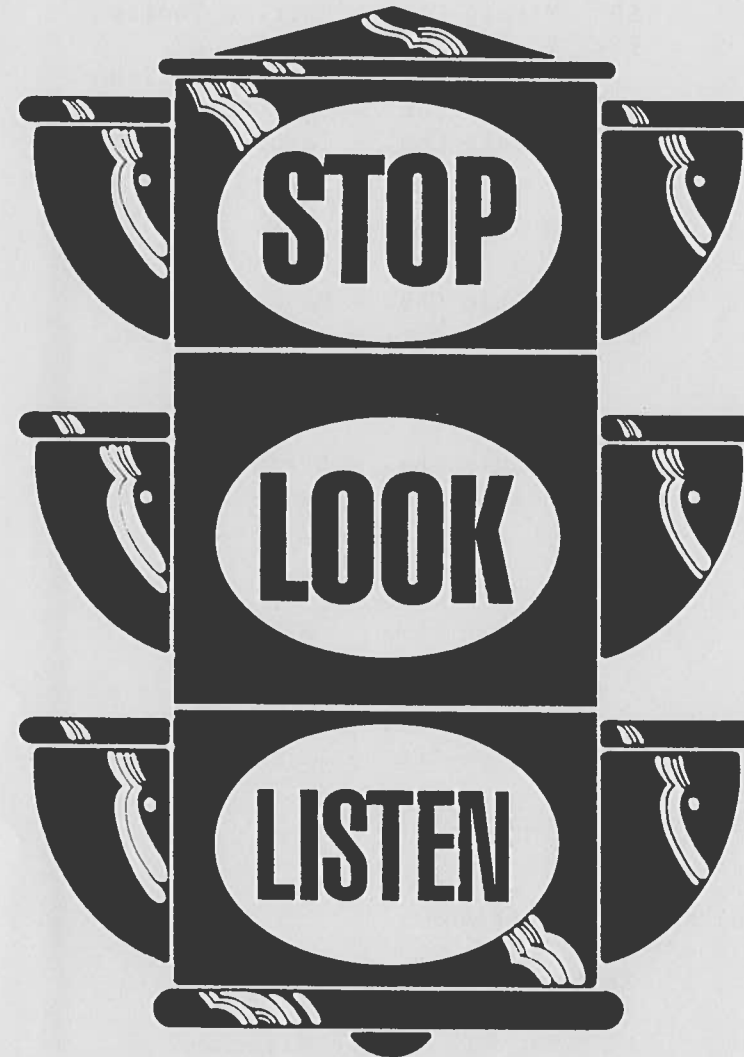


Quebec Federation of Home & School Associations
Annual General Meeting and Conference



THEME:

***Promoting
Parent
Potential***

Saturday
May 7
1988

at

The Protestant School Board of Greater Montreal
6000 Fielding Avenue

Sponsored by: QFHSA, 2535 Cavendish Blvd., Suite 212, Montreal H4B 2Y5

1987/88 MEMBERSHIP AWARDS

On Island Elementary Schools

58%	M'ship Chm. - Marilyn Toohey
58%	M'ship Chm. - Pat Staggs
58%	Lauren Sullivan
54%	M'ship Chm. - Judy Stanway
51%	M'ship Chm. - Carol Porteous

On Island Secondary Schools

24%	M'ship Chm. - Beverly Moore
23%	M'ship Chm. - Roslyn Karpman

Off Island Schools

34%	M'ship Chm. - Bertha Hayes
31%	M'ship Chm. - Barbara Rioux

Special Mention

Christmas Park	M'ship Chm. - Pam Schneider
Dunrae Gardens	M'ship Chm. - Amy Howick
New Carlisle	M'ship Chm. - Starr Sinclair
Valois Park	M'ship Chm. - Peggy Thomas
Windermere	M'ship Chm. - Barbara Johansen

Membership figures are based on student enrollment.

