps, as well as organizing French activities, songs and crafts to be integrated into the summer camp.

Finally, an enormous thank you to *ALL* our partners for their guidance and advice, it is much appreciated. We could not have done it without you!

Shannon A. Keats  
2017 KIDS Summer Camp Program Manager



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## Overview

In the summer of 2006, a six (6) week summer camp pilot project was undertaken in the Municipalities of Bonne Esperance and St. Augustine to provide a Summer Camp for youth. The summer camp entitled Kindness, Inspiration, Determination, Spirit, “KIDS”, has proven to be a great success.

The mission of KIDS Summer Camp is to nurture and develop a safe and healthy environment in which youth can improve their health and obtain skills that will assist them in their future lives, through physical activities, mental development, artistic growth, environment awareness and community/family participation.

In 2007, the Coasters Association expanded the KIDS Summer Camp to two (2) additional communities (La Tabatiere, and Blanc Sablon), as well worked in partnership with, and supported, the Eau-Naturelle Discovery Camp in Chevery, and the two (2) camps already established were maintained. From 2008 to 2016 the five camps were in operation and ran very well.

Year	Theme	Youth	Counselors	Coordinator
2006	Kindness, Inspiration, Determination, Spirit (KIDS)	36	5	Volunteers
2007	Amazing Race	93	11	Full time/part-time
2008	Ocean Odyssey	90	12	Full time/part-time
2009	Going Green	68	11	Full time/part-time
2010	Green Adventure	132	14	Part-time
2011	Up in the Air	118	14	Part-time
2012	When I grow up	82	12	Part-time
2013	Exploration Celebration	85	13	Full-time
2014	Countries around the world	93	12	Part-time
2015	A Green Adventure	93	13	Part-time
2016	KIDS Summer Camp 10 <sup>th</sup> Anniversary	58	10	Part-time
2017	Adventures in Summer Camp	57	8	Part-time

Living in such a remote area as the Lower North Shore, finding new and exciting activities for our youth is a constant challenge. We do not have access to the amenities of a larger community; therefore, we have to be creative in our endeavor to provide a place where our youth can interact with other youth, as well as create an environment in which they can express themselves, learn new and exciting things and most importantly have fun.

Socialization is an important component of a well-rounded, healthy lifestyle. Isolation and a lack of interpersonal skills increase the stress of everyday situations and contribute to negative self-esteem. Therefore, the involvement with a social group increase the youth's sense of community and social support, as well as providing an environment in which youth can improve their health and obtain skills that will assist them in their future lives.

Furthermore, with the economic downfall on the Lower North Shore, many parents have no other choice but to leave the coast to seek employment, leaving their children behind for a period of four (4) to six (6) months, with grandparents or guardians, thus causing problems for youth in the early stages of his/her life. Through the KIDS Summer Camp, the goal is to provide services to assist parents and guardians, thereby leading to the improvement of the social and learning capacities of children ages four to twelve (4-12) years.

The KIDS Summer Camp, not only fulfills its mission but provides employment opportunities for our students who are furthering their education. It is a social, educational, environmental, cultural, community and historical development activity. It is also known that kids who are involved in summer activities (such as the camp) do better in the up-coming school year, and participate more in community events.

The KIDS Summer Camp is an exceptional program; however, through assessments we have realized that much work has to be done to ensure the sustainability of this worthwhile initiative in the areas of program development, setting up of operational structure and continued expansion of the KIDS Summer Camp Program.

2017 marked the 11<sup>th</sup> Anniversary of the KIDS Summer Camp. In 2006, a group of dedicated volunteers began the task of planning, preparing, and implementing a summer camp in both St. Paul's and St. Augustine. It required a lot of hard work and commitment; nonetheless, it was successful, and was extended to La Tabatiere and Blanc Sablon.

## **KIDS Summer Camp Locations**

In 2017, three (3) camps were in operation from June 26th to August 11th.

