



RESOURCE GUIDE

For parents of children with
special needs

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INTRODUCTION



At ARC, we understand that raising a family is challenging and that it can be difficult to navigate an often complex network of health and social services, especially when your child has needs that require specialized care. In fact, it can be completely overwhelming.

We have prepared this reference guide to help orient you to services in English right here in the Montérégie and beyond. This is by no means an exhaustive reference and our work is not done. We invite you to be a partner – during your journey you'll inevitably discover new resources and services that can help our knowledge to grow. This guide will be updated regularly, therefore, if you find useful information or note any changes or errors then we look forward to hearing from you. Let's work together!

We dedicate this to all parents of children with special needs and unique abilities – our hope is that the information in this booklet will empower you to be even stronger advocates for your kids and for yourselves.

From the ARC family to your family, the work that YOU do is inspiring to us!

It's about partnerships!

We'd like to extend a very special thank you to the organizations that have done painstaking work and research to develop a thorough resource reference in the area of special needs.

These include REISA (Le Réseau de l'Est de l'Île pour les services en anglais), the CISSS Montérégie-Centre special needs team and AGAPE (Laval). Their work and the guides they produced provided invaluable assistance in the development of the ARC Resource Guide for Parents of Special Needs Children.

FRENCH ACRONYMS & TERMS



a sample of some you may encounter along the way...

DI

Déficience Intellectuelle
Intellectual Disability

DPI

Déficience Physique
Physical Disability

CISSS

**Centre Intègre des Services
Sociaux et de la Santé**
Integrated health and social services
centres that ensure quality and
continuity of care for people in their
territory

CRDI

**Centre de Réadaptation en
Déficienc**e Intellectuelle
Centres that provide specialized
adaptative, rehabilitative and social
integration services for people with
intellectual disabilities

GAMF

**Guichet d'accès à un médecin de
famille**
Quebec family doctor finder - online
system to register to be assigned a
family physician in your territory

TSA

Troubles Spectrum Autisme
Autism Spectrum Disorder – ASD

CLSC

**Centre Local de Services
Communautaires**
Local community health and
social services centres

CIUSSS

**Centre Intègre Universitaire des
Services Sociaux et de la Santé**
See CISSS - integrated health and
social services in a territory that has a
university medical program or
designated university medical centre

TED

**Trouble Envahissant du
Développement**
Commonly referred to in English as
Pervasive Development Disorder (see
also Pervasive Developmental Delay)

PEI

Plan d'enseignement individualisé
IEP (individualized educational plan),
adapted interventions at school to
foster success at school for children
with disabilities

Federal/Provincial Government Services and Information Centres for Intellectual Disabilities, Autism Spectrum Disorders and Physical Disabilities



Autism Canada

A Canada-Wide organization which provides services such as a family support advocate, medical alert for individuals with ASD, conferences, information, a specialized search & rescue program for those with ASD and more.

140 Yonge Street, Suite 200, Toronto, ON M5C 1X6

Telephone: (647) 362-5610

Toll-Free: 1 (800) 983-1795

Email: info@autismcanada.org

Website: autismcanada.org

Autism Speaks Canada

A Canada-U.S. organization that provides an autism response team to inform people about tools and resources, grants for research and programs, training for caregivers, employment services for young adults and more.

Autism Response Team

Telephone: 1 (888) 362-6227

Email: support@autismspeaks.ca

Website: autismspeaks.ca/autism-response-team-art

Employment Works (young adults with ASD)

Telephone: 1 (888) 733-7976

Email: info@employment-works.ca

Website: employment-works.ca

Canada Revenue Agency Child Disability Benefit (CDB)

Tax-free benefit for families who care for a child under age 18 who is eligible for the disability tax credit, under the condition that a medical practitioner certifies that the child has a severe and prolonged impairment in physical or mental functions.

Toll-free number: 1-800-387-1193

Website: canada.ca/en/revenue-agency/services/child-family-benefits/child-disability-benefit

Canada Disability Tax Credit (DTC)

Non-refundable tax credit (RC4064) that helps persons with disabilities or their supporting persons reduce the amount of income tax they may have to pay.

Toll-free number: 1-800-959-8281

Website: canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit

Employment Insurance (EI) Compassionate Care Benefits

Employment Insurance (EI) benefits paid to qualified individuals who have to be away from work temporarily to provide care or support to a family member who is gravely ill or injured, for a maximum of 35 weeks depending on the situation. Applicants are encouraged to use the online application process.