1987/88 NEWSLETTER AWARDS

Beacon Hill	Editor - Jenny Ward
Cedar Park	Editors - Judy Hadley
	Christine Elischer
Ecole Primaire Beaconsfield	Editor - Kathryn Cameron
	Editors - Marjorie Ford
	Sylvia Rankin
John Rennie High	Liz Parker (distributor)
Seignior	Editor - Dale Palin
Sunnyside	Editor - Ann Kasowski

We are indebted to READER'S DIGEST (Montreal)
for providing some of the books used as awards.

1988 CONFERENCE COMMITTEE CHAIRMEN

Awards	Sylvia Adams Helen Koeppe
Book of Reports	Betty Brunet
Constitution	Gisela Amarica Barbara Milne-Smith
Displays	Diane Lacey
General Arrangements.....	Carol Ohlin
Hospitality	Pat Ito Betty Hermo
Kits	Gordon McGibbon
Nominations.....	Vi Minto
Photography.....	PhotoArt
Preview/Program Book.....	Angelika Redahl Donna Sauriol
Program Chairman.....	Angelika Redahl
Program Committee.....	Marion Daigle Ann Gagné Jon Percy
Publicity.....	Marion Daigle
Registration Chairman	Val Carpenter
Registration Committee.....	Wendy Bohn Bonnie Lecouffe
Resolutions Chairman	Barbara Milne-Smith
Resolutions Committee	Ann Cumyn Allan Locke Rose Kandalgaonkar



President's Message

Welcome to the 44th Annual General Meeting of QFHSA. We hope that this new one-day format will prove popular and also that the new locale will be conducive to discussion and deliberations of the highest order.

Our conference committees have worked hard since last fall's leadership conference to ensure that this spring AGM is as interesting, instructive and inspirational as those in the past, if not even better.

In this era of change and challenge, of conflicting political ideologies demanding our constant attention, we are hard pressed to remember our primary duty — that of ensuring that our children receive the very best possible — a QUALITY education — an education based on the precepts of justice, fair play, and equality.

May we continue to work, live and learn in a country which respects the rights of its minorities; a province which values diversity and in a spirit which encourages openness and honesty.

Sincerely, Helen Koeppe

Fundraising Canada

Les Distributions Lamontagne Inc.
(Lowney's Chocolate)

Ministère de l'Éducation/Radio-Québec

National Film Board

Nomad Scientists

Parfait Fund Raising Consultants

Photo Art

Prestige Fund-Raising

Protestant Education Services

Quebec Association of Children with Learning
Disabilities (QACLD)

Sunsweet Fundraising Inc.

University Scholarships of Canada

Thank you to Canadian National Railways for
supplying pens and to PHOTO ART for taking
pictures of the conference.

Place mats provided by EDINBURGH ELEMENTARY
(Montreal West), THORNDALE ELEMENTARY
(Pierrefonds) and WILLINGDON ELEMENTARY
(Notre Dame de Grace).

Muffins provided by EDINBURGH ELEMENTARY
(Montreal West), ROYAL WEST ACADEMY (Montreal
West) and THORNDALE ELEMENTARY (Pierrefonds).

LESLIE N. BUZZELL AWARD

for outstanding service to the Quebec Federation

CASPAR ESSELAAR

Caspar Esselaar has served the education
community of Montreal with dedication and
distinction.

As a parent in the Protestant School Board of
Greater Montreal, he began his role as a volunteer
while serving as Treasurer for the Stonecroft
Elementary Home and School/School Committee.
He then served as Vice-Chairman of the PSBGM
Major School Change Committee and Chairman of
Region 2 of the Central Parents' Committee.

During the years that his two children have
attended Beechwood Elementary and Rivdale
High School, Caspar has served on the Board of
Directors of QFHSA as Area Representative from
Pierrefonds, as a Vice-President from 1982-83,
and Treasurer for three terms, from 1983-1988. In
June 1987 he attended the week-long Canadian Home and School Parent-
Teacher Federation annual meeting in New Brunswick as a national delegate
from QFHSA.

