

Centre de ressources

**conne****ctions**

Resource Centre




## WHO ARE OUR 0-5 YEAR OLDS?

.....  
A PORTRAIT OF ENGLISH-SPEAKING  
0-5 YEAR OLDS IN THE OUTAOUAIS REGION

FINANCIAL CONTRIBUTION

Centre intégré  
de santé  
et de services sociaux  
de l'Outaouais

Québec 

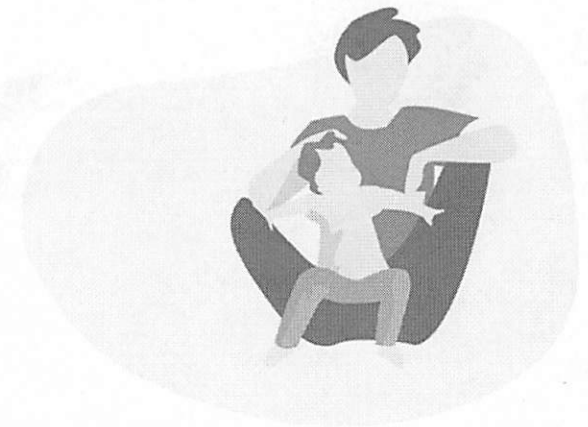
# A portrait of young children and their families in the Outaouais

THE MISSION OF CONNEXIONS  
RESOURCE CENTRE IS TO SERVE  
AND PROMOTE THE HEALTH,  
WELL-BEING AND VITALITY OF THE  
ENGLISH-SPEAKING POPULATION  
OF THE OUTAOUAIS



This portrait provides a good understanding of the realities of 0-5 year olds in the Outaouais in order to better understand their current reality and the issues they face.

It was produced to support the actions of the Connections Resource Centre.



# Source of Information

IN THIS STATISTICAL PORTRAIT:

## ENGLISH-SPEAKING FAMILY

Family in which the child's mother tongue is either English only or English and another non-official language according to the 2016 Census.

## BILINGUAL FAMILY

Family in which the child's mother tongue is either French only or French and another non-official language according to the 2016 Census.

## FRENCH-SPEAKING FAMILY

Family in which the child's mother tongue is either French and English only or French and English and another non-official language according to the 2016 Census.