### ***Lourdes de Blanc Sablon:***

- 5 counselors
- 44 children registered full time

### ***St. Paul's River:***

- 1 counselor
- 7 children registered full time

### ***La Tabatiere:***

- 1 counselor
- 6 children registered full time

### ***KIDS Summer Camp 2017 Synopsis:***

The KIDS Summer Camp 2017 season was, once again, a success. The counselors were animated and energetic which enabled the kids to experience an happy and safe environment. This year we were fortunate enough to have the funding in order to hire a part-time coordinator, Trina Roberts. A Facebook page was created and events and photos were posted weekly, which allowed and informed parents of what their children were doing periodically.

As indicated above, the camps in both St. Paul's River and La Tabatiere had low participation in the 2017 camp season primarily, due to the 10 to 12-year-old age group which are growing older and are becoming uninterested in the structured camp activities. Also, due to the lack of funds, we were unable to offer outings and special events, which we believe have lessened the participation of that particular age group. However, we are currently striving to adjust the program to reflect this challenge. Additionally, in the previous three (3) years, St. Augustine has implemented a "bring back play" camp activities in collaboration with Basse Côte Nord enForme, which we also support and is very successful.

This year, due to generous funding from the Commission Scolaire du Littoral, the Coasters Association was able to hire a coordinator, Trina Roberts, (part-time at 25 hours per week for 12 weeks). Also, as part of the agreement with the Commission Scolaire, the coordinator was able to prepare and introduce considerably more French language into all three camps by the three (3) camp counselors via daily reading (books, poems, etc.), games and songs, and all camp postings were translated regarding camp activities and events. All activities in the program were carried out according to the weekly themes (please see Annex II).



Approximately 2 hours per day was dedicated to French integration in all three (3) camp locations; notably, Blanc Sablon camp was carried out in a fully bilingual setting. It is in this respect that the Coasters Association supports the Commission Scolaire du Littoral requesting the introduction of more French in the camps allowing campers and counselors alike to improve on the language, become better equipped for the upcoming school year, and feel more confident listening, reading, and speaking in French. The campers, when asked, were very receptive to the introduction of French and were excited to have the opportunity to learn more.

To conclude, we can't thank the Commission Scolaire du Littoral enough for their generosity, it is an important partnership we value and look forward to many more collaborations in the future.

## Recommendations

Each year a survey is forwarded to the parents of the children attending camp. It gives the parents an opportunity to present any recommendations they may have and to inform whether their children enjoyed camp or had difficulties. It also gives the Coasters Association an opportunity to recognize any issue that may have come up and to provide any solutions if necessary. The following are some of the recommendations that were obtained from parents.

- It has been recommended that more training for all Counselors be provided. Counselors should be given training sessions on how to deal with difficult children, time management, conflict resolution and communication.
- It has been recommended that children not be allowed to bring any electronic devices to the camp as it can cause disruption in camp activities.
- It has been recommended that a lead counselor be assigned (Blanc Sablon camp).
- It has been recommended that the coordinator visit camps periodically but at different times (surprise visits – Blanc Sablon/St. Paul's). Spontaneous phone calls to the camp in La Tabatiere.

As indicated above, the recommendations will be taken into consideration and will be considered in the planning the preparations for next years' camp season.



## Annex I

### 2017 KIDS Summer Camp Advisory Committee:

Name	Organization	Contact info
Vicki Driscoll	CEDEC	(418) 461 -3450 <a href="mailto:Insdirector@cedec.ca">Insdirector@cedec.ca</a>
Joanne Jones	CLD	418-461-2652 x 4 <a href="mailto:joanne.jones@cldbnc.gc.ca">joanne.jones@cldbnc.gc.ca</a>
Kimberly Buffitt	CLC/CSL	(418) 379-2365 <a href="mailto:kimberlybuffitt@hotmail.com">kimberlybuffitt@hotmail.com</a>
Cornella Maurice	Coasters Association	(418) 379-2006 ext 223 <a href="mailto:coasters@globetrotter.net">coasters@globetrotter.net</a>
Shelley Fequet	BCNeF	(418) 379-2006, ext 229 <a href="mailto:shelley.fequet@coastersassociation.com">shelley.fequet@coastersassociation.com</a>
Laurette Gallibois	St. Augustine Camp	(418) 947-2239 <a href="mailto:cjasradio@gmail.com">cjasradio@gmail.com</a>
Molly Organ	La Tabatiere Camp	(418) 461-2053 <a href="mailto:mclc_morgan@live.ca">mclc_morgan@live.ca</a>
Shannon Keats	St. Paul's Camp	(418) 379-2324 <a href="mailto:shannie_adele@hotmail.com">shannie_adele@hotmail.com</a>

