

Melancholic Bliss



May 2019

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www.qwf.org/programs/wic

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MY

My destiny is to live a happy life.

My future goal is to have 3 kids and live in Florida.

My opportunity is to have hope.

My decision is to travel far away and meet the world.

My journey is to go to the end of the tunnel.

My end of the rainbow is a pot of gold.

My life is to have freedom.

-Amber

March 21st 2019

I THOUGHT

I thought they said we were going out for dinner.

They thought that I agreed.

I thought they told me I was going home for the weekend.

They thought I didn't want to go.

I thought they told us we were going on vacation during summer.

They thought I was travelling somewhere else instead.

I thought they wanted to go shopping.

They thought that I was going with them.

It wasn't true this whole confusion.

-Amber

I am brave

I am brave enough to swim in the ocean.

I am brave enough to climb something high.

I am brave enough to tell the truth.

I am brave enough to go sky diving.

I am brave enough to go in an elevator.

-Amber

Always Do Your Best

If I always do my best people will like me more. -Amber

March 28th 2019

Acrostic

Rest

Onto

Your

Grass

Briefly

In

Venting

-Amber

Chakras

Hyper, mad, upset

I am mad

I feel hyper

I do mistakes

I love my family

I speak the truth

I see love

I know my friends

-Amber

March 29th

2019

They were wrong when they said I would be going home for the weekend.

-Amber

April 4th

2019

I love Orlando because of all the palm trees.

I hate St jeans-sur-Richelieu because of all the bad stuff that happens.

My favorite food is cheeseburger with fries because of the way it's made at McDonalds.

-Amber

UNLIMITED FREEDOM

- Go back home and stay there
 - Travel anywhere
 - Bring some people from my unit to my house
- Amber

Friendship

- Kind
 - Secrets
 - Share emotions
 - Relationship
 - Support
 - Parties
 - Bonding together
 - Speak the truth
 - Honesty
 - Often together
- Amber

Slinky

Depression

Self harm

-Amber

stay together
sleeper fun school
loves sharing
friendship
caring giving
loving happy
love
Happiness

Amber

I Apologize to myself for being in here, for not making changes while when I was at the other place and for being mean to staff. I will change this by listening and behaving

Dear Andrew when I am 30 I will be living in a mansion with my gold Ferrari my mansion will have a pool and a basketball court and a hockey rink.
I will have a beautiful wife and 5 kids.
I hope you feel happy and calm.

I thought you had a nice book.
I thought you had a nice computer I had nice computer.
I thought you had nice Nike's I thought I had nice Adidas but it was all an argument

-all rights reserved copyright all poetry Friday march 2019
-Andrew

I am brave enough to jump off a 10 meter diving board
I am brave enough to play hockey
I am brave enough to sleep
I am brave enough to eat food
I am brave enough to show I am competitive
-Andrew

Gold
Post Malone's playlist
monkey
forest
trees
chrome book
Steelers
Nashville predators
Vegas golden knights
-Andrew

I am a nice person
 I feel nice
 I do jump
 I love to play video games
 I speak English
 I see TV
 I know how to read
 -Andrew

I am a kid that likes video games
 I am a guy that likes Airplanes
 I am a kid that likes to read
 I am a guy that knows a lot about technology
 -Andrew

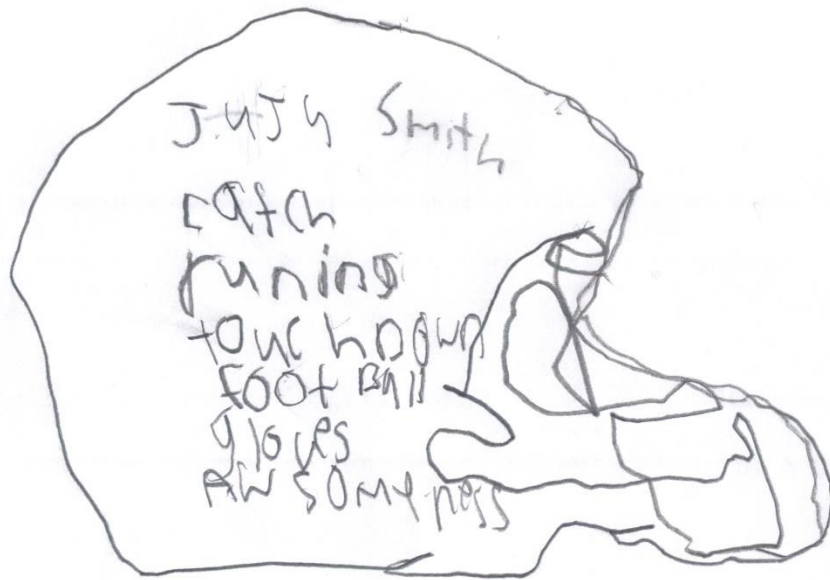
I am the awesome kid that likes School
 I am the consumer and I am the best at eating
 I am the fat kid that loves food
 I am awesome at all video games that have (WWE) and (UFC) in them
 - Andrew

#1 Freedom Is	to move	Freedom is	To help people living on the	STREET
#2 freedom	Of	Thought and	to get	Married
#1 freedom is to	Eat move exercise walk and talk	#2 I am not free to leave as I please		
#2 I am not free to leave as I please				
If I had all the freedom in the world I would	Buy an iPhone x R and a Samsung galaxy s 10 +	I would get 1000 girls	I will go home	Give homeless food give money to people

-Andrew

Yo rocking up the party with my candy and chips
 Yo it's me in Carolina got my sympathy but its only empathy

all rights reserved copyright all poetry Friday march 2019
 -Andrew



Andrew

Poetry

What Is Your Purpose?