Toll-free number: 1 (800) 206-7218

Website: canada.ca/en/services/benefits/ei/caregiving

Quebec Supplement for Handicapped Children

Regardless of family income or type of handicap, financial assistance is offered for families to help with the care and education of a child with a handicap.

Telephone: (514) 864-3873

Toll-free number: 1 (800) 667-9625

Website: rrq.gouv.qc.ca/en/programmes/soutien_enfants/supplement/Pages/supplement

Retraite Québec Child Assistance Payment

Financial assistance is paid to all eligible families with one or more dependent children under the age of 18 living with them; the amount varies from one family to another.

Telephone: (514) 864-3873

Toll-free number: 1 (800) 667-9625

Website: rrq.gouv.qc.ca/en/programmes/soutien_enfants/paiement/Pages/paiement

Revenu Québec

Tax credits and benefits are offered to individuals with a disability. Below is a link to a PDF that provides information about the tax benefits associated with an impairment or a disability.

Telephone: (514) 864-6299

Toll-free number: 1 (800) 267-6299

Website: www.revenuquebec.ca/en/citizens/tax-credits/#!/filter?categories=3490

Federation Quebecoise de l'Autisme (FQA)

Brings together organizations and groups who serve and advocate for the Autism community. The website has many resources and listings of services in various regions, mostly in French, but English documents and organizations are available with some searching.

3396 Jean-Talon St. E., Montreal, QC H2A 1W8

Telephone: (514) 270-7386 or 1 (888) 830-2833

Website: autism.qc.ca

L'Office des personnes handicapées du Québec

The office is a public agency that aims to support the public participation of people with disabilities in Quebec. They do this by carrying out research, sharing with organizations government policy and initiatives that could affect people with disabilities, collaborating with other entities that serve them and providing direct services such as free guides and information. The website is mainly in French, however, there is a documentation centre which has valuable literature to help and support persons with disabilities and their families.

309 Brock St., Drummondville, QC J2B 1C5

Telephone: 1 800 567-1465

Website: ophq.gouv.qc.ca/publications/publications-in-english.html

Quebec Intellectual Disability Society

Advocates for and provides information about those experiencing intellectual disabilities in Quebec Society. The website is bilingual and some resources are as well, but many are available in French only.

3958 Dandurand St., Montreal, QC H1X 1P7

Telephone: (514) 725-2387

Email: info@sqdi.ca

Website: www.sqdi.ca

CLSC/ CISSS Services



Specialized services for intellectual disabilities and autism spectrum disorders (ASD) are the services for the person experiencing the disability as well as their family and integrates rehabilitative, adaptive, social integrative, support and assistance services. This program in the Montérégie is administered by the Montérégie-East territory, but the route of access is through the local CLSC.

All of these CLSCs offer early childhood development, mental health and psychosocial services. Contact the one closest to you.

If they determine your child needs further assessment, they will refer you to the specialized services.

CLSC of Montérégie-Centre

CLSC Samuel-de-Champlain
5811 Taschereau Blvd., #100
Brossard, QC J4Z 1A5
Telephone: (450) 445-4452

Website: santemonteregie.qc.ca/installations/clsc-samuel-de-champlain

CLSC du Richelieu

300 Marieville St.
Richelieu, QC J3L 3V8
Telephone: (450) 658-7561

Website: www.santemonteregie.qc.ca/en/installations/clsc-du-richelieu

CLSC Saint-Hubert

6800 Cousineau Blvd.
Saint-Hubert, QC J3Y 8Z4
Telephone (450) 443-7400

Website: santemonteregie.qc.ca/en/installations/clsc-saint-hubert

TRANSPORTATION



Disabled Parking Permit

Parking permit issued for use by either a vehicle driver or passenger who is disabled.

Société de l'assurance automobile du Québec (SAAQ)

Telephone: 1-800-361-7620

Website: saaq.gouv.qc.ca/en/persons-mobility-impairment/obtaining-disabled-parking-permit

RTL Public Transport (Adapted)

The RTL paratransit service is offered in the following cities, to persons with a significant and persistent disability: Longueuil (Greenfield Park, Saint-Hubert and Vieux-Longueuil), Boucherville, Brossard, Saint Bruno-de-Montarville and Saint-Lambert. The service enables you to travel throughout the Réseau de Transport Métropolitain (RTM) territory. Reservation deadline for local trips. Metropolitan fares apply. Must meet eligibility criteria. Certain conditions apply.