To serve as a treasurer of a provincial organization is a task requiring an
extraordinary commitment of time and energy. Among the many duties of
the treasurer are the preparation of the monthly financial statements and
grant applications. As Chairman of the Finance Committee, Caspar has been
responsible for submitting the proposed budget to the Annual General
Meeting and arranging for the yearly audit.

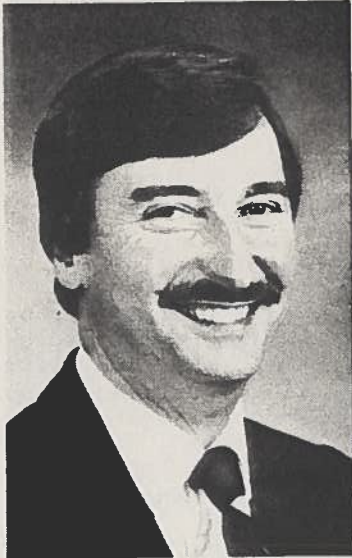
QFHSA has been exceedingly fortunate to have had Caspar Esselaar to
lead us through these challenging years. As the voice of fiscal responsibility
combined with his unique good humour, he has exemplified the essential role
of a parent volunteer who gives so generously of both his professional
expertise and his service to the community.



GORDON PATERSON AWARD

for outstanding service to the education of children

PAT BAKER



The Gordon Paterson Award is intended to honour an outstanding educator who has encouraged parent participation in the education of children through school involvement.

Greendale's Home & School Association nominated Pat Baker for this award, saying that Pat Baker's dedication to the students and their parents brought the parents of Greendale "back to school". Pat has the unique ability to make parents feel part of a team; he believes that parent participation in the school leads to a more effective learning environment for all children; he is an enthusiastic supporter of Home & School.

Pat Baker, born and raised in Montreal, attended Sir George Williams University. He received B.A. and B.Com. degrees before continuing his studies at Macdonald College resulting in a

Teaching Diploma and, subsequently, a career in education. Over the years, his tireless effort in serving education has been influenced by continuous professional development and academic achievement. His ongoing studies resulted in an M.A. in Education and a Diploma in Educational Administration. Pat has been with the Lakeshore School Board since 1960 in the capacities of teacher, department head and Vice-Principal of Beaconsfield High School and Principal of four elementary schools: Thorndale, Northview, Spring Garden and Greendale.

Pat Baker — husband, father and educator — has generously shared his many talents with his home, school and community and with his peers and employees, his students and their parents.

For outstanding service to the education of children, Quebec Federation of Home & School Associations salutes Pat Baker, a conscientious, creative and successful educator.

MESSAGE FROM THE NATIONAL PRESIDENT, 1988



The Canadian Home and School and Parent-Teacher Federation

(INCORPORATED)

To the members of the Quebec Federation of Home and School Associations.

I am proud to greet you on behalf of your colleagues in HOME & SCHOOL across Canada.

Our society is in transition — undergoing an explosion of information and escalating stress. Our schools and homes reflect these changes and confront us with challenges. The challenges include illiteracy, child safety, children's self-esteem, child abuse, and changing family structures. We have enormous expectations of both our homes and our schools.

This makes even more important the partnership of parents with teachers in the interests of our students. HOME & SCHOOL must continue to take advantage of opportunities for cooperative participation at the local, provincial and national levels, so that we may share our many resources to build a better tomorrow,