- ❖ My destiny is built by fate.
- ❖ My life has opportunity.
- ❖ My fantasy is a mystery.
- ❖ My life is complicated.
- ❖ My karma is just a coincidence.
- ❖ My fear is my eternity.
- ❖ My desire is by accident.

-Austin

Misunderstandings

✚ I thought you were playing around, you thought I was being serious.

✚ I thought they were talking shit, they thought I was on vacation.

✚ I thought they were cool, they thought I was a loser.

✚ I thought you loved me, you thought I betrayed you
✓ It wasn't true, I was desperate and lonely and just wanted to mess around, you wanted something more serious. –

-Austin

- I am brave enough to speak about things that are hard to speak about
 - I am brave enough to explain to people how I feel
 - I am brave enough to be myself
 - I am brave enough to ask for help
 - I am brave enough to try new things
- If I always do my best I will achieve things in a day that I didn't think I could achieve

I am Austin.

I feel depressed some days and happy the next.

I do put a lot of effort to feel happy.

I love someone special.

I speak my mind when I need to.

I see life through my own eyes.

I know music calms me down.

They were wrong I am a boy,

All my life I was wearing this costume called being a girl, I had to dress, act and even had to be called a girl. Little did they know I was and still am a BOY

A MASCULINE BOY.

- I need some love and affection.
 - I need to feel at home.
 - I need freedom.
 - I need stability
 - I am at oasis
- To make today better I need to be around people who love me
-Austin

People fill these needs in the wrong ways by getting addicted to things to mask their pain, things like cutting, drugs, alcohol.

-Austin

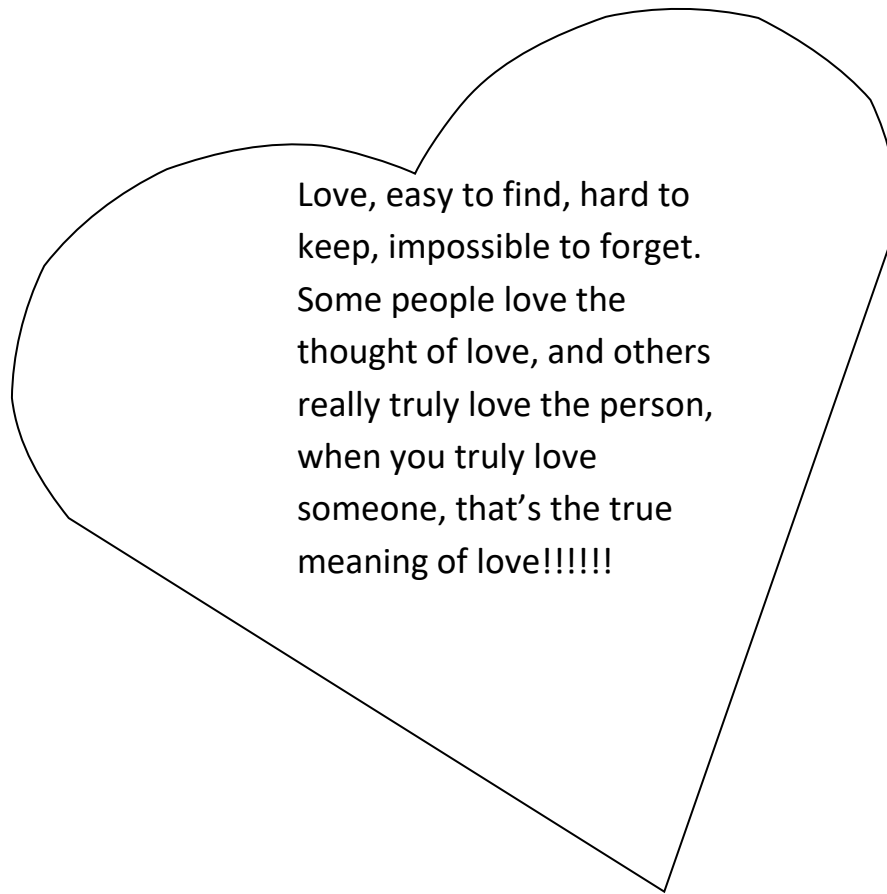
I am the boy that falls too hard
I am the guy that everyone trusts
I am the person that has issues
I am the boy that begs people to stay when they all leave
I am the guy that has secrets that can't be told.

-Austin

What am I free to do
I am free to be myself.
I am free to express myself
I am free to make phone calls to whom ever
I am free of sexual abuse
I am not free to love who I want.
I am not free to hang out with friends.
I am not free of threats
I am not free to see family whenever
I am not free of verbal abuse
-Austin

What would you do with unlimited freedom?
If I had unlimited freedom I would be with the
person who I want to be with, I would be able to
hang out with my friends whenever and wherever, I
would be able to be with my family. I would be able
to be who I want, say what I feel and do what I
please with no judgment. This is what I would do
with unlimited freedom.

