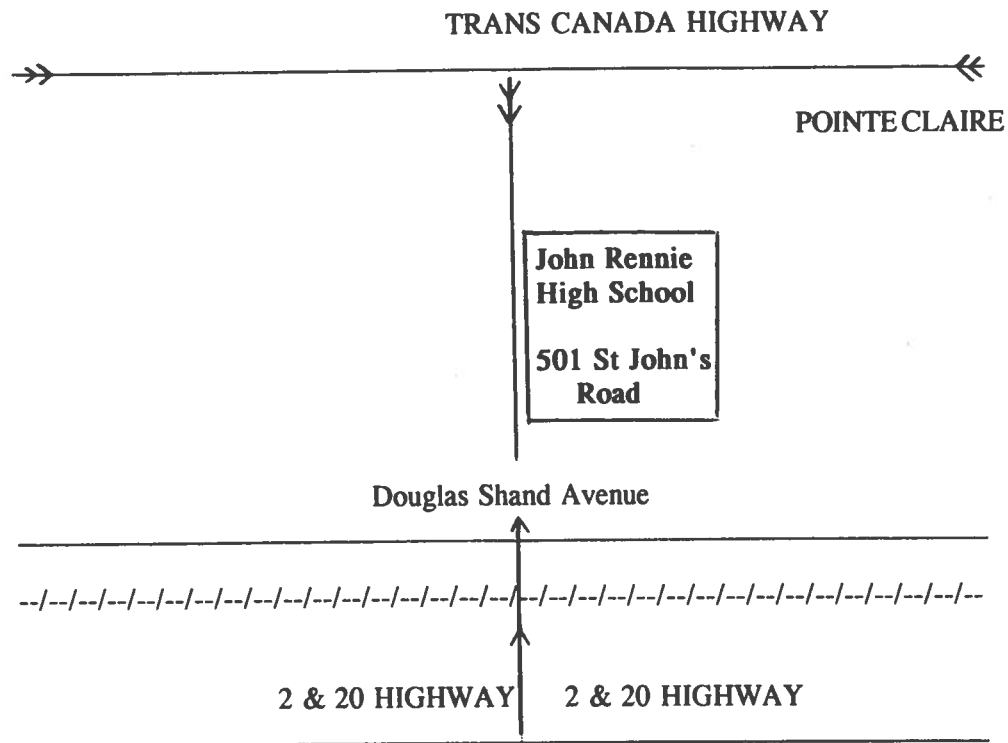


Fairview Shopping Centre

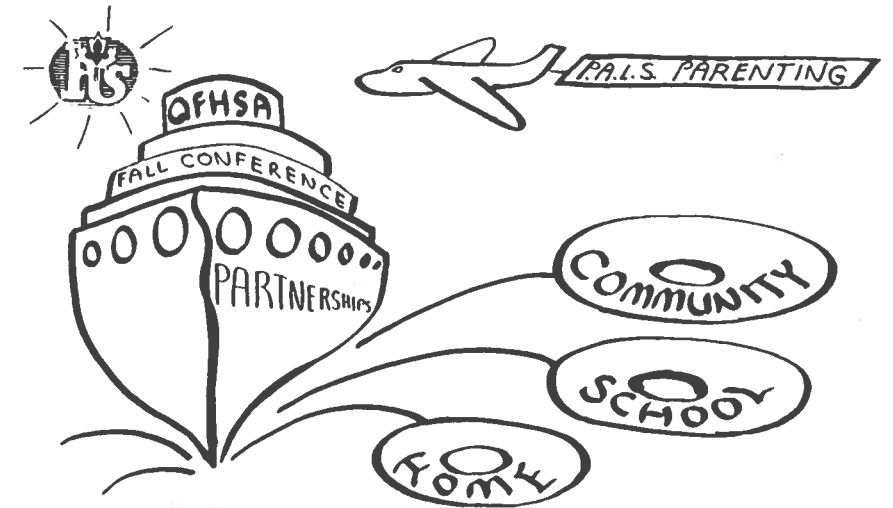
Buses
 202 (or 201) from Fairview both stop at John Rennie HS
 211 from Lionel Groulx (Mtl.) to Dorval, then take 202
 200 from Ste Anne de Bellevue to Fairview, then take 202



Exit from the Trans Canada and drive South along St. John's Road, or exit from the 2 & 20 and drive North up St. John's Road. The high school is on the east side just above the 2 & 20 and the Pte. Claire Shopping Centre. There is lots of parking around the school.