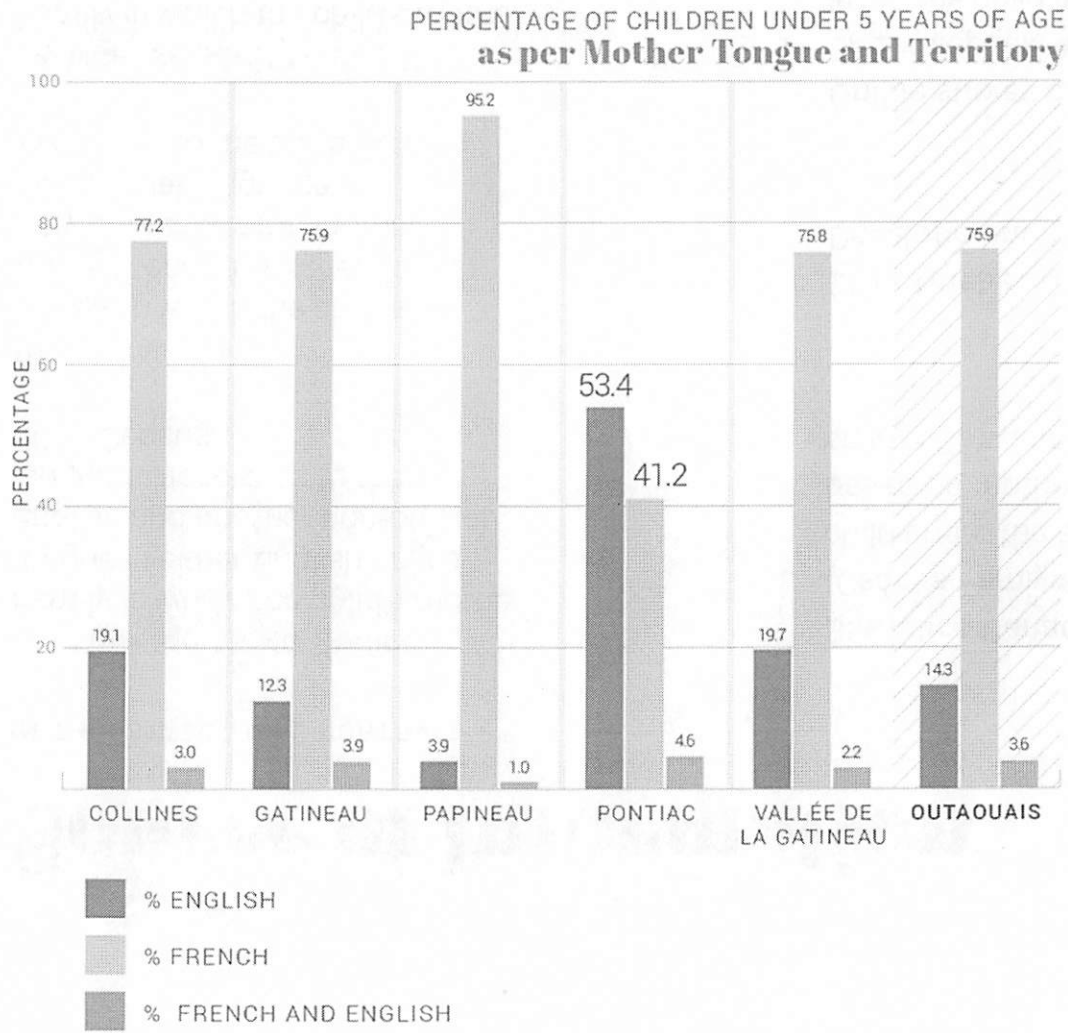
Statistics Canada 2016 Census  
(Census Family with at least one child under the age of 6 years old based on mother tongue of the child – 25% Sample data)

2017 Québec Survey of Child Development in Kindergarten

Online survey conducted among English-speaking families with at least one child between 0 and 5 years of age. (417 respondents between March 12 and 25, 2019)



# Who Are Our 0-5 Year Olds?



**27,320**

NUMBER OF CHILDREN AGED  
0 TO 5 IN THE OUTAOUAIS

2016 CENSUS DATA

**20,030**

NUMBER OF FAMILIES HAVING  
AT LEAST ONE OLDER CHILD FROM  
0 TO 5 YEARS IN OUTAOUAIS

2016 CENSUS DATA

# Income and Employment

The annual average total income for English-speaking families is **\$80,190**, it is **\$ 92,255** for French-speaking families, and **\$98,951** for bilingual families.