-Austin



Friendship is the truth to understanding relationships, girls are perceived as emotionally difficult, compassion and honesty is generally me.

Fear, faults, weakness, change, these are all things people despise, but perhaps in intense cases the suicidal thoughts may become actions.

Things may be difficult but take time, things will change in a positive way.

Austin

He talks like nothing's wrong

**He smiles
but has death on his mind
he laughs
but is not down for the ride
he talks like nothing's wrong
but what's on his mind
is like a song never sung before,
too deep and dark to be explored,
he really wants to cut
to relive all the pain he has inside,
but has no choice
but to keep it all inside to get out of this hell hole called home.**

- Austin

Home

***Home is a place where you feel safe and are surrounded by people you love and they love you too, growing up I never really had a home, my home was my family but it wasn't safe, my home was painful and dangerous, my home was being isolated for long periods of time, my home was starving me, my home was having to raise my own siblings while my parents were away, my home was not a home,
I never really had a home
I wish I did
I wish I had a normal life
but I don't
home is a place I want to be, but I have realized home isn't always a place it can be a person too, I think I may have found my home.***

- AUSTIN

HER

**He's a mess
she is too
he loves her
but is scared to admit it
she says he's cute
he giggles and says thanks
he realizes she likes him too
he's scared he will ruin everything
like all the others
he trusts her
he wants to tell her everything
when she hugs him,
he doesn't want to let go
he knows this relationship
can ruin everything for him
but he doesn't care
he's happy with her
but he still wonders...
does she think of him every night
before she goes to bed,
like he does
does she hurt inside every time
there is fresh cuts on his arms
like he feels when he sees them on her arms,
does she see the pain in his eyes
like he sees hers
does she love him
like he loves her
will she hurt him like all the rest or stay with him through thick and
thin**

- Austin

Letter of Apology

Dear Austin,

I'm sorry for not loving you the way that you should be loved.

I'm sorry for mistreating your body, I'm sorry for doing the most irrational things to you.

I'm sorry for making you think stupid things that are not true.

I'm sorry that my actions landed you "there".

I'm sorry for all the mistakes I have made that screwed things up for you.

I am very sorry I am impulsive. I will try not to mess up as much as I do.

I'm sorry.

Love,

Austin

I thought that you had a cat

No you had a dog

None of it was true

-Chloe

I am brave enough to talk my mind

I am brave enough to be myself

I am brave enough to tell the truth (sometimes)

Chloe

Ooo la la la la la la. Oooooo laaa laaaa la la...

Chloe

Chloe is very chilly in the summer

What a bummer to not be hot when it's hot

I have to wear a fat coat on a summer boat

But oh no it's too cold i'll have to jump off and float

Then we will bond about how cold I get

Then they will bet that I will not get on a jet

Cause it's real cold in the air

And it's not fair

-Chloe

We thought but wasn't true!

I thought you were perfect,
You thought I was beautiful,
I thought you were the one,
You thought I only wanted to just have fun,
I thought you loved me,
You thought I didn't,
I thought you were real,
You thought I was fake,
It wasn't true love but not all of it was fake!

F.W.M

Was I Brave?

I am brave enough to face my demons
So I learned them all by name,
I am brave enough to fight my monsters
Then a monster I became.
I am brave enough to lurk in the darkness
So the darkness became my home,
But am I really brave enough to let you go?

F.W.M

The Monster I Am

The chase has begun

You're going to have to run

Because I have a hunger inside

And I'm going to eat you alive

The monster is stuck in my head

Because of the monster I am

Why did I cry over you?

Why didn't you come save me from myself?

There's no place to hide

And then you'll be mine

You better stay clever

If you want to survive

Then you'll be wishing that u listened

When you meet you're demise

The monster under my bed

Is my only friend

Because of the monster I am

Once you cross the line

I'll take you one by one

Tear you apart piece by piece

And at that point

I'll take your breath away

The monster lurks in my shadow

Because of the monster I am

I'm the king of the killing

I never shoot to stun

But I'm out for the hunting

I'm out to see blood

Because of the monster I am!

F.W.M

I Am

I'm just another person

I eat, I sleep and I breathe

I may not be beautiful like a new bloomed flower

That has sprung in spring,

I'm more like a tall and ugly weed

Holding on to what it has left

But everyone wants to get rid of it

Because it's not like that stupid beautiful flower

I'm just another person

I eat, I sleep and I breathe

-F.W.M

SOCIETY

I DON' T WANT TO TALK ABOUT IT BUT, TEEN GIRLS TAKE DIET PILLS AND GET SURGERIES ALL TO HAVE PHOTO SHOPPED PICTURES IN MAGAZINEES.

I DON' T WANT TO TALK ABOUT IT BUT, THE MEDIA IS SETTING THEM UP FOR HOW THEY SHOULD LOOK AND BE.

NONE OF THIS MAKES SENSE TO ME.

I DON' T WANT TO TALK ABOUT IT BUT, IF YOU OPEN YOUR EYES, YOU' LL SEE THAT SOMETHING' S WRONG.