### 2017 KIDS Camp Community Committees:

#### Blanc Sablon

Name	Role	Contact info
Joanne Jones	Member – parent – Resource Person	418-461-3361/2652 x 4 <a href="mailto:danielandjoanne@live.com">danielandjoanne@live.com</a>
Cathy Thomas	Member - parent	418-461-2659 <a href="mailto:cthomas444@hotmail.com">cthomas444@hotmail.com</a>
Evelyn Jones	Member – parent	418-461-2201 <a href="mailto:lucien_evelyn@hotmail.com">lucien_evelyn@hotmail.com</a>
Jessica Purcell	Member- parent	418-461-2300/3383 <a href="mailto:jessicapurcell07@hotmail.com">jessicapurcell07@hotmail.com</a>

#### St. Paul's

Name	Role	Contact info
Tanya Smith	Member-parent	418-379-2339
Kimberly Buffitt	Member-Community Rep.	418-379-2901 <a href="mailto:kimberlybuffitt@hotmail.com">kimberlybuffitt@hotmail.com</a>
Trina Roberts	Member- parent	418-379-2258 <a href="mailto:trinaroberts2@hotmail.com">trinaroberts2@hotmail.com</a>
Gail Roberts	Member -Community representative	418-379-2970
Dale Keats	Resource person	418-379-2951

**St. Augustine**

<b>Name</b>	<b>Role</b>	<b>Contact info</b>
Laurette Gallibois	Member – Parent	418-947-2239 <a href="mailto:cjasradio@gmail.com">cjasradio@gmail.com</a>
Jackie Gallibois	Member – Parent	418-947-2309 <a href="mailto:kandkdriscoll@globetrotter.net">kandkdriscoll@globetrotter.net</a>
Ginger Driscoll	Member – Parent	418-947-2579
Trudy Driscoll	Member – Parent	418-947-2570/2727 <a href="mailto:trudydriscoll2@hotmail.com">trudydriscoll2@hotmail.com</a>
Judy Robertson	Member -Community representative	418-947-2323 <a href="mailto:gingeria08@icloud.com">gingeria08@icloud.com</a>
Greta Gallibois	Resource person	418-947-2442 <a href="mailto:yif@airlabrador.com">yif@airlabrador.com</a>

**La Tabatiere**

<b>Name</b>	<b>Role</b>	<b>Contact info</b>
Tara Bobbitt	Member – Parent	418-773-2420 <a href="mailto:bobbitt_tara@hotmail.com">bobbitt_tara@hotmail.com</a>
Jessica Bobbitt	Member – Parent	418-773-2263/2173 <a href="mailto:jess_kaylie@hotmail.com">jess_kaylie@hotmail.com</a>
Tara Nadeau	Member – Parent	418-773-2640 (W) 418-773-2470 (H)
Marie McKinnon	Member- Parent	418-773-2212 (W) 418-773-2528 (H)
Fay Collier	Resource person	418-773-2500 ext 1

## Annexes II

### WEEK 1 – Camp Kickoff!!

Hour	Monday	Tuesday	Wednesday	Thursday	Friday
8:30	Morning Song	Morning Song	Morning Song	Morning Song	Morning Song
9:00	Physical Activity	Physical Activity	Physical Activity	Physical Activity	Physical Activity
10:30	Snack	Snack	Snack	Snack	Snack
11:00	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Crafts	Crafts	Crafts	Crafts	Crafts
3:30	Snack	Snack	Snack	Snack	Snack
4:00	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring
4:30	Clean Up	Clean Up	Clean Up	Clean Up	Clean Up
5:00	Dismissed	Dismissed	Dismissed	Dismissed	Dismissed

WEEK 2 – Outdoor Explorers!

