

2018



KIDS

Summer Camp



September 2018

Report prepared by Priscilla Fequet Griffin,
KIDS Summer Camp Program Manager



Table of contents

Table of Contents	1
Acknowledgements	3
Overview	5
2018 KIDS Summer Camps	7
▪ La Tabatiere	
▪ St. Paul’s River	
▪ Blanc Sablon	
Recommendations.....	9
Annex I	11
▪ Advisory Committee	
▪ Community Committees	
Annex II.....	13
▪ 2018 Camp Program & Pictures	

Acknowledgements

The Coasters Association would like to take this opportunity to thank those instrumental in the success of the 2018 KIDS Summer Camp. Much gratitude is extended to those who supported the 2018 camp through their monetary contributions:

- Commission Scolaire du Littoral
- Young Canada Works
- Service Canada
- Groupe Accessibility
- Parents (Registration Fees)
- St. Paul's School
- MRC du Golfe-du-Saint-Laurent

In addition:

Special thanks to the school in Mutton Bay, St. Paul's School, and Mgr. Scheffer for the use of their facilities at the camp locations in La Tabatiere, St. Paul's River and Lourdes de Blanc Sablon. Thank you, as well, for allowing the use of equipment.

Sincere thanks to Young Canada Works for two (2) student counselor positions, Services Canada for four (4) positions, and the MRC, Group Accessibility, St. Paul's School, La Tabatiere school, and Commission Scolaire for the other five (5) positions, as well as a sincere thank you to Quebec 4-H for their continued support and expertise.

Special mention goes out to Group Accessibility. Their hard work and dedication enabled the organization to hire a shadow for the KIDS Summer Camp Program in Blanc Sablon.

Heartfelt appreciation goes to the KIDS Summer Camp Community Committees in Blanc Sablon, St. Paul's, and La Tabatiere... many of you went above and beyond your duties and for that we are grateful. And, to the Advisory Committee, the Board of Directors and staff of the Coasters Association for their continuing advice, support, throughout the duration of the 2018 camp season. Thank You.

Finally, an enormous thank you to *ALL* our partners for their guidance and advice, it is much appreciated. We could not have done it without you!

Priscilla Fequet Griffin
Camp Coordinator
2018 KIDS Summer Camp



Overview

In the summer of 2006, a six (6) week summer camp pilot project was undertaken in the Municipalities of Bonne Esperance and St. Augustine to provide a Summer Camp for youth. The summer camp entitled Kindness, Inspiration, Determination, Spirit, “KIDS”, has proven to be a great success.

The mission of KIDS Summer Camp is to nurture and develop a safe and healthy environment in which youth can improve their health and obtain skills that will assist them in their future lives, through physical activities, mental development, artistic growth, environment awareness and community/family participation.

In 2007, the Coasters Association expanded the KIDS Summer Camp to two (2) additional communities (La Tabatiere, and Blanc Sablon), as well worked in partnership with, and supported, the Eau-Naturelle Discovery Camp in Chevery, and the two (2) camps already established were maintained.

From 2008 to 2016 the five camps were in operation and ran very well.

Year	Theme	Youth	Counselors	Coordinator
2006	Kindness, Inspiration, Determination, Spirit (KIDS)	36	5	Volunteers
2007	Amazing Race	93	11	Full time/part-time
2008	Ocean Odyssey	90	12	Full time/part-time
2009	Going Green	68	11	Full time/part-time
2010	Green Adventure	132	14	Part-time
2011	Up in the Air	118	14	Part-time
2012	When I grow up	82	12	Part-time
2013	Exploration Celebration	85	13	Full-time
2014	Countries around the world	93	12	Part-time
2015	A Green Adventure	93	13	Part-time
2016	KIDS Summer Camp 10 th Anniversary	58	10	Part-time
2017	Adventures in Summer Camp	57	8	Part-time
2018	Going Green	61	11	Part-time



Living in such a remote area as the Lower North Shore, finding new and exciting activities for our youth is a constant challenge. We do not have access to the amenities of a larger community; therefore, we have to be creative in our endeavor to provide a place where our youth can interact with other youth, as well as create an environment in which they can express themselves, learn new and exciting things and most importantly have fun.