I DON' T WANT TO TALK ABOUT IT BUT, KIDS GET BULLIED AT SCHOOL. THEN THEY GET HOME AND IT' S NOTHING LIKE HOW IT USED TO BE.

I DON' T WANT TO TALK ABOUT IT BUT, PARENTS ACT LIKE ENEMIES MAKING KIDS FEEL LIKE WORLD WAR 3.

NO ONE CARES, NO ONE' S THERE

I DON' T WANT TO TALK ABOUT IT BUT, WER' RE FINE WITH THIS CRAZINESS.

-F.W.M

TITLE

I QUIT,

PERFECTION WAS NEVER EVEN A TITLE,
PROBABLY THE REASON WHY I GET THE HITS
AND KICKS OF THIS STUPID SOCIETY,
NOW I KNOW WHY I SUFFER FROM ANXIETY.

I'M DONE,

I'M AN EXAMPLE OF REJECTION,
FUCK YOU,
IF ALL YOU THINK ABOUT IS PERFECTION,

I FINALLY GIVE UP,

I'M A TEENAGE GIRL,
WHO HAD BEEN SO SUICIDAL,
I COULD HAVE ENDED IT ALL
AND THAT SHIT IS FINAL,
SUICIDE

AND

THERE WOULD HAVE BEEN NO SURVIVAL.

- F.W.M

BYE - BYE

I quit,
I'm bailing,
I'm done,
I finally give up,
I'm sick of failing,
I'm done trying to live up
To all the fucking expectations
That everyone has for me!
I'm so tired of trying to explain
All this shit to myself,
I'm always questioning
About my destination,
You know what, SCREW my destiny,
All these retarded assholes
Are dead to me!
Maybe changing my life
Would make all these retards

STFU!

- F.W.M-

Poetry

My future is to be rich

My luck is to win the lotto

My direction is to get out of here

My freedom is to go home

My hope is to be free

My opportunity is to play in the NBA

-Isaiah

What are you good at?

Basketball football

Style and running

-Isaiah

I thought that they were miss understanding each other.

I thought they were speaking funny

I thought that the guy was swearing a lot

I thought they liked each other

-Isaiah

A better system more cars

What can you get paid for selling cars babysitting selling food

-Isaiah

What do you see

RIDE

OVER

YOUTUBE

GAS

BALANCIAGAS

ISIAIH

Violent

red blood nose bleed blood gang

blue water blue sky

green grass plants

orange Thomas fruit Philly...

-Isaiah

*I love New York because I do
comfort food is pizza*

physiological

I need to eat

and drink and

need to sleep.

What would make today better?

going to the basketball court.

I have a need to make money.

Wrong thing to do?

AWOLing from here

Saul Williams was a prisoner and in his mind he was free

I'm free to AWOL

I'm free to go places

Isaiah

It's fun Basketball makes me Happy and Proud I play with my friends and
They were different shoes
It makes me sweat a lot
The Golden state warriors or in the playoffs

ISaiath

- I thought that you knew better
- you thought that i wouldn't mind
- I thought that you would be my forever
- you thought that i wasn't hard to find
- I thought that you wanted to be together
- you thought that i was blind
- I thought that you were a go getter
- you thought that i wasn't kind
- it wasn't true, it was all a lie

- kasandra

rainbow

- run
- over
- your
- grandparents
- bicycle
- in
- virtual reality

- kasandra

- i know a lot
- i see things
- i speak the truth
- i love money
- i do my homework
- i feel good
- i am sexy

- kasandra

- my favorite food is sushi
- my physiological need is to eat and sleep
- love\belonging i want to work at mc donalds cause i like food i have a need for shoes and the wrong way to get them would be to steal them (but who gives a shit people steal shoes from foot locker every day)

- kasandra

-
- i am the best
- that ever existed
- i am the richest kid
- that buys a lot of clothes
- i am the prettiest
- that my beauty shines like the sun
- i am the smartest
- that has good grades
- kasandra

- freedom

- i am free to speak
- i am not free to steal (but i did it anyways)\
- i am free to love whoever i want
- i am not free to kill someone
- kasandra

- it's important to let people know how you feel
- Kasandra

- if i had unlimited freedom i would leave BF from all the stores, go everywhere, and get @#\$%&!
- kasandra

- dear, kasandra
- i apologize for getting myself here i will do what I'm suppose to do to get myself out
- kasandra
-
- dear, me i want to be
- in 10 years from now i see myself working as a doctor because i want to be successful
- kasandra

My destiny is infinity

My future is to believe the beyond

My Faith is religious

My Decision is success

My Life is God

And My Death is the direction to heaven.

-Keian

I Love my Family

I Love it here (not)

I Love being a Rapper

I Love Gucci

I Love My AF1

I Love Drinking Fiji Water

I Love the iPhone Xs

I Love Call of Duty 4 Battle Royal

I Love My Grand Mom.

-Keian

I'm good at Jokes

I'm good at Rapping

I'm good at football

I'm good at COD4.

- Keian

-

The World Needs No More Place like this
The world needs more animals
More Genders
The World Needs a Bigger Space.

- Keian

I am Brave enough to help out People
Becoming a Rapper
To Donate Money to people that need it
And to Countries in Africa
To buy Spencer (My Hamster) a ball.