- 1). Download application from the website:
www.rtl-longueuil.qc.ca/en-CA/paratransit-service/application-and-file-updates
 - a. Complete the form and provide required documents:
 - b. Part 1 — General Information: to be completed by the applicant
 - c. Part 2 — Attestation of Disability: to be completed by health professional depending on diagnosis
- 2). Mail the form to the following address:
 - a. Réseau de transport de Longueuil - Paratransit Eligibility Committee
 - b. 1150 Marie-Victorin Blvd.
 - c. Longueuil, QC J4G 2M4
- 3). Consult website or call for pricing: (450) 670-2992

Service d'accompagnement médical intensif (SAMI)

(Private adapted transport services) – To employ a global approach in tailoring transportation to the needs of users. Low cost (according to income), personalized accompaniment to medical appointments. Accompaniment services for patients of the Charles Lemoyne and Pierre-Boucher Hospitals and all other medical appointments in all the hospitals and clinics of the South Shore, for hemodialysis, oncology, physiotherapy, occupational therapy, etc.

300 Churchill Blvd., Greenfield Park, QC J4V 2N2

Telephone: (450) 465-8582

Email: gdsonix@hotmail.com

Website: fr.cylex-canada.ca/entreprise/service-d%27accompagnement-m%C3%A9dical-intensif--sami--23341026

EXO bus services paratransit Chambly-Richelieu-Carignan - Handi-Bus

In the municipality of Chambly, Richelieu and surrounding areas, you may be eligible for paratransit services for people with disabilities. You must fill out the application which you can find online at the link indicated below.

375 Roland-Therrien Blvd., Suite 520, Longueuil, QC J4H 4A6

Telephone: 1-877-433-4004

Website: exo.quebec/en/trip-planner/bus/CITCRC#TransportAdapte

Ville de St-Jean-sur-Richelieu

By filling out an application (available in English online), a person with disabilities in Saint-Jean and surrounding municipalities can have access to adapted transport which is an accessible small bus which will pick them up. Also, on the regular bus line, all buses in Saint-Jean are wheelchair accessible for those who can travel independently with their wheelchair or walker.

188 Jacques-Cartier St. N., PO Box 1025, St-Jean-sur-Richelieu, QC J3B 7B2

Telephone: (450) 357-2100

Toll Free: 1 (800) 268-7072

Website: sjr.ca/transport-collectif/transport-adapte

Accompanying Card - Bus Carriers Federation

Grants free passage to anyone accompanying a person with a disability, anywhere in the Quebec intercity coach transport network, without extra fees or complicated procedures. The application form is on the website and must be filled out and sent to the address below with all required documents.

5700 Galeries Blvd., Suite 250 Québec, QC G2K 0H5

Telephone: 1-844-476-8181

Website: www.federationautobus.com/en/accompanying-card

RESOURCES FOR PARENTS: CHILDREN/YOUTH/ADULTS



Assessment and Intervention Services

Marie Enfant Rehabilitation Centre - CHU Sainte-Justine

Provides dental services to children with special needs ages 0-18.

3175 Côte Ste-Catherine Road, Room B-5, Montreal, QC H3T1C5

Appointments: (514) 345-4790

Website: www.chusj.org/en/soins-services/S/Soins-dentaires-pour-enfants-handicapes?viewContact=13571

Centre of Dreams and Hopes

A bilingual organization offering low-cost early intervention, occupational therapy, speech therapy and adult education programs to children and adults with cognitive and physical disabilities. The centre also offers day camps, social and sport activities.

12550 Lacordaire Blvd., Montreal North, QC H1G 4L8

Telephone: (514) 327-6667

Website: centreofdreamsandhopes.org

The Abe Goldman Learning and Research Centre

A not-for-profit service which offers early intervention, workshops, and activities for children and adults with special needs. Please note that as this is a “not-for-profit” organization, there are fees attached to the services. They have recently launched a low-cost video consultation and intervention service for parents.

Gold Centre, 5703 Ferrier, Mont-Royal, QC H4P 1N3

Telephone: (514) 345 1300

Fax: 514 345-6904

Email: info@miriamfoundation.ca

Website: www.goldlearningcentre.com

Recreational and Respite Services

Action Intégration en Déficience Intellectuelle (AIDI)

Organization serving people over 21 with an intellectual disability offering recreational activities such as bowling, dances, cooking activities, weekend respite and a supervised residence. As well they offer a day camp for those age 16+ who have a light to medium intellectual disability. The activities take place in English, but the staff are able to communicate in English to a certain extent.