PROPORTION OF **low-income** FAMILIES  
WITH A CHILD AGED 5 YEARS AND UNDER

**12,2%**

ENGLISH-SPEAKING  
FAMILIES

**7,3%**

FRENCH-SPEAKING  
FAMILIES

**11,1%**

BILINGUAL  
FAMILIES

# Unemployment Rate of the Reference Person

**10,1%**

**ENGLISH-SPEAKING  
FAMILIES**

**3,8%**

**FRENCH-SPEAKING  
FAMILIES**

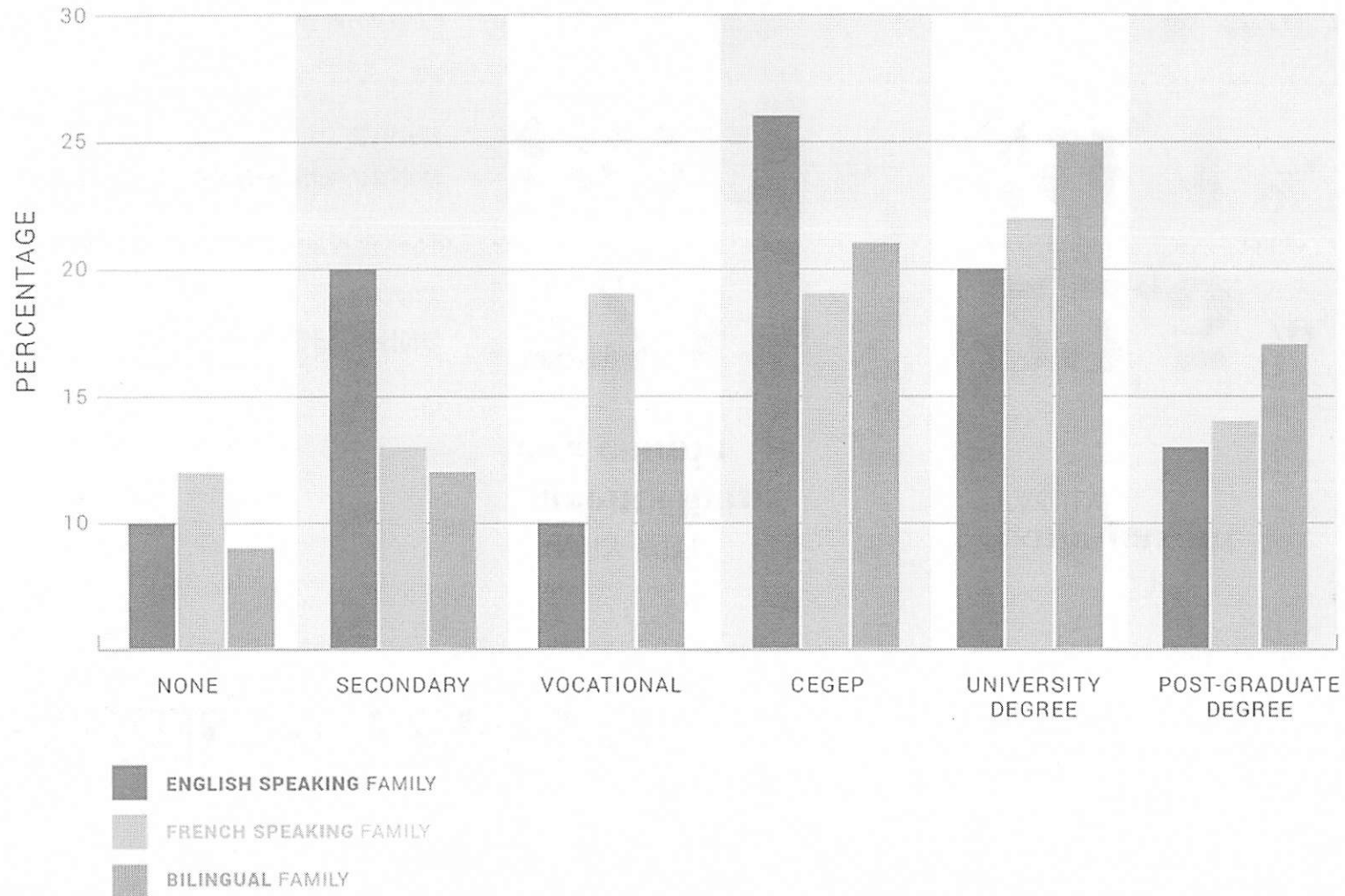
**8,9%**

**BILINGUAL  
FAMILIES**



The unemployment rate is higher among English-speaking families.