- Keian

Rainbow

Race
Of
Your
Generation
Because
Its
Vital
-Keian

Red, Anger, Heart

Orange, Calm, Mediating

Yellow Pulse, Relaxed, Beat, Emotional, Chill

Green, Happy, Sport, Nature, Playful, Helpful, Peace

Lucky,

Blue, Water

Indigo, Focus, The Book Store, Energy, raged,
scared.

Violet, Confused, Loved, safety

-Keian

I am Grateful

I feel proud

I do rapping

I Love my Family

I speak for myself and my family

I Know what I could become

Keian

I
Love
ISaute
Because of the trampolines they have

I
Hate
This place
Because I have to be away from my family.

My Favorite Food is Bakes
Because it's so good and how it's made and tastes.

Physiological
Air, Food, Shelter, Drinks, Warmth,
Safety Needs
Stability, Order, Security (The Workers)
Love and belongings
Families, Friends, Work, Laughter,
Esteem
Dignity, Mastery, independence.

Self Act

To be capable of becoming what I want to become.

My Physiological needs

Air, drink, Food, Shelter, Warmth, Sleep, Exercise.

Safety

My family

Love and Belongings

My family, A House, Being a Rapper

Esteem

Mastery, Independence and courage

Self act

To become what I want to be when I am capable of becoming a rapper.

Eating too much

Being a president and making the country feel bad about themselves for separating the country or treating the races differently like whites here blacks there Muslims here Asians there etc. that's what could happen Donald trump

-Keian

I am the spirit that rose from by god
I am the kid that likes the nature
I am the cloud that pours the rain for the plants
I am the kid that makes the trees grow
-Keian

I am free to play games, eat
I am not free to go awol, do violence, do drugs, to be
with my family,
I am free to protest
My freedom is to use the bathroom
-Keian

I am brave enough to buy a ball for my hamster

I Do?????))(*&^%%\$\$##@#@ @!@!\

I Love ISaute Centre De Trampoline
Because of the Trampolines

I
Hate
This place
Because
They
Took
Me
Away
From
My
Family

My favorite Food is Poutine because of the taste

I am Free to play games
I am Free to eat
I am free to not be M and J's friend
I am not free to a.w.o.l, be violent, Perks
Lil Tron (VTG)
I am Free to hate this place

PROLOGUE : I'm sorry

Dear Key,

First off, I want to say sorry. Sorry that things others say and do are out of anyone's control. Sorry that there are people out there who have the intention(s) to hurt you. I'm sorry that sticks and stones do break bones and words hurt so much they might as well be a slap to the face. Most of all, I'm sorry that I can't tell you if the mean things others have said to you will/are true or false because I can't see the future and neither can you.

What I can say is that you shouldn't be so hard on yourself. You should always forgive yourself as easily as you forgive others. You should never feel alone. Or doubt yourself. You should hold on tightly to only the good around you. You should smile and be as kind as you wanted others to be towards you. You should always change for yourself and never for someone else. You should love yourself and take care of yourself. Because you are just as important as anyone else is.

But Key, promise you'll try harder. Promise that no matter how many people try to hurt you or who make you feel less than, you'll still dream big. You'll still smile and love. You'll still be this girl this girl that wants to be like her dog. Promise you won't let the cruelty of this world and others turn you into everything you hate.

Key. I know you're going through things. I know you're struggling with the meaning of life and whether or not you belong here, whether or not you deserve a life. But Key. Just think of every bad thing you went through. Every bad thing people have said to you. Every bad emotion you have ever felt.

Key. You have to believe you are worth it. You have to believe you didn't deserve it. You have to believe it because once upon a time, somebody did believe it. Somebody believed in you. Key. You have to believe they were wrong. Dear Key, I'm sorry if in the end, you look back on everything bad that happen and you decide that continuing to live is hurtful to you. I'm sorry that you didn't have anyone to call and talk to. I'm sorry that people couldn't see or refused to see that you were hurting so bad. I'm sorry that you didn't get to say goodbye to the one thing in life who seemed to always remember you even after a year apart.

Key, I'm sorry. For everything before, everything now, and everything to come. I'm sorry.

h♡

MY, MY, MY

My life will be filled with joy.
My joy will bring happiness.
My happiness will shed light on darkness.
My darkness will bring me hope.
My hope will be my guide.
My guide will keep me from doom.
My doom will lead me down a long road.
My road will be filled with challenges.
My challenges will make me a better person.

h♥

EPILOGUE : When you realize you've made it

When you finally reach that moment when you're just standing there and taking in the warm sun. And everything around you seems so much brighter and prettier than it used to. As if you've finally truly opened your eyes. That's when you'll realize that you made it. You've made it at a point in life where you have become the person you want to truly be. That you've achieved the long list of goals you set for yourself when you decided that if no one was going to care about you then you'll depend on yourself to care.

And you deserve that. You deserve this. This feeling of success. This feeling of relief. This feeling of overwhelming happiness. This feeling of the world being lifted off your shoulders. This feeling of redemption.

No more crying as often as you used to. No more being so hard on yourself like you used to. No more putting others first like you used to. No more allowing yourself to feel guilty about things that were totally out of your control. No more of that.

I can truly say that the harsh things people have said to you are wrong. I can truly say now that they were wrong. And you believed they were wrong. You believed and that is the best thing you could have ever done for yourself.