Socialization is an important component of a well-rounded, healthy lifestyle. Isolation and a lack of interpersonal skills increase the stress of everyday situations and contribute to negative self-esteem. Therefore, the involvement with a social group increase the youth's sense of community and social support, as well as providing an environment in which youth can improve their health and obtain skills that will assist them in their future lives.

Furthermore, with the economic downfall on the Lower North Shore, many parents have no other choice but to leave the coast to seek employment, leaving their children behind for a period of four (4) to six (6) months, with grandparents or guardians, thus causing problems for youth in the early stages of his/her life. Through the KIDS Summer Camp, the goal is to provide services to assist parents and guardians, thereby leading to the improvement of the social and learning capacities of children ages four to twelve (4-12) years.

The KIDS Summer Camp, not only fulfills its mission but provides employment opportunities for our students who are furthering their education. It is a social, educational, environmental, cultural, community and historical development activity. It is also known that kids who are involved in summer activities (such as the camp) do better in the up-coming school year, and participate more in community events.

The KIDS Summer Camp is an exceptional program; however, through assessments we have realized that much work has to be done to ensure the sustainability of this worthwhile initiative in the areas of program development, setting up of operational structure and continued expansion of the KIDS Summer Camp Program.

2018 marked the 12th Anniversary of the KIDS Summer Camp. In 2006, a group of dedicated volunteers began the task of planning, preparing, and implementing a summer camp in both St. Paul's and St. Augustine. It required a lot of hard work and commitment; nonetheless, it was successful, and was extended to La Tabatiere and Blanc Sablon.



KIDS Summer Camp Locations

In 2018, three (3) camps were in operation from June 25th to August 10th.

Lourdes de Blanc Sablon:

- 7 counselors
- 32 children registered full time

St. Paul's River:

- 2 counselors
- 16 children registered full time

La Tabatiere:

- 2 counselors
- 10 children registered full time



KIDS Summer Camp 2018 Synopsis:

The KIDS Summer Camp 2018 season was, once again, a success. The counselors were animated and energetic which enabled the kids to experience an happy and safe environment. Facebook pages were created, and events and photos were posted weekly, which allowed and informed parents of what their children were doing periodically.

Participation rate has increased slightly from the 2017 season; however, it is always a challenge to engage the 10 to 12-year-old age group, who are growing older and are becoming uninterested in the structured camp activities. Also, due to the lack of funds, it is impossible to offer outings and special events, which we believe have lessened the participation of this age group. We are currently striving to adjust the program to reflect this challenge as well as finding the necessary funds to keep the camps open on a regular basis. **VERY IMPORTANT:** A full time coordinator is a must to ensure smooth running of the camps.

French integration was promoted in all three (3) camp locations; notably, Blanc Sablon camp some activities was carried out in french. It is in this respect that the Coasters Association supports the Commission Scolaire du Littoral requesting the introduction of more French in the camps allowing campers and counselors alike to improve on the language, become better equipped for the upcoming school year, and feel more confident listening, reading, and speaking in French. The campers, when asked, were very receptive to the introduction of French and were excited to have the opportunity to learn more.

To conclude, we can't thank the Commission Scolaire du Littoral enough for their generosity, it is an important partnership we value and look forward to many more collaborations in the future.

Recommendations

Each year a survey is forwarded to the parents of the children attending camp. It gives the parents an opportunity to express any recommendations and or concerns that they may have and to inform whether their children enjoyed camp or had difficulties. It also gives the Coasters Association an opportunity to recognize any issue that may have arisen and to provide any solutions if necessary.

The following are some of the recommendations that were obtained from parents in 2018.