DIRECTIONS TO JOHN RENNIE HIGH SCHOOL, 501 St. John's Road, Pte Claire

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS
 PARTNERSHIPS
 HOME - SCHOOL - COMMUNITY



*** 1995 FALL CONFERENCE ***

Saturday, October 21st, 1995
 from 8:00 a.m. - 3:00 p.m.

at

John Rennie High School
 501 St. John's Road
 Pointe Claire

PLEASE invite your parents, School Committee members, teachers, administrators, school board members and community leaders to attend.

In order to provide adequate space for workshops and the luncheon, **PLEASE REGISTER AS SOON AS POSSIBLE.**

For further information, please call the QFHSA office (514) 481-5619 or write QFHSA, 3285 Cavendish Blvd., Ste. 562, Montreal, H4B 2L9.

EVERYONE IS WELCOME

QUEBEC FEDERATION OF HOME & SCHOOL ASSOCIATIONS

1995

FALL CONFERENCE PROGRAM

PARTNERSHIPS: HOME - SCHOOL - COMMUNITY

Saturday
October 21

- 8:00 - 8:45 REGISTRATION and DISPLAYS (coffee/juice available)
8:45 - 9:00 PRESIDENT'S OPENING REMARKS
9:00 - 10:00 PLENARY: "Who Will be Responsible for Value Formation in Today's Teens?"

In our community we hear many voices which deny, abdicate or defer responsibility for value formation in today's teenagers. Should we then be surprised when "Me" rather than "Right" becomes the overarching social ethic? But - as parents, teachers and pastors - what can we do?

Reverend Lorne Tardy - born and raised in Montreal and educated at McGill University. Rev. Tardy has served in inner city and suburban parishes and is presently the Pastor of St. Mary's Anglican Church in Kirkland. He is currently writing a book with a working title of "Now What Do We Do?". In the aftermath of the murders of Frank and Jocelyn Toope, the book will explore a basis for ethical decision making in a society where the prime moral value is expediency.

10:00 - 10:30 NUTRITION BREAK - time to visit the displays and to find out what's new in the field of education and fund raising.

10:30 - 12:00 **SESSION I WORKSHOPS**

1) PALS - Parent/Child Communication

This workshop will help parents to recognize the principles and misconceptions of communication and how, through active listening, to understand the role of effective parent-child communication on learning and schooling.

Workshop leaders - Nancy Peppy & Charlotte Taylor are from Aylmer. Nancy sits on the Education Committee of the Western Quebec School Board; Charlotte's background is in health care - she is a PAL's trainer and also volunteers at a crisis centre.

2) PALS/COPAIN - Développer l'estime de soi [Self Esteem]

Comprendront l'importance de l'estime de soi dans leur vie et dans celle de leurs enfants. Connaîtront les liens entre une bonne estime de soi et la réussite personnelle, scolaire et professionnelle. Connaîtront diverses stratégies possibles en vue d'améliorer l'estime de soi de leurs enfants.

Workshop leader - Jocelyne Godard-Pickler has trained as a PALS/COPAIN facilitator in both official languages.

3) The High School - Why Get Involved?

Finally! Your children have graduated from elementary school and YOU can sit back and relax. After all, your child is in high school now. So why get involved? What can you possibly contribute to the high school? Don't underestimate yourself and don't let go. Learn the importance of parental involvement in high school.

Workshop leader - Richard Meades, past Principal of Westmount High School (7 years). 1993 winner of the Reader's Digest award for Leadership in Education.

4) PALS Facilitators' workshop

This workshop is for "trained" PALS [Parents Assist Learning and Schooling] facilitators. What has happened since your training? Are parents demanding more, more, more? Do you have ideas on how to improve the workshops, or have you found additional resources you'd like to share with others? Come and talk shop with your PALS!

Workshop leader - Anna Marrett, PALS "master" trainer.

12:00 - 1:00 LUNCH (included in registration) and chance to visit the DISPLAYS.

1:15 - 2:45 **SESSION II WORKSHOPS**

5) LOVE - Leave Out Violence / L'Omission de la Violence

The objectives of Leave Out Violence are to serve as a catalyst and conduit for human resources, to fund and create programs dealing with youth and violence, and prevention through education, awareness and support programs. They will show ways to lessen the impact of media violence on our children in our homes, schools and neighbourhoods.

Workshop leaders - Twinkle Rudberg & Georgina Saba-Hanash. Twinkle is the founder of LOVE and Georgina is their Media Violence Chairperson. Handouts will be available.

6) Peer Mediation

Peer mediation is a strategy used to help children deal with conflicts. Mediators act as facilitators, assisting their peers toward a meaningful resolution. A group of peer mediators will assist in the workshop.

Workshop leader - Diana Jackson, a teacher at Edgewater Elementary School in the Lakeshore School Board.

7) "Just Say No" - is it really enough?