Key, you've made it. And you deserve this moment. You 100% deserve life. You deserve love and support and kindness and respect. You deserve to feel happy.

They were wrong and you *are* worth it. You were always worth it.

h♥

Through fields of grass and flowers. Through pretty forests
and flowing rivers. Through steep hills and rocky
mountains, there is a fox.

A fox
eyes
but

with beautiful fiery fur and big
staring back at you with so
much intensity.
you can't look
because looking
away.

away risks
of running
ruining
rare,

Through
Through
rivers.

the fox
away and
this such
moment.
flowers.
and flowing
Through fields of grass and
pretty forests
Through steep hills and rocky mountains,
there is a fox.

Misunderstanding

I thought they were together
They thought that I had plans today
It wasn't true it was a mix up
I thought they were hanging out today
You thought they invited me
It wasn't true they meant next week
You thought they got into trouble
You thought that I got into a fight
It wasn't true that was someone else
You thought they were going to fight
They thought that I started it
It wasn't true that was a mess up
You thought they were beefing
You thought they would stop but they didn't
It wasn't true they were just acting
It wasn't true they were all lies

By Luna

They were wrong

They were wrong there's never gonna be
good in the world there's not always gonna
be those good people you might meet but then
again there's always gonna be negativity in the
world no matter where you go you're always gonna
have pain in life and not everyone will care
but there's always gonna be that one person.....
your first day of school somebody calls you ugly
fat nothing you just stand there and start and start
using the silver band-aid against your skin and

you start thinking about the good and bad.....
happy thoughts happy she's still here and not in her
grave at an early age..... let me tell you some straight
up facts if you choose the silver band-aid to put it
against your skin you better think twice about who
it's gonna affect how and why..... people care but you
just don't see it..... you're blinded against people caring
about you..... you try to lead yourself in the direction
so you force yourself to believe that there's no one
out in the world that cares when there is and you're just a
scared little kid who doesn't realize or see that.....
you just don't see because you're blinded by all the
pain and hurt you've already experienced with people
that don't even know you..... stop using the words that hurt
cause one day you're gonna wake up and realize what you're
doing to people and what it actually does to them.....
look at it the other way around as you're the victim..... and
see how you like it.....

--Luna*

She just needs

She's a shy little girl who just needs self-esteem she needs help to find what makes her happy and what makes her smile she just needs help with finding her happiness and where she lost it but she also needs help with finding love and belonging with her mother cause she doesn't know what happened with her sense of safety at the home that doesn't feel like home anymore while she's sleeping but the nightmares keep coming back and they won't leave she's just a terrified little girl who needs help.....

Luna

She's tried

She's tried filling up these needs she's tried getting self-esteem by doing the wrong things by creating scars on her on her body and trying to find love and belonging by finding love with the wrong people she didn't feel safe with cause she always got hurt she couldn't sleep so she started popping pills hoping it'll help but then she just got addicted.....

Luna

I am

**I am the flower
that always dies
and come back to
life again**

**I am the paper
that I cut when I'm
feeling down**

**I am the hand
that goes for the
cigarette when I'm
stressed**

**I am the dark
that will never open
it's light**

**I am the pain
that will never go
away**

**I am the girl
that never acts like
herself cause she's
scared**

**I am the one
that didn't wanna fall
in love again cause
she's terrified she'll mess
up**

**I am the sun
that comes out but doesn't
wanna stay out**

**I am the heart
that always breaks**

**I am the live rose
that stays dead**

**I am the black rose
that grows from concrete**

Luna

Freedom

She's free to be able to go home
but she's not free to be able to hangout
with whichever friends
she's free to say what she is or isn't
comfortable with
she doesn't have the freedom to stay
out with friends
she has the freedom to decide whether
she wants to see her mother or not
but she doesn't have the freedom that she
wants at home with her family
she wants the freedom she's missing
she wants the freedom that she never got
growing up
she wants freedom from the abuse
but she knows she'll never get it
she's trapped and she's going insane
she wants freedom from that
but she knows she'll never be free.....

Luna

Judged

Muslims been getting judged just
because they have a hijab or a burqa
why does it matter if it's part of someone's
religion or culture to cover their hair or their
hair and face they're still human beings just
because some Muslims are terrorists it doesn't
mean they're bad people Muslims,
Jewish, Christian, Orthodox, Atheist.....
WHY DOES THEIR RELIGION MATTER
THEY'RE HUMAN BEINGS..... it's the same
with gay, lesbian, transgender, bisexual,
pansexual, asexual, demisexual..... their
sexuality, gender, race DOESN'T MATTER.....
WE'RE ALL HUMANS WE'RE ALL THE
SAME....

Stop judging people for their religion, culture,
race, sexuality, gender.....

We're all the same, we all have feelings, and
we all know how it feels to get hurt, or judged,
just stop....

Stop taking your anger or hatred out on
people who don't deserve it.....

stop judging people for the smallest things.....

Luna

Unlimited freedom

Unlimited freedom.....

to be honest, I wouldn't do much I would just
go out with friends and do everything I
don't have the freedom to do now....

I would go with friends,

I would say things I'm scared to say,

I would actually stand up to my family.....

I would stand up to the abuse.....

