
Y4Y Québec's February 2021 Newsletter



Maria—We hope this Newsletter finds you well in these strange times!

Here are our latest updates of what is coming up with Y4Y and what we have been up to this past month.

Upcoming Events



Priority-Setting Summit Project (PSSP)

March 20, 2021 at 10 am - March 21, 2021

The PSSP aims to provide Québec's English-speaking youth with a platform to articulate their community's needs. The project's flagship events include a virtual two-day Priority-Setting Summit first in March 2021, and a second one in Québec City the following year.

Activities include training workshops addressing youth leadership, a virtual tour of Parliament, inspiring guest speakers, and more! To find out more, visit [the PSSP page](#) or register [here](#).



Let's Talk about Mental Health & Well-being—

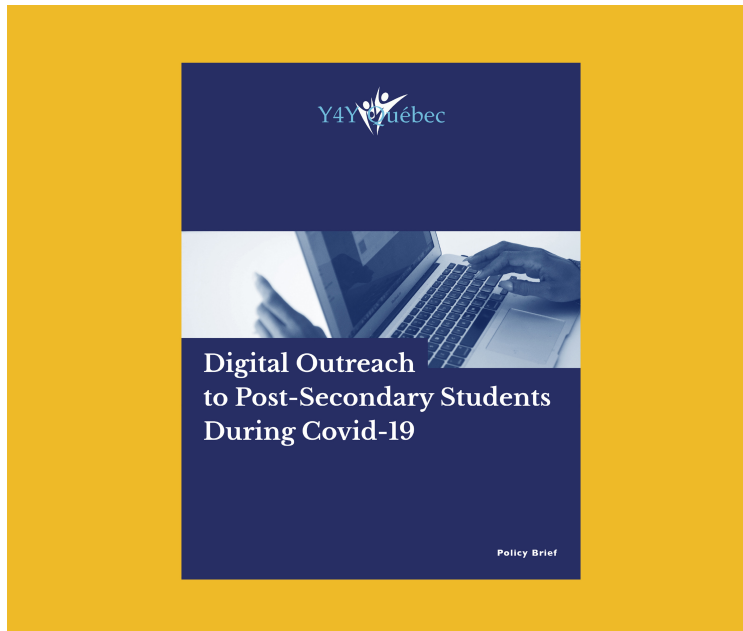
4th Annual Youth Forum

March 27, 2021 at 10 am - 5 pm

The 4th Annual Youth Forum will explore multiple themes around mental health and well-being including building resilience, managing life in lockdown and breaking down stigmas.

There will be workshops and presentations. More information will come soon. To stay tuned follow us on [Facebook](#), [Instagram](#), and [Twitter](#). You can also already sign up [here](#).