6180 Agathe St., Brossard, QC J4Z 1E1

Telephone: (450) 676-5058

Website: actionintegration.org

Association locale des Personnes Handicapées de Chambly et de la région (ALPHA)

This bilingual organization supports people with intellectual and physical disabilities and/or autism spectrum disorders and ensures that they have access to a wide range of regular and adapted services such as massage therapy, music and pet therapy as well as workshops on various topics.

608 12e Avenue, Richelieu, QC J3L 5J9

Telephone: (450) 658-9869

Website: www.associationalpha.com/accueil

Association des Parents et Handicapés de la Rive Sud Métropolitaine

Offers sports activities, collective kitchen, day camp, etc. to people with intellectual disabilities and autism spectrum disorder over age 18. The activities take place in French; however, they do serve English-speaking families since they have staff that can speak English to the parents if needed.

2545 Delorimier St., Suite 110, Longueuil, QC J4K 3P7

Telephone (450) 674-5224

Fax: (450) 674-8594

Website: www.aphrsm.org

Association de Parents de L'Enfance en Difficulté (APED)

They specialize in working with youth ages 5-21 with intellectual or developmental disabilities as well as attention deficit and mental health issues. They have parent and family activities, weekend respite and day camps. All activities take place in French, but many of the personnel speak some English.

1050 Cure-Poirier West, Longueuil, QC J4K 2E4

Telephone: (450) 679-9310

Email: info@aped.org

Website: www.aped.org

Association Québécoise de Voile Adaptée

This bilingual organization in the West Island, offers adapted sailing opportunities to the physically disabled. A person may have the sailing experience alone or elect to take a course with an experienced instructor. Courses are also offered to children aged 10-18. See the website for schedules and course information.

Admin Office:

525 Dominion St., Suite #202, Montreal, QC H3J 2B4

Telephone: (438) 395-5362

Email: administration@aqva.org

Website: www.aqva.org/en/home

Pointe-Claire Yacht Club

1 Cartier Ave., Pointe Claire, QC H9S 4R3

Telephone : (514) 694-8021

Fax: 514 695 2341

Email: pcycoffice@pcyc.qc.ca

Website: www.pcyq.qc.ca/en

Association de la Rive-Sud pour la déficience intellectuelle (ARSDI)

Recreational activities for adults (evenings and weekends) and a relief home for those up to 21 years of age. For the registration of persons 21 years of age and older, a referral from the CLSC is required.

1400 Boulevard Édouard, Local 113, Saint-Hubert, Québec, J4T 3T2

Telephone: 450-923-1548

Email: Info@gaphrsm.ca

Website: www.gaphrsm.ca

Camp Garagona

Located in the Eastern Townships in beautiful Frelighsburg, Camp Garagona is a well-established residential summer camp offering stays for persons on the spectrum or with an intellectual disability ages 5 and up. They have recently undergone extensive renovations and now offer a respite service throughout the year as well as day activities for adults. Their services are bilingual.

23 Garagona Road, Frelighsburg, QC J0B 1C0

Telephone: (450) 298-5159

Email: info@campgaragona.qc.ca

Website: garagona.org/en

Centre aux 4 Poches

For youth 3-21 with intellectual disabilities, autism and physical disabilities offering respite during pedagogical, statutory holidays and March break. They also have a day centre for youth over 21. The activities are mainly in French; however, they serve English-speaking families as they have an Anglophone educator.

560 Lac Road, Boucherville, QC J4B 6X3

Telephone: (450) 641-1255

Website: centrequatrepoches.org

Centre La Petite Échelle

Serves children with any type of developmental delay with or without a diagnosis. For ages 0-5 they provide stimulation activities and for ages 0-10 they can provide weekend respite. They are able to accommodate English-speaking families.

850 Sainte-Hélène St., Longueuil, QC J4K 3R8

Telephone: (450) 674-2201

Email: dmin@petiteechelle.org

Website: www.petiteechelle.org

Centre de Répit Philou

A bilingual respite program for children ages 0-15 years experiencing intellectual disabilities, on the autism spectrum who may also have a physical handicap. Respite is offered on weekends and during family emergencies. They also have a summer camp for ages 4-15, a stimulation program for ages 0-5 and a child development program for ages 6-12.

2450 Cote Ste-Catherine Road, Montreal, QC H3T 1B1

Telephone: (514) 739-4861

Email: info@centrephilou.com

Website: centrephilou.com/en

Fondation Sports Adaptés

In the eastern townships famous biking, skiing and sailing areas, this foundation offers adapted equipment and assistance from trained volunteers to help those with physical disabilities access sports. They offer sports ranging from skating to climbing to biking. Their services are bilingual.