# Education of the Reference Person



# Family Structure

FAMILY WITH  
parents living  
as a couple

Lone-parent  
FAMILY

ENGLISH-SPEAKING  
FAMILY

77,1%

22,5%

FRENCH-SPEAKING  
FAMILY

80,5%

19,4%

BILINGUAL  
FAMILY

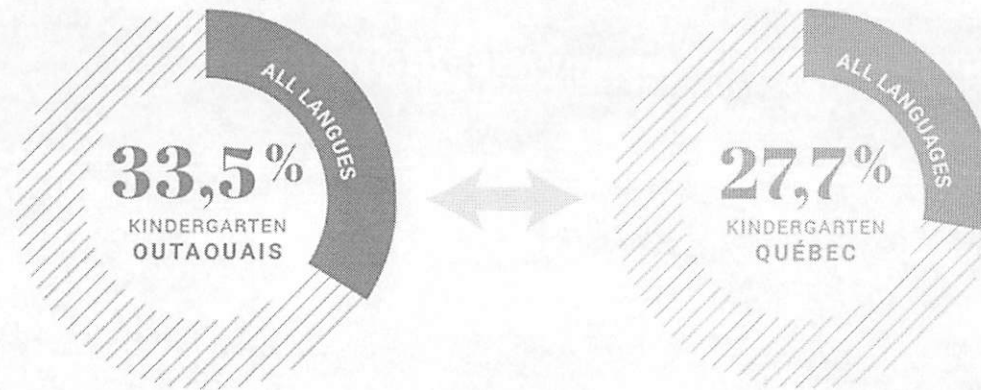
85,6%

15,1%

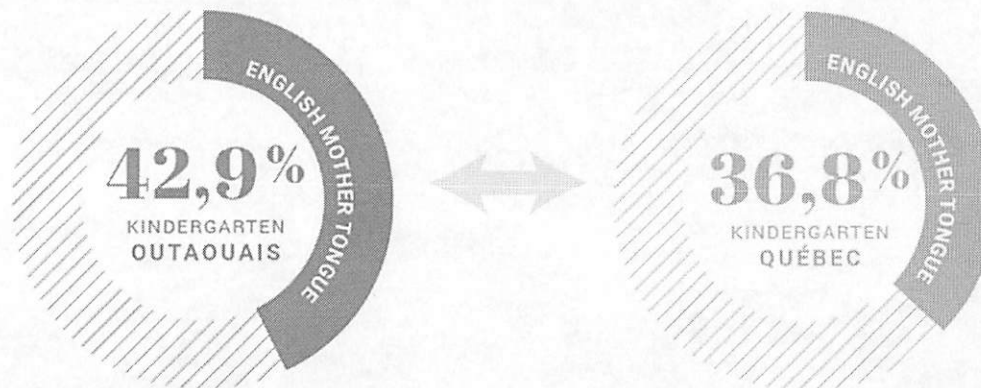


# EQDEM 2017

VULNERABILITY IN AT LEAST ONE AREA OF DEVELOPMENT  
• all languages combined •



VULNERABILITY IN AT LEAST ONE AREA OF DEVELOPMENT  