*Doing together that
which we cannot do alone.*

Sonja Anderson

NATIONAL PRESIDENT

Canadian Home and School
and Parent-Teacher Federation

Winnipeg, Manitoba.
Spring 1988



1 9 8 8 C O N F E R E N C E T H E M E

P R O M O T I N G P A R E N T P O T E N T I A L

Parents - the bane of every child's existence - and yet the dominant and most enduring influence in each child's life. Parents - they are difficult to live with, and impossible to live without! Parenting is without a doubt the oldest and most highly under-rated profession. An effective parent must be at once a referee, counsellor, nurse, psychologist, housekeeper, tailor, cook, judge, jury, prosecutor, jailer, entertainer, chauffeur, dietician, hygienist - in short a "jack and jill of every trade". Few parents feel fully confident assuming these varied and difficult roles and most are constantly striving to improve their performance. The Quebec Federation of Home & School Associations recognizes this and has a long history of coming to their aid with constructive, informative programs. The theme of this year's conference highlights and celebrates this important and continuing role of QFHSA. The workshops to be presented are thought provoking, informative and entertaining. They will provide numerous insights that should be useful in fulfilling your important, difficult and at times frustrating parental responsibilities. Join with QFHSA and let us together PROMOTE PARENT POTENTIAL.

C O N F E R E N C E O U T L I N E

SATURDAY, MAY 7, 1988

8:00 - 9:00 am REGISTRATION - in the foyer. Have a look at the displays.
9:00 - 9:15 am WELCOME - opening remarks from the President of QFHSA.
9:15 - 10:45 am ANNUAL BUSINESS MEETING - in the Paterson Conference Room.
10:45 - 11:15 am NUTRITION BREAK - Time to view the displays and visit.
11:15 - 12:30 pm ANNUAL BUSINESS MEETING, cont.
12:30 - 1:30 pm BUFFET LUNCH.

Paterson
Conference
Room

1:30 - 3:00 pm "Kristal Dreams" - presented by Youtheatre.
A live theatre production, "Kristal Dreams", tackles an issue that many young people are having to deal with for themselves - the dangers of drug abuse and the need to make responsible choices. Aurora, a Montreal drug counselling group, will be on hand to answer any questions you may have.
This is a mix of entertainment and education that should not be missed.

3:00 - 3:30 pm NUTRITION BREAK
Visit the displays and find out what's new.

3:30 - 5:00 pm CONCURRENT WORKSHOPS

Paterson 1) SELF-ESTEEM: INNER VOICE, LISTEN TO ME 1

Conference
Room

This workshop will offer the participants information on ways of raising self-esteem whether in childhood, adolescence or adulthood. An examination of self-esteem will be explored from the sum of two components: a feeling of personal competence and a feeling of personal worth. The management of self-esteem requires attention in focussing a greater self-awareness on feelings, desires, thoughts and abilities as well as a study on self-acceptance and self-expression.

Speaker Margaret Mitchell, Learning Consultant, Lakeshore School Board

Room 114 2)

West Wing

THE PARENT AS A TUTOR: STRATEGIES FOR UNDERSTANDING YOUR CHILD'S INDIVIDUAL LEARNING STYLE

A parent's knowledge and understanding of their children's learning styles can make all the difference in helping them become effective learners. In this workshop Irene Woods will discuss strategies to help identify and work with your child's preferred modality of learning (visual, auditory, kinesthetic). For the student this knowledge can be the first step towards more productive and enjoyable learning.

Speaker Irene Woods, Director, Westmount Learning Centre and Principal, Kelis Academy.

Wm. Lunn 3)

Staff Room
East Wing

PROCRASTINATION AND TIME MANAGEMENT

Could you use a 36 hour day? Are you ready to admit you're a perennial procrastinator? A disastrous delegator? A limp-wristed list-maker? Perhaps you could use some new strategies for regaining control of your time.

In this introduction to Time Management, we will explore a few of the most common contributing factors to time mismanagement and share some possible solutions. Participants will be encouraged to set a personal goal, or two, before rejoining their respective rat races.

Speaker Barbara Goode, Guidance Counsellor, Lakeshore School Board, and representative of Pathfinder Counselling Services Inc.

5:00 - 5:30 pm FREE TIME. Last chance to visit the displays.

5:30 - 6:00 pm SOCIAL TIME - cafeteria area (west side)

6:00 - 9:00 pm AWARDS BANQUET - cafeteria