400 Shefford street

Bromont, QcJ2L 3E7

Telephone: (450) 243-5985

Email: info@sportsadaptes.ca

Website: sportsadaptes.ca

Les Amis-Soleil de Saint-Bruno

This organization offers sports, arts and cultural activities closely monitored by trained monitors. They serve 5–25-year-olds diagnosed with Trisomy 21 and intellectual disabilities. They serve English-speaking families since many of their monitors are able to speak some English.

1585, rue Montarville,
Saint-Bruno-de-Montarville, QC J3V 3T8
Telephone: (438) 520-1696
Website www.lesamissoleils.org

Le Phare/ The Lighthouse

Le Phare/ Lighthouse is a bilingual weekend respite centre for children requiring palliative care. They also have trained volunteers available who will go into the home.

2725 Mont Royal Ave. E., Montreal, QC H1Y 0A1
Telephone: (514) 954-4848
Toll free: 1 866 954-4848
Fax: 514 954-4848
Email: info@phare-lighthouse.com
Website: phare-lighthouse.com/en

Loisirs/ Recreational Services of the Various Municipalities

Various municipalities offer a variety of activities for children, teens and adults and some are able to adapt for special needs especially if the parent is able to help in this process. Below is a list of the recreational links for the different municipalities of Monteregie Centre. New activities normally start in the Fall and Winter. Be sure to check with your municipality if it is not listed.

Brossard: brossard.ca/loisir-et-culture/activites-et-inscriptions
Boucherville : boucherville.ca/residants/sports-et-loisirs/activites-de-loisirs/
Candiac : loisirs.ville.candiac.qc.ca/IC3.prod/#/U2010
Chambly: chambly.qc.ca/loisirs
Longueuil: (including St. Hubert and Greenfield Park): longueuil.quebec/fr/services/loisir-vie-communautaire
St-Jean-sur-Richelieu : sjsr.ca/loisirs/inscription-loisirs/
St. Lambert : StLambert-Ludik

Ma Deuxième Maison à Moi

This organization offers a respite services and activities for those on the autism spectrum or with intellectual disability ages 4 and up. For children and youth up to age 21, they offer respite including after school, overnight and on school breaks. There is a fee for these services which can be subsidized by the CISSS. Contact them for more info. For adults they offer various activities including art, outings and a day centre. They are primarily a francophone organization, but they are able to accommodate English-speaking families.

Children's services:

78 Betournay Avenue, St-Lambert, Qc, J4R 2L8

Telephone: (450) 923-9666

Email: info@madeuxiememaison.org

Website: www.madeuxiememaison.org

Adult's services:

78 Betournay Avenue, St-Lambert, Qc, J4R 2L8

Telephone: (450) 671-5344

Email: info@madeuxiememaison.org

Maison de répit à la campagne

Bilingual organization that offers weekend respite, day care and residential resources for people with autism or intellectual disabilities. The house can accommodate up to four users at a time.

1350 112 Route, Rougemont, QC J0L 1M0

Telephone : 450 469-4727

Fax : 450 469-5738

email: info@repitcampagne.com

Website: www.repitcampagne.com

Projet Integration Autismopolis

Offers services of employment readiness for individuals with ASD ages 18-50, and socialization support for adolescents aged 13+ with opportunities to play Dungeons and Dragons, board games and Minecraft. Their services are primarily offered in French; however, they can accommodate English families.

415 Seminaire Blvd. N., St-Jean-sur-Richelieu, QC J3B 5L4

Telephone: (450) 895-1470

Website : autismopolis.com

Services de Répit Emergo

A bilingual organization, Emergo offers respite services on the weekends and day camps for those diagnosed on the autism spectrum and/or intellectual disability over 3 years of age (including adults). One must be a member in good standing to use their services. Many of their programs are offered in Otterburn Park.

1862 Jolicoeur, Montreal, QC H4E 1X2

Telephone: (514) 931-2882

Email: info@repitemergo.com

Website: repitemergo.com/en

Special Olympics Quebec

Special Olympics is an organization offering sporting competitions for people with intellectual disabilities throughout the year culminating in the yearly provincial Special Olympics. They participate in various sports such as speed skating in the winter and swimming in the summer. There are also Canadian and world competitions every two years. To sign up, contact the Montreal office and a sports consultant will assist you. This is a bilingual organization.