• English mother tongue •

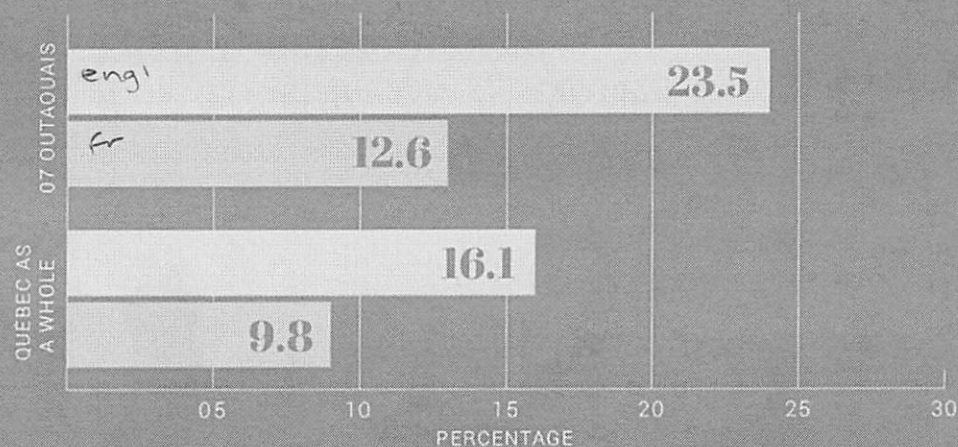


# EQDEM 2017

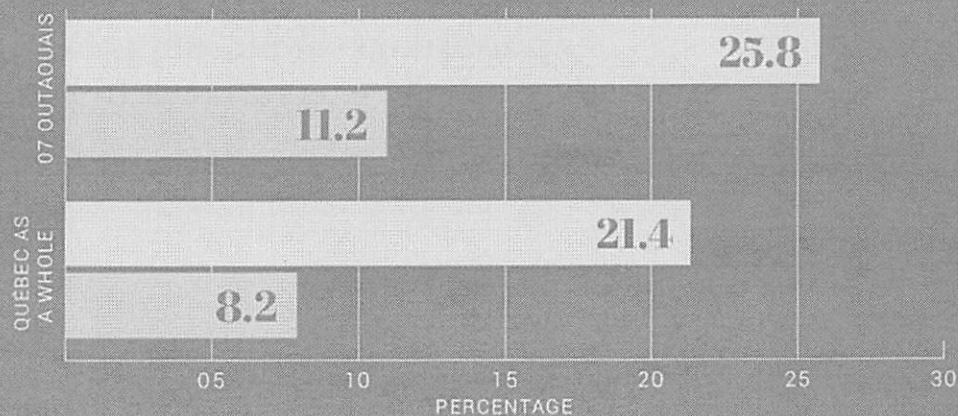
More specifically, the proportion of children who are vulnerable in the areas of **physical health and well-being** as well as **communication skills and general knowledge** is higher among English-speaking children than among French-speaking children.



PROPORTION OF CHILDREN WHO ARE VULNERABLE IN THE AREA OF:

## • physical health and well-being •



## • communication skills and general knowledge •



ENGLISH MOTHER TONGUE   
FRENCH MOTHER TONGUE 

# 2019 Survey

## HEALTH CARE AND SOCIAL SERVICES



**64.6%**

HAVE A  
**FAMILY DOCTOR**



**69.7%**

ASK TO BE **SERVED IN ENGLISH** WHEN THEY  
RECEIVE HEALTH CARE/SOCIAL SERVICES



**52.9%**

FEEL THAT THEY **DO NOT HAVE ACCESS TO SUFFICIENT  
INFORMATION** ON HEALTH/SOCIAL SERVICES IN ENGLISH



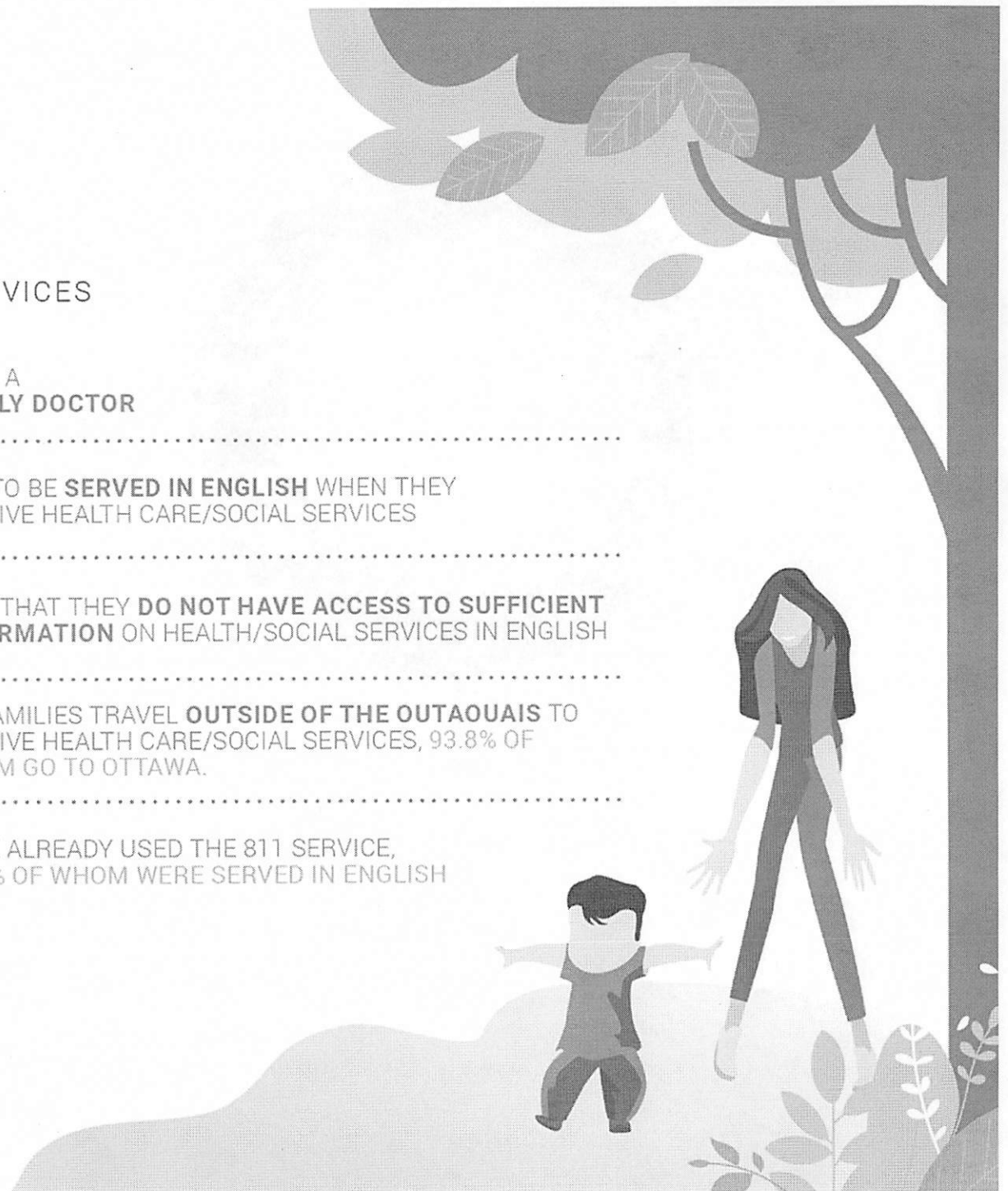
**72.4%**

OF FAMILIES TRAVEL **OUTSIDE OF THE OUTAOUAIS** TO  
RECEIVE HEALTH CARE/SOCIAL SERVICES, 93.8% OF  
WHOM GO TO OTTAWA.