Hour	Monday	Tuesday	Wednesday	Thursday	Friday
8:30	Morning Song	Morning Song	Morning Song	Morning Song	Morning Song
9:00	Physical Activity	Physical Activity	Physical Activity	Physical Activity	Physical Activity
10:30	Snack	Snack	Snack	Snack	Snack
11:00	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Crafts	Crafts	Crafts	Crafts	Crafts
3:30	Snack	Snack	Snack	Snack	Snack
4:00	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring
4:30	Clean Up	Clean Up	Clean Up	Clean Up	Clean Up
5:00	Dismissed	Dismissed	Dismissed	Dismissed	Dismissed

WEEK 3 – Lets all Move!

Hour	Monday	Tuesday	Wednesday	Thursday	Friday
8:30	Morning Song	Morning Song	Morning Song	Morning Song	Morning Song
9:00	Physical Activity	Physical Activity	Physical Activity	Physical Activity	Physical Activity
10:30	Snack	Snack	Snack	Snack	Snack
11:00	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Crafts	Crafts	Crafts	Crafts	Crafts
3:30	Snack	Snack	Snack	Snack	Snack
4:00	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring
4:30	Clean Up	Clean Up	Clean Up	Clean Up	Clean Up
5:00	Dismissed	Dismissed	Dismissed	Dismissed	Dismissed



WEEK 4 – Our Earth – Going Green!

Hour	Monday	Tuesday	Wednesday	Thursday	Friday
8:30	Morning Song	Morning Song	Morning Song	Morning Song	Morning Song
9:00	Physical Activity	Physical Activity	Physical Activity	Physical Activity	Physical Activity
10:30	Snack	Snack	Snack	Snack	Snack
11:00	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Crafts	Crafts	Crafts	Crafts	Crafts
3:30	Snack	Snack	Snack	Snack	Snack
4:00	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring
4:30	Clean Up	Clean Up	Clean Up	Clean Up	Clean Up
5:00	Dismissed	Dismissed	Dismissed	Dismissed	Dismissed

WEEK 5 – Local Ocean Wonders!

Hour	Monday	Tuesday	Wednesday	Thursday	Friday
8:30	Morning Song	Morning Song	Morning Song	Morning Song	Morning Song
9:00	Physical Activity	Physical Activity	Physical Activity	Physical Activity	Physical Activity
10:30	Snack	Snack	Snack	Snack	Snack
11:00	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Crafts	Crafts	Crafts	Crafts	Crafts
3:30	Snack	Snack	Snack	Snack	Snack
4:00	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring
4:30	Clean Up	Clean Up	Clean Up	Clean Up	Clean Up
5:00	Dismissed	Dismissed	Dismissed	Dismissed	Dismissed

WEEK 6 – Food Frenzy!

Hour	Monday	Tuesday	Wednesday	Thursday	Friday
8:30	Morning Song	Morning Song	Morning Song	Morning Song	Morning Song
9:00	Physical Activity	Physical Activity	Physical Activity	Physical Activity	Physical Activity
10:30	Snack	Snack	Snack	Snack	Snack
11:00	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Crafts	Crafts	Crafts	Crafts	Crafts
3:30	Snack	Snack	Snack	Snack	Snack
4:00	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring
4:30	Clean Up	Clean Up	Clean Up	Clean Up	Clean Up
5:00	Dismissed	Dismissed	Dismissed	Dismissed	Dismissed

WEEK 7 – Space is the Place!

Hour	Monday	Tuesday	Wednesday	Thursday	Friday
8:30	Morning Song	Morning Song	Morning Song	Morning Song	Morning Song
9:00	Physical Activity	Physical Activity	Physical Activity	Physical Activity	Physical Activity
10:30	Snack	Snack	Snack	Snack	Snack
11:00	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring	Activity Sheets/Coloring
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Crafts	Crafts	Crafts	Crafts	Crafts
3:30	Snack	Snack	Snack	Snack	Snack
4:00	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring	Reading/Coloring
4:30	Clean Up	Clean Up	Clean Up	Clean Up	Clean Up
5:00	Dismissed	Dismissed	Dismissed	Dismissed	Dismissed