1274 Jean-Talon East St. suite 200, Montreal, QC H2R 1W3

Telephone: 1-877-743-8778

Website: olympiquesspeciauxquebec.ca/en

S-au-S Autism

Bilingual services for children, teens, and adults with autism. They offer leisure and recreational activities as well as a summer camp for teens ages 13 to 21.

9, boul. Montcalm Nord

Bureau 505

Candiac QC J5R 3L5

Telephone: 514 944-4986

Email: info@s-au-s.org

Website: www.s-au-s.org

LEGAL RIGHTS: HEALTH AND SOCIAL SERVICES & GOVERNMENT SERVICES



Centre d'assistance et d'accompagnement aux plaintes

A bilingual regional community organization whose mandate is to inform users of health and social services of their rights and to assist and accompany them should they wish to make a formal complaint to the service quality and complaint commissioner as well or to the provincial Ombudsman (2nd recourse).

125 Saint-Charles St., St-Jean-sur-Richelieu, QC J3B 2C4

Telephone: 1-800-263-0670

Website : caapmonteregie.ca

Le Protecteur du citoyen/ Québec's Ombudsman

Interventions to address infringement of rights, abuse, and negligence that affect citizens in their interactions with a department or an agency of the Government of Québec and/or an organization of the health and social services network.

1080 Beaver Hall Hill, 10th floor, room 1000, Montréal, QC H2Z 1S8

Telephone: 1-800-463-5070

Website: protecteurducitoyen.qc.ca/en

Éducaloi

On their website, this organization offers legal information about the rights and responsibilities of Quebecers on several different topics. It is possible to contact them through their website, however they will not answer or give advice on an individual's legal questions.

Website: educaloi.qc.ca/en

Chambre des notaires du Québec (CNQ)

Notaries in Quebec are a legal profession who are responsible for wills, protective mandates, real-estate transactions, power-of-attorney and so on. This website has information on the process to go through for the various legal remedies as well as a notary-finding service.

2045 Stanley St., Suite 101, Montreal, QC H3A 2V4

Telephone: (514) 879-1793

Toll-free number: 1 (800) 263-1793

Fax: 514-879-1923

Website: cnq.org/en

Commission des droits de la personne et des droits de la jeunesse du Québec

This organization provides information about an individual's rights regarding discrimination, harassment and human rights generally as well as in specific domains such as employment and housing. They also provide services of investigation for cases they accept, mediation and legal representation as well. They have a particular focus on determining if the rights of youth have been violated except in cases where the matter is already before the court.

360 Saint-Jacques St., 2nd Floor Montréal, QC H2Y 1P5

Telephone: 1 (800) 361-6477

Email: information@cdpdj.qc.ca

Website: cdpdj.qc.ca/en

ADAPTED CLOTHING AND TOYS



Easy Access Clothing

Online clothing store selling customized articles that meet the needs of handicapped children and adults. They are located in the United States - there is no address or phone information on the website, however items ship from Alabama. Orders over \$150 have free shipping.

Email: easyaccessclothing1@gmail.com

Website: easyaccessclothing.com

FDMT Store

Online store that sells therapeutic/ educational products and toys for children with special needs.

420 Jean-Neveu, Longueuil, QC J4G 1N8

Canada/United States: +1 450 321-5500

Toll Free (Canada): +1 866 465-0559

Toll Free (United States): +1 866 249-670

website: www.fdm.ca/en

TFH Special Needs Toys Canada Inc

Online store that provides a wide range of special needs toys.

16-1750 Plummer Street,

Pickering, Ontario, L1W 3L7

Telephone: (877) 509-7524

Fax: 905-492-9233

Email: info@tfhcanada.ca

Website: specialneedstoys.com/can

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Heritage**

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canadien**

DISCLAIMER: The information in this booklet is meant as a general public service only. It is in summary form, therefore, please consult community groups, health institutions, or government agencies for further details. Furthermore, some of the information contained in this booklet may change with time and become out of date. ARC Assistance and Referral Centre assumes no responsibility for how this material is used by the public.



Greenfield Park (Main Office)

106 Churchill Blvd.
Greenfield Park, QC J4V 2L9
(514) 605-9500
info@arc-hss.ca

Activity Centre

91 Churchill Blvd.
Greenfield Park, QC J4V 3L8
(514) 951-9711
admincoord@arc-hss.ca

Haut-Richelieu-Rouville

277-B Seminaire Blvd.
St-Jean-sur-Richelieu, QC J3A 1B6
(450) 357-0386
stjean@arc-hss.ca

www.arc-hss.ca

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