Luna

I'm sorry

Momma I'm sorry for getting into drugs,
alcohol and weed

Papa I'm sorry for hanging out with the
wrong group of people

I'm sorry for dating the wrong guys

I'm sorry for stealing

I'm sorry for awolling

I'm sorry for getting sent "there"

I'm sorry for lying

I'm sorry for cutting

I'm sorry for always messing up again

I'm sorry for going through suicidal thoughts

I'm sorry for never expressing how I feel

-Luna*

It's personal

When you talk and you feel rejection
When you look in the mirror at your reflection
You can't help but to not see perfection
But then you get the feeling of neglect
When you feel all of that depression
You try to make body image corrections
But you still feel suicidal temptations
So you look for a good location
But you end up failing at the attempt
So you decide to turn to society
You tell it to let you turn to suicide
So you only find out that there's an acceptance
But you fail at attempting so you stop trying
You can't help but to just keep fighting
When you keep on getting the urges
You just wanna continue cutting
But she's trying to turn to stopping
When the urges keep coming back

-Luna*

Hope

I hope to be a better person
I hope to find that one guy my parents
will approve
I hope I'll find that one person that I
won't lose
I hope I'll actually be happy in life

Luna

you express how you feel cause you have the fear that
 most in life you've been in pain for the
 but your just so damn lost and confused
 tired of the pain and tired of just
 people will judge you for being yourself so you just sit there
 past 3 years and your just to tired of it your already
 you don't know what to do with your life you just
 experiencing it your slowly but surely starting
 to go insane you can't take it.
 The pain that barricades you in a small space and doesn't
 most cause you've lost enough of those that you love
 you've hurt enough people that you care about and love
 actually mean it for once in your life cause your
 Even if you can't
 hear my voice,
 I'll be right
 beside you,
 dear.



NATASHA'S POEMS

Red is my favorite color

On my mind all the time

You're beautiful

Gray is a shade

Blue is in the sky

I can take a bullet for you as long as you're not the one behind the gun

Value my life

I am perfect

I feel amazing

I do love math

I love cheerleading

I speak about how I feel

I see truth in my friends

I know what the best is for me

THEY WERE WRONG...

They were wrong it was a rumor

They were wrong I am beautiful

They were wrong I am strong

They were wrong I am powerful

They were wrong I can do what I put my mind to

They were wrong I can do it

They were wrong people actually love me

-Natasha

I need to be free. I am stuck, I need love, money, freedom, to work, to be around autistic kids, I need to help the people that need the help, sleep.

Sometimes things don't always work out the way you want them to. People get addicted to drugs/medication and other things but can't physically stop because they don't have the help, they actually don't know how. That's all because no will admit that they have an addiction. People can be poor or can't afford cloths and food, etc so they think they can steal and sometimes they get caught and then get a ticket that they really can't afford, so they don't pay it and it gets bigger and bigger and less and less affordable.

-Natasha

I AM... THAT...

I am a rainbow that grew from air

I am a lover that grew off of cupid

I am a wave that fell off of the light house

I am a mermaid that came from heaven

I am a wish that came from an eye

I am a building that grew from nothing

-Natasha

freedom of religion for every worker, teachers, bank workers, bar tender, etc. all because they want to be 100% committed to their religion nothing can really be done about it as long as everyone says it should not be allowed. the court better say everyone has their freedom of speech.