**73.1%**

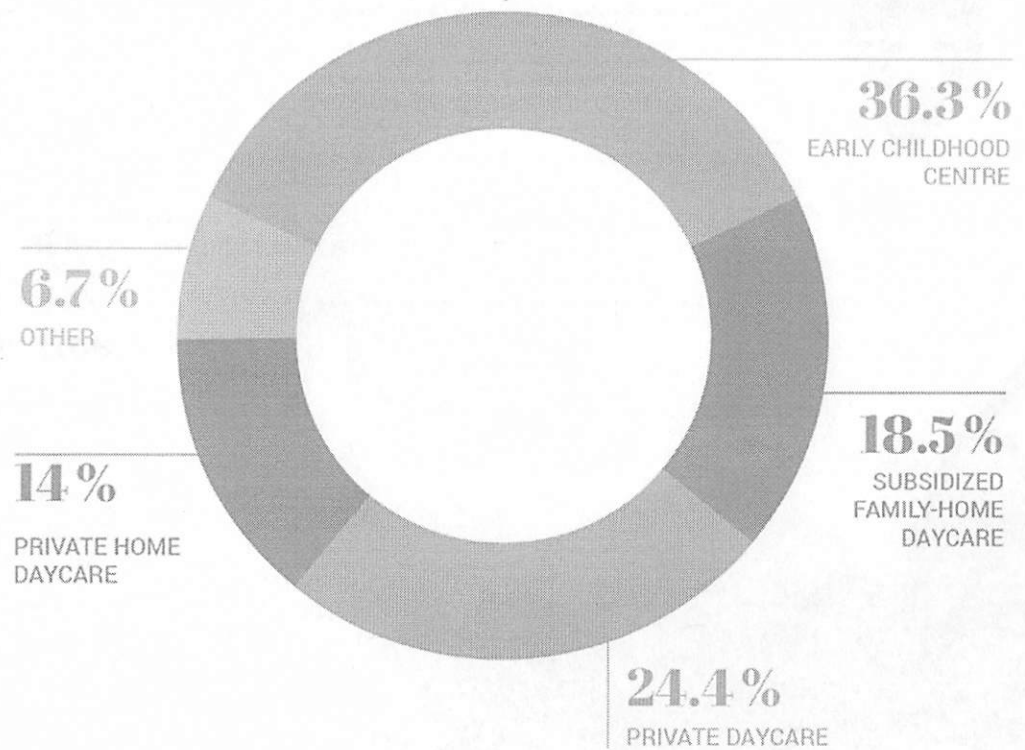
HAVE ALREADY USED THE 811 SERVICE,  
72.9% OF WHOM WERE SERVED IN ENGLISH



# 2019 Survey

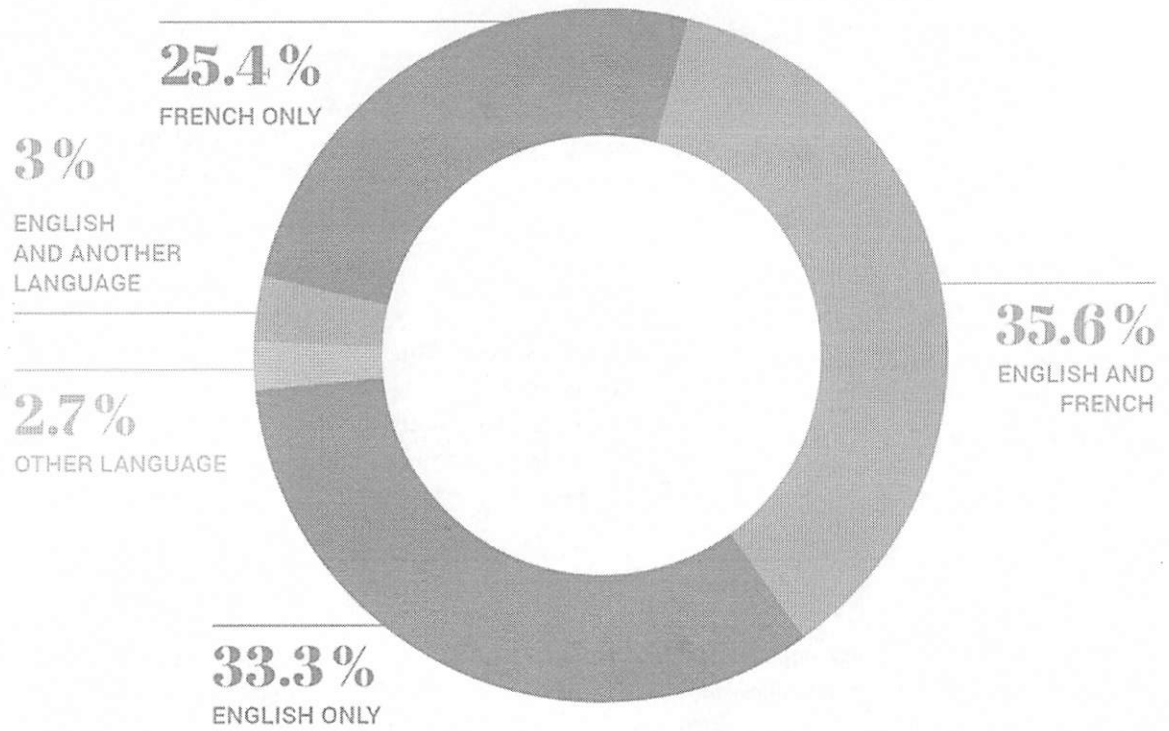
## ATTENDANCE AT DAYCARE CENTRES

**65.6%** ATTEND DAYCARE  
OF THESE 36.6% ARE IN AN EARLY CHILDHOOD CENTRE (ECC)  
AND 24.4% ARE IN PRIVATE DAYCARE



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**LANGUAGE SPOKEN AT DAYCARE**  
33.3% ATTEND UNILINGUAL  
ENGLISH-SPEAKING DAYCARE AND  
35.6% ATTEND BILINGUAL DAYCARE