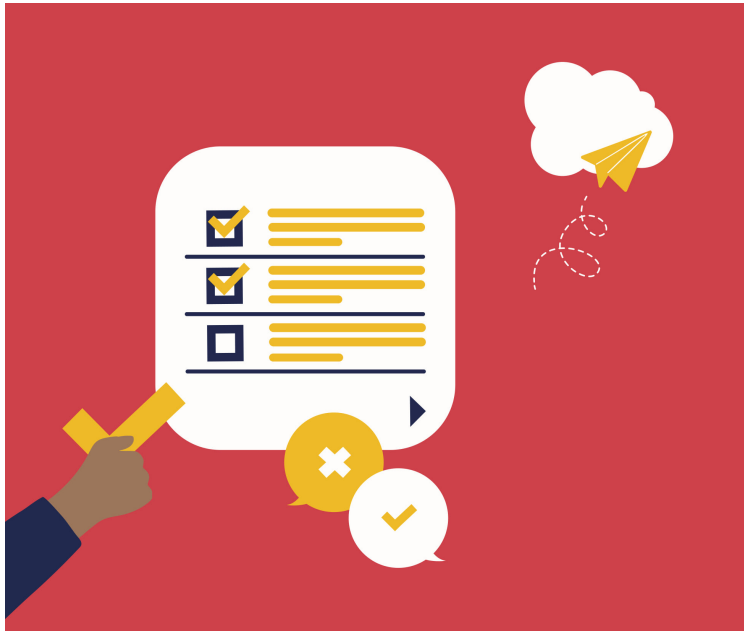
Publication



Digital Outreach to Post-Secondary Students During Covid-19

This policy brief examines the challenges that have stemmed from the rapid transition from in class learning to online learning during the pandemic. The brief explores the various barriers influencing the effectiveness of digital outreach/online learning such as mental health, accessibility and financial strains. Based on this exploration, several suggestions are made of ways to maintain youth engagement, as well as how to ensure that the systems in place are being considerate of youth welfare. [Read this policy brief.](#)

Survey



Survey on Government Response & Post-Secondary Students

Mental health in times of COVID-19—

How are you coping?

We want to hear about your current experience as a post-secondary student during this pandemic. This survey will guide us to know how we can better support you. To access the survey, [click here](#).

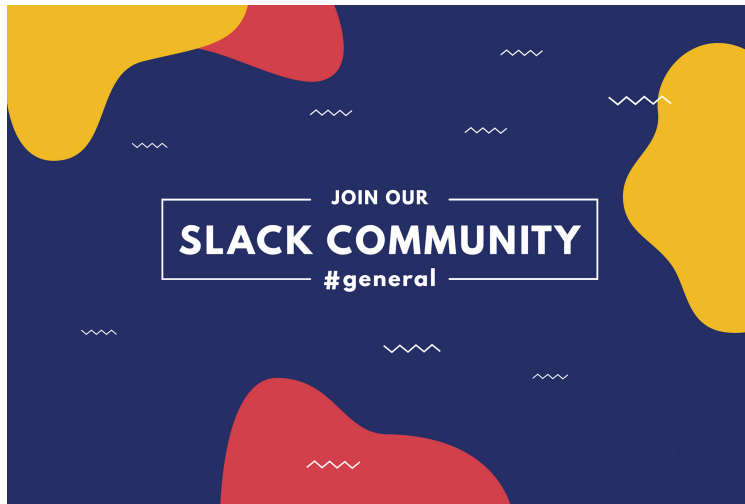
Volunteer Program



We are currently looking for volunteer non-board chairpersons.

As a non-profit, Y4Y relies heavily on volunteers to work along the staff and board members. We have 4 volunteer-led committees: Policy Committee, Regional Table Committee, Arts & Culture Committee and a Fundraising & Membership Committee. To find out more about our committees, visit [our committees' page](#). 3 of our committees are currently looking for a volunteer non-board member chairperson. Interested in volunteering with you? Visit [our volunteer page](#).

Slack Community



Want to join the conversation with your peers from across Québec?

To directly stay in touch with us, our latest updates, and some more interesting content with further discussions, click [here](#) to sign up for Y4Y's Slack channel.

Past Events



Open Discussion: Youth and Mental Health amidst COVID-19

February 4, 2021

Y4Y held an open discussion consultation for youth to express their concerns, struggles, and experiences as post-secondary students during COVID-19. We wanted to hear about

how the ongoing pandemic has affected youth and exposed key issues facing them during this pandemic. We would like to thank the youth, who joined, and **Mr. Gregory Kelley**, **Mrs. Marwah Rizqy**, and **Mr. Christopher Skeete**, the MNAs, who participated in this constructive discussion!



You are Here Project events:

Lower North Shore Virtual Bannock Bake

January 26, 2021

Kahoot Night in the Gaspé

January 27, 2021

Montréal & Québec City's Open Mic Night

January 28, 2021

The Eastern Township's Scavenger Hunt

February 4, 2021

Outaouais' Community & Trivia Night

February 6, 2021

Thank you, once again, and from the entire Y4Y Team, stay safe.

Ça va bien aller.

Madeleine Lawler / President

Kathleen Mulawka / Executive Director

Y4Y Québec is funded by the governments of Québec and Canada.



Y4Y Quebec

<http://join.y4yquebec.org/>

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