-Natasha

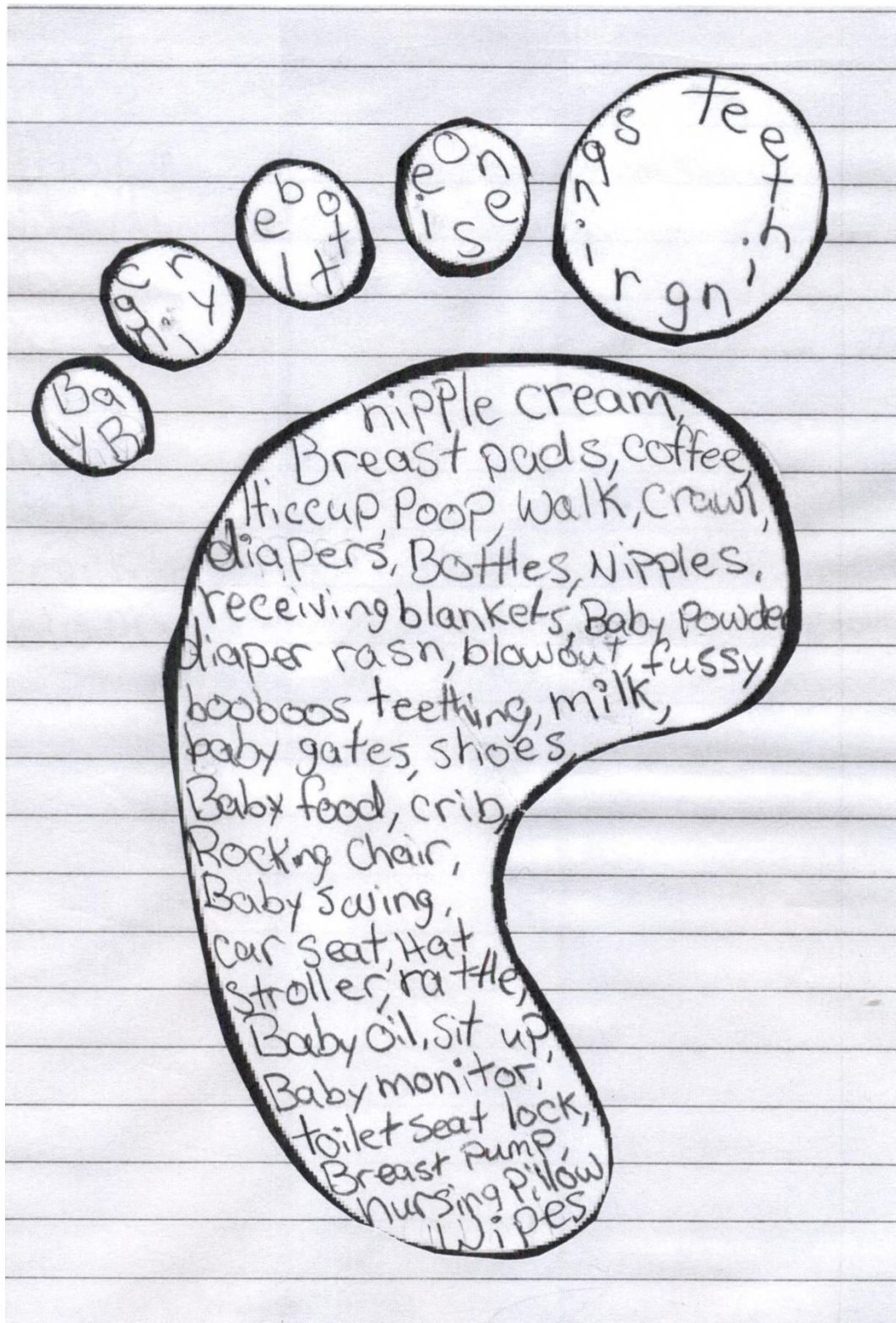
I only got one friend

without the girls they end

honesty may take lots

of development for autistic but they lost

-Natasha



-Natasha

I AM BRAVE ENOUGH TO MOVE OUT ALONE
I AM BRAVE ENOUGH TO BELIEVE IN MYSELF

DON'T TAKE ANYTHING PERSONALLY...
°WHAT EVER PEOPLE HAVE TO SAY GOES IN ONE EAR AND OUT THE OTHER
°I AM NOT PERFECT AND YOU NOT EITHER
°IF YOU WANNA TALK THEN TALK

ALWAYS DO YOUR BEST
°BE HONEST
°MAKE TIME FOR YOUR FRIENDS
°KEEP TO WHAT YOU SAY

-Natasha

natasha`s poems

my life is the best
my kid is amazing
my destiiny is my love
my after life is going to suck
my future will be the best
my goal is to travel
my trip will be fun

what do i love...
i love destiiny
i love my dog
i love saving fighting dogs
i love money
i love clothes

what am i good at...
working with autistic kids
working with fighting dogs
working with food
talking french
being myself

what the world needs...
people to be more polite
people to polute less
freedom pf speach
less criminals

what can i get payed for...
working in a restaurant
house cleaning
making supper for old people who can`t
baby sitting
dog sitting
working for a day camp
selling mary-kay/AVON
CREATING MY OWN RESTAURANT
DRIVING A SCHOOL BUS
MAKINGAALEMONADE STAND

I THOUGHT (THEY OR YOU)... (THEY OR YOU) THOUGHT THAT :
I THOUGHT THAT YOU LOVED ME
THEY THOUGHT YOU WERE LIEING
I THOUGHT THAT YOU WERE GONNA GO PSYCHO
THEY THOUGHT THAT YOU WERE ACTUALY GOING TO
I THOUGHT THATCØØB WERE GOING TO SHOW UP AT HIS HOUSE
THEY THOUGHT THE COPS GOT CALLED
I THOUGHT YOU STABED HIM
THEY THOUGHT YOU KILLED HIM
IT WASN`T TRUE IT^S ALL A RRUMOR

I AM BRAVE ENOUGH TO...
I AM BRAVE ENOUGH TO STAND UP FOR MYSELF
I AM BRAVE ENOUGH TO SAY I NEED HELP
I AM BRAVE ENOUGH TO ASK FOR MY HELP
IAM BRAVE ENOUGH TO EXPRESS HOW I FEEL

-Natasha

I said No

**I said NO
but he did it anyway,
I said NO
but he touched me anyway
I said NO
but he kissed me anyway
I said NO
but he thought it meant yes
I said NO
even though I knew he wouldn't stop**

- Anonymous

Split

**A pain so deep,
When I sleep,
Do you hear me when I scream?
Bleeding out
I feel it now!
Messing up my life somehow
Feeling dead
As I lie here in my bed
Wishing my life would END
Demons trying to get out
I can't take their screams!
So loud
"Two Face"
My life's a mistake
I wanna rip my pain away
Why did you take their love away?
Can't you leave!!!
Please don't stay
Don't you see you're hurting me!
Split in half,
Can't hardly breathe
Can't take it back.
I can believe you hurt me
It feels so dark
Tear me apart
Can't you see what you did to me?
Split in half.**



Anonymous