"Just Say NO" hasn't worked with regard to the gateway drugs - alcohol, marijuana, tobacco and solvents. We have to give our children tools to help them stand up to peer pressure. What are the factors that make some youth particularly 'high risk'? Why school age youth experiment; recognizing symptoms of drug use; what YOU can do; what are the community resources. There will be an opportunity for discussion.

Workshop leader - Susan Cummings trained as a Chemical Dependency Counsellor in the U.S. and has years of experience in the field of addictions.

3:00 **SPECIAL DRAW** - An evaluation sheet will be drawn for a book for your school.

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS
FALL CONFERENCE - SATURDAY, OCTOBER 21, 1995

REGISTRATION FORM

Registration Fee: \$15.00 per delegate (includes lunch, nutrition breaks, kits and workshop materials)

Registration DEADLINE: Monday, October 16th.

Enclose cheque, with Registration Form, made payable to QFHSA, 3285 Cavendish Blvd., Suite 562, Montreal, H4B 2L9. (Tel. 514-481-5619)

Please fill in one registration form for each person attending.

School Name (if applicable): _____

Delegate's Name: _____

Indicate workshop you wish to attend in each session.

Session I _____ Session II _____

9:00 - 10:00 Plenary Session _____

10:30 - 12:00 Session I Workshops _____

- 1) PALS - Communicating
- 2) PALS - l'Estime de soi
- 3) High School and Parents
- 4) PALS - facilitators' w'shop

12:00 - 1:00 LUNCH (please indicate if you are staying) _____

1:15 - 2:45 Session II Workshops _____

- 5) LOVE [Leave Out Violence]
- 6) Peer Mediation
- 7) "Just Say No" [drugs]

QUEBEC FEDERATION OF HOME & SCHOOL ASSOCIATIONS

FALL CONFERENCE 1995

ORDER FORM FOR ACCOMMODATIONS - DEADLINE OCTOBER 16th

Mail to: Q.F.H.S.A.
3285 Cavendish Blvd., Suite 562
Montreal, Quebec. H4B 2L9

Name of Delegate: _____

Name of Association: _____

Need accommodation for Friday evening, Oct 20 _____

Need accommodation for Saturday evening, Oct 21 _____

Accommodations for out-of-town delegates will be made at a Home & Schooler's home. If you wish to be billeted with a particular friend please indicate that to us.

If you are not willing to be billeted, we will gladly make a motel accommodation for you, but the cost for this must be borne by you, or your Home & School Association. Motels are approx. \$75/night for double occupancy.

For the Fall Conference, if we do use a motel, it will likely be:
Dorval Travel Lodge (formerly Beausejour) (Tel. 514-631-4537)
1010 Herron Road, Dorval, Quebec H9S 1B3

The Dorval Travel Lodge is just south of the 2 & 20 Highway in Dorval. The Herron Road address is the service road that runs parallel to the highway. The 2 & 20 is a main east/west highway through Montreal and Dorval is just outside Montreal proper, going west. This hotel is beside the Dorval Shopping Center; it is also close to where we are holding the conference and it should be possible to pick you up there Saturday morning.

GUIDELINES re allowable expenses are on the reverse side.

(File: Conferen\FC\Accom)

**CONFERENCE GUIDELINES
FOR OUT OF TOWN (DELEGATE) EXPENSES**

TRAVEL

Either car/bus/air/train - depending on distance and cost factor(s), with receipts*.

Car: We allow 12¢/km within 100 km radius of Montreal.
Beyond 100 km radius, actual gas bills, with receipts*.

Local Ground Transportation: \$20. maximum with receipts* (ex. if a taxi is necessary to/from a terminus).

Air: Air travel must be cleared by office beforehand.

Train: Economy sleeping arrangements (e.g. berth).

ACCOMMODATION

We will arrange to billet you with some friendly Home & Schoolers. Advantage of staying in a Home & Schooler's home is that they will arrange for you to get to the conference site.

MEALS

Daily allowance, while travelling, \$25./day **maximum**, with receipts*. (We are estimating \$5. for breakfast, \$5-\$8 for lunch; \$10-\$15 for dinner. Wine and alcoholic beverages excluded.)

Scheduled meals at QFHSA conferences are at your expense, as per prices marked on registration form. We recommend that local Home & School Associations budget to pay all, or major portion, of these meal costs, on behalf of their delegates.

BABY SITTING

These expenses are not covered by QFHSA; we suggest that local associations assist their delegates.

*** RECEIPTS** - Sorry, no reimbursements without receipts.

If you have any questions, call the H&S office at (514) 481-5619. You may call collect if you wish.

(File: Conferen\FC\DelGuide)