



Building Sustainable Community Health Development

HSSNPI Program

Coasters Association

**The Lower North Shore Coalition for Health
(LNSCH)**

**Community Learning Center's (St. Paul's
River, La Tabatiere, Chevery)**



The First Step

- ❑ To assimilate the Community Health Profiles
 - ❑ The Lower North Shore Coalition For Health (Coasters Association, Centre de Sante Services Sociaux, Commission Scolaire du Littoral, Council of Mayors (MRC), Quebec Labrador Foundation, Community Employability Development Economic Committee, Surete du Quebec, and Local Development Center) put all their data together
 - ❑ Gaps in data had to be determined
 - ❑ Find means of obtaining data
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Community Health Profiles

- The purpose of these Community Health Profiles is to lay the groundwork for the development of Community Health Plans. A profile provides a snapshot of the health of the population living within the LNS area and will present opportunities for local residents, community leaders and health care providers to effectively work together to improve the overall health of the community. The profile is compiled from provincial, regional and local data sources and acts as an information tool to assist with the planning and development of community health plans.
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The Building of the Community Health profiles (Defining the Health Determinants)

- ❑ **Income and Social Status-Per Capita Earning, Poverty status**
 - ❑ **Social Support Networks-Regional Organizations, Mandates, services, and orientation priorities of the regional organizations, Needs and solutions/ recommendations of regional organizations, Local Organizations, Needs and solutions/ recommendations of local organizations, Population Asset Survey's**
 - ❑ **Social Environment- activities that take place within a community**
 - ❑ **Education-Education Attained, School Demographics, Drop- Out rate**
 - ❑ **Employment and Working Conditions-Unemployment rate, welfare rate, types of employment**
 - ❑ **Physical Environment-Safety and security, Transportation, Housing, Water Quality, Waste management**
 - ❑ **Gender -Female Population, Male Population**
 - ❑ **Personal Health Practices**
 - ❑ **Healthy Child Development**
 - ❑ **Biology & Genetic Endowment**
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Establishing Priorities

- After communities look at their Community Health profiles they will determine priorities areas that they want to address
 - From these established priorities the Community Health Plan will be created
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The Community Health Plan

- **A Community Health Plan** is a report about the community that describes the health of the people in the community, the conditions in which they live and the resources available that can be used to improve health. Community health planning is ongoing. It identifies the community's health issues and outlines ideas and strategies which, when put in place, will work toward improving the overall health of the community.
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The Community Health Plan

- The Plan will give partners/community a path and possible solutions
 - Who are we, and who is in charge of certain initiatives undertaken ?
 - What are we doing to improve H & SS ?
 - When will activities take place ?
 - Where are we going, and where will initiatives take place ?
 - Why are we here and, why are we undertaking certain activities ?
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The Strength of Partnerships

- By working together we can put an end to repetition
 - We share expertise, talents and resources
 - Always remember that “Alone we move faster but together we move further”
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Ensuring Sustainability

- Long Term Outcomes
 - Funding of activity
 - Action Plans
 - Strategies to secure funding
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The Experience

- Creating the community health profile is very challenging
 - Every Community is different and a different approach has to be taken in each
 - Duplication is always a fear but by opening the lines of communication between organizations and institutions this can be surmounted
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