# In Short...

English-speaking children aged 5 and under in the Outaouais region:

live mostly in the Gatineau territory

are in the minority in all the territories except for the Pontiac where they are in the majority

are more likely to be vulnerable in the area of communication skills and general knowledge

have access to health care and social services in English, even if most of their families travel to Ottawa to receive these services

are less likely to have one parent with a university degree

are more likely to be vulnerable in the area of physical health and well-being, including motor skills

seem to eat enough fruits and vegetables

live, in a higher proportion than their French-speaking counterparts in the Outaouais, in a family:

with a low annual income

seem to sleep fewer hours and spend more time in front of screens than what is recommended for their age

participate, for the most part, in meal preparation and eat home-cooked meals most of the time

with a higher unemployment rate

with a single parent



# Recommendations for the Next Five Years

Further promote the services offered by Connexions Resource Centre;

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Request and make available existing services and information in English to ensure greater equity;

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Increase partnerships to better serve the health and development of English-speaking children in the territories where they are in the minority and are at a higher risk of isolation;

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Act early and on an ongoing basis with all the partners in the Outaouais who work with preschoolers in order to better support child development, as well as parental skills;

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Strengthen partnerships with the Western Québec School Board and the Centre intégré de santé et des services sociaux (CISSS) de l'Outaouais by forming an advisory committee for English-speaking children aged 0-5 years where all key partners will be invited, including parent representatives;

Develop partnerships with the most vulnerable members of the English-speaking community and place them at the heart of the actions;

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Ensure the needs of both families and preschoolers are taken into account in the English-language health and social services access program of the CISSS de l'Outaouais;

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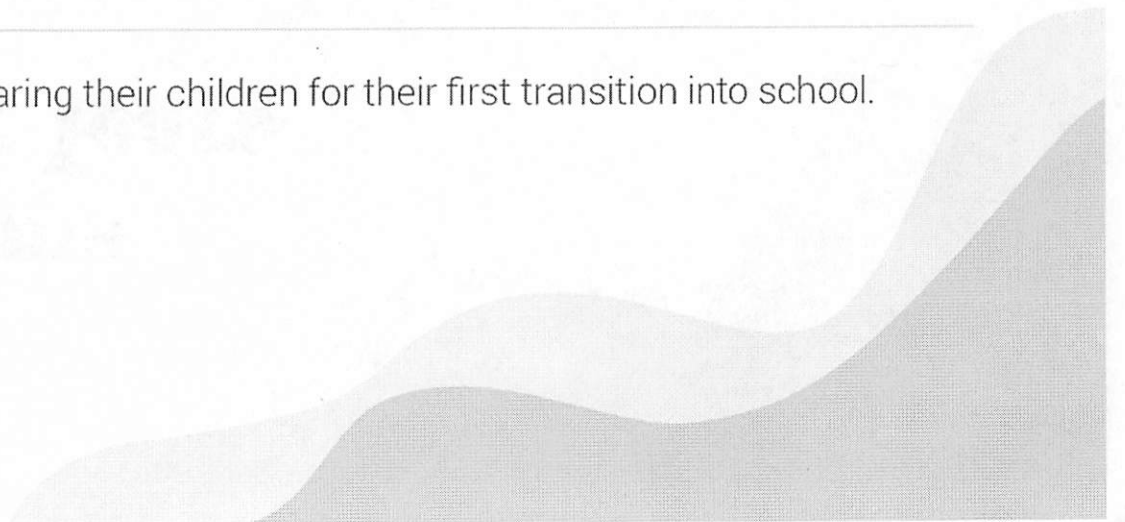
Conduct a survey targeting the more vulnerable families to better understand their needs and subsequently work with existing community organizations to help them better support these families;

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Target areas of vulnerability where English-speaking children experience the greatest difficulty, namely physical health and well-being, as well as communication skills and general knowledge;

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Support English-speaking parents in preparing their children for their first transition into school.





# 2020 Action Plan

Establish an advisory committee and develop a 5-year action plan;

Disseminate the report and fact sheets to key partners;

Participate in the various regional committees on early childhood;

Develop partnerships with early childhood organizations in the most vulnerable settings;

Conduct focus groups with the most vulnerable communities to better understand their needs;

Host a regional symposium on early childhood to promote resources in the Outaouais.



# Questions ?

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