ndoned achy afraid agitated agony alon-C. L. P crying defeated defensive dejected demoral desolate despair desperate despondent dev discontented disheartened dismal distract distraught distressed doomed dre edgy emotional empty excluded exposed fatalistic forlorn f oomy grzuchy helpless hop less hurt inconsolable injured insecure irratio irritable isolated oing sorrowful uicidal tearful touchy trapped unhinged unpredictable up wailing weak weepy withdrawn. nded wretched abandoned achv af ruish antisocial anxious breakdown bri broken catatonic consumed crisis crushed crying defeated defensive dejected demora desolate despair desperate despondent dev discontented disheartened dismal distrac distraug BY SOMEONE WHO DOES NOT KNOW dful dre **HOW TO WRITE A POEM** exposed fatalistic forlorn fragile freaking

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Maybe

I was prepared to swallow the pain which choked me with every recollection of his trusted hands making me regret my naivety. But private shame wasn't enough for him, he needed to be the victim.

He wanted pitchforks pointed towards me ensuring I was lacerated to his satisfaction. The uninspired insults stung as they were sung through 'virtue' but no one ever came close to hating me more than I hated myself.

Vandalism always starts a chain reaction, a tirade of degradation which leads to further deterioration.

He left graffiti all over me and made me a target for the repeat strikes.

I fought my corner alone, no one else dared to stand in the trajectory of the retribution, which was so blindly shot I took each bullet on the chin until my reflection disgusted me.

Mentally disfigured by hate, I found a way out, never let it be said that suicide is easy.

There were no other means to resolution which could make the hate stop which make the worthlessness dissipate which could dampen the burning feeling that I'm a burden...

Thousands of pills jaggedly slid down my throat before I realized,

I wasn't done with the world, I was done with my old life as a victim.

I don't know what my finish line looks like, but I do know the past will dictate my future, I'll use it to find a purpose for existing, I know how it feels to lose it all, I can survive it again if I need to,

but maybe, just maybe, I'll know how it feels to call my body a temple.

This is Just to Say

I f**** the person That you loved since The beginning

And which you were probably Hoping Would be yours

Forgive me They were delicious So sweet And so cold

Monster

A product of science
Technological reconstruction
Flesh torn apart and sewn together once more

Unnatural, Vile Less than fully human

The means of the monster's embodiment Seemingly justify exclusion from the world

Despair will not Repair the damage The loss of hope Becomes a self-fulfilling sentence

Rage. Rage. Rage.

Deep and abiding rage Fuels change

Direct your rage against The conditions Under which you struggle

The conditions
That oppress
And depress
And distress
Nonetheless
I digress
I implore you to reassess

All that you've been told

For the fire which you've been made to fear By those who corner you and reproach you for being vulnerable to the torches Is your greatest asset, fellow creature of the forbidden fruit

Let the fire nourish your rage
Let your rage nourish you
Let your nourished soul inform your actions
Let your actions transform you as you reconstruct
the world

Shower Thoughts

I wonder why You don't become a carrot After you eat an orange

I wonder why
I cannot taste colour
After gazing upon the brightest of hues

I wonder why Thoughts such as these Are seen as a waste of time

I wonder why
The mind running wild
Is almost considered a crime

The way I see it Imagination is sublime

Excuse Me, Sir

Do you have the time?

What a silly question Kind stranger

If only I did

The wild possibilities
And endless opportunities
If only I could control

The merciless beast Known as time

What I Learned in Math Class

Humans are terribly Horribly Wildly Uncontrollably obsessed With gaining control

Life is irrational
A never-ending stream
Overflowing with data
We are not meant to understand

Yet we do not stop
As the universe screams, begging, pleading
We reply oh so flippantly
With self-justifying madness that
Consumes
And destroys

Perhaps the future Is not as bleak

Perhaps the next humans
Will see
That its okay to be free
To not know everything
That somethings simply aren't meant to make sense

Doubtful.
Unlikely.
What a ridiculous dream.

We are taught from the beginning To act as though we inherently own existence itself

I'm quite sure this is not what the Teacher meant When they told me To explain the first chapter

How fitting
That it was the first chapter

More I Learned in Math Class

Free will is a lie
All must abide by
Often arbitrary rules
Should we wish to survive

Swan dive Into the cold embrace Take five in the web Of the puppet master's strings

Consensus reality Is the only truth Knowledge detached From human nature

We do not control the future Nor the past Nor the present

We simply accept
The perceived world forced upon us

For after all, How does one prove an objective existence When the mind is but another resource Cultivated and farmed

Self-awareness isn't useful on tests, anyway.

Alphabet Soup

A geless

B romidic

C alculating

D rama

E vanescent

F abrication

G hostly

H unger

The rest of the letters
Are too soggy
To make out

I would grab another can
But I can't afford to waste food
And I wouldn't want to eat any if I could

The most creative souls
Always seem to be starving
Out of choice or necessity, how they got there is irrelevant
Regardless
Stomachs rumble as sparks fly

Feather

This way Or That way

Up Or

Down

Left Or Right

One Or The other

Polar opposites Muddle my thoughts Attempting to think With scrambled eggs for a brain

Static noise White and black Feeling dizzy Make it stop

Why can't I make a decision?

Everything is so uncertain No matter what I do

In the end, it doesn't matter

I'll float along Let the wind carry me through

I can't be blamed for it all going wrong If someone else took the first step

Baby Penguin

I am but a chick Aspiring to great heights Wanting to fly high and see the world from a new point of view But destined to a life with my feet on the ground

Reluctant to move
Paralyzed by fear of falling
I am pushed to the edge, never going off

I can learn to glide
Along the dull icy landscape
But it will never amount
To what my heart truly yearns for

If only I were a Spix's Macaw Like the handsome gentleman from Rio Flying off into the sunset with a beloved Into the welcoming arms of the end

Mother

Mutilator of souls
Parasitic disease
I have cured myself of your plague
But the pestilence withers away at my heart
forevermore

Your infection spread
To the one you were supposed to protect
A defenceless child
Was the subject of your fiery wrath

If gaining joy from your suffering Makes me evil I'll gladly take the chance That Hell is real

I welcome the flames if it is Enjoying your pain Is worth a thousand lifetimes of torture

May you experience the same Ugly wrath You imposed upon your own child

Nap Time

Living in a fantasy Burying reality Running from life Hurts less than facing it

Emotions overwhelm
A creature accustomed to numbness

It's hard to have insecurities
When you're asleep half the day
Unconscious
Unfeeling
Existing in the void, Experiencing nothingness

I'd rather temporarily cease to be Than permanently be stuck with The consequences of my death

I'm too tired to think
I suppose it's that time again

At least sleeping implies A desire to wake up Eventually

Monotonous Life

A broken record Spins round and round Scritchy, Scratchy Scritchy, Scratchy

Repetition drives the mind Insane

A broken record Spins round and round Scritchy, Scratchy Scritchy, Scratchy

Repetition drives the mind Insane

A broken rec--

A crashing sound abruptly Interrupts The vinyl unrecognizable

I'd rather smash the record Than hear it one more time

A Happy Goodbye

Goodbye bittersweet world
I plead for you not to cry
My leaving is not a tragic event
Rather a lucky escape for which I am grateful

The rollercoaster zooms by A gust of wind left in its wake There are highs And there are lows Although no matter what It is destined to end

Why bother riding all the way to the end When for once you can take control In a life where you are otherwise Powerless

Even the good times
Can consume and corrupt
Just as the bad times
Will methodically destroy

I refuse to thank any lucky stars For if they do exist They clearly get off On my distress

I will not allow them the pleasure

Farewell

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