- 2018 – It was recommended in 2017 that all Counselors should be given training sessions on how to deal with difficult children, time management, conflict resolution and communication, however, training was not provided, due to lack of funds. Parents still feel that camp councilors be trained. It is crucial that funds be found to ensure that camp counselors are fully trained before camp opens.
- 2018 – That Camp Councilors not use electronic devices
- 2018 – To have adults overseeing camp on a daily basis
- 2018 – Sixteen (16) surveys were received back from parents
 - 13 were overall satisfied with camp,
 - 12 were satisfied with camp councilors
 - 11 said that they would send their child/children to camp next season if it were available
 - 4 were not satisfied with camp (St. Paul's River)
 - 4 were unsure if they would send their child to camp next season
 - 4 said they were not happy with the camp counselors (St. Paul's River)

The following is a list of suggested changes, due to parents concerns;

St. Paul's River

- More scheduled activities, especially outdoor, no schedule was followed
- No scary movies, very upset that a scary movie was played as well as scary games
- Hire councilors that are motivated
- No cell phones or iPad, it was noted that councilors spent a lot of time on devices
- No smoking by councilors
- More supervision by an adult (St. Paul's River)
- Advise parents if there is a change in councilors
- Having two councilors was an improvement, however, no boyfriend/girlfriend councilors working together

Blanc Sablon

- Do not use cell phones
- Camp councilors to receive more training on first aid (sun burns)
- Councilors need training before camp begins
- Happy that the age group were split, and the campers were outside as much as possible
- Always informed parent of upcoming week activities
- Lots of pictures shared on their facebook page
- Would have like to see camp run for two more weeks
- Councilors were very energetic

La Tabatiere

- Counsellors did a great job
- Lots of pictures shared on their facebook page

As indicated above, the recommendations will be taken into consideration and will be considered in the planning the preparations for next years' camp season.

Evaluation was also done with the students and the following are their recommendations;

- That training be made available prior to camp opening, so all are clear on their roles and tasks
- Not enough time allocated for prep time
- Have an adult to do lead role, other students do not respect a youth their age carrying out this role
- More supplies needed (kitchen equipment and craft supplies)
- Need kitchen setting to prepare snacks
- Bigger class rooms needed
- A planning room needed
- A storage closet needed
- The coordinator position be held by an adult



Annex I

2018 KIDS Summer Camp Advisory Committee:

Name	Organization	Contact info
Vicki Driscoll	CEDEC	(418) 461 -3450 lnsdirector@cedec.ca
Joanne Jones	CLD	418-461-2652 x 4 joanne.jones@cldbnc.qc.ca
Kimberly Buffitt	CLC/CSL	(418) 379-2365 kimberlybuffitt@hotmail.com
Cornella Maurice	Coasters Association	(418) 379-2006 ext 223 coasters@globetrotter.net
Shelley Fequet	BCNeF	(418) 379-2006, ext 229 shelley.fequet@coastersassociation.com
Laurette Gallibois	St. Augustine Camp	(418) 947-2239 cjasradio@gmail.com
Molly Organ	La Tabatiere Camp	(418) 461-2053 mclc_morgan@live.ca
Shannon Keats	St. Paul's Camp	(418) 379-2324 shannie_adele@hotmail.com

2018 KIDS Camp Community Committees:

Blanc Sablon

Name	Role	Contact info
Joanne Jones	Member – parent – Resource Person	418-461-3361/2652 x 4 danielandjoanne@live.com
Cathy Thomas	Member - parent	418-461-2659 cthomas444@hotmail.com
Evelyn Jones	Member – parent	418-461-2201 lucien_evelyn@hotmail.com
Jessica Purcell	Member- parent	418-461-2300/3383 jessicapurcell07@hotmail.com

St. Paul's

Name	Role	Contact info
Tanya Smith	Member-parent	418-379-2339
Kimberly Buffitt	Member-Community Rep.	418-379-2901 kimberlybuffitt@hotmail.com
Trina Roberts	Member- parent	418-379-2258 trinaroberts2@hotmail.com
Gail Roberts	Member -Community representative	418-379-2970
Dale Keats	Resource person	418-379-2951

La Tabatiere

Name	Role	Contact info
Tara Bobbitt	Member – Parent	418-773-2420 bobbitt_tara@hotmail.com
Jessica Bobbitt	Member – Parent	418-773-2263/2173 jess_kaylie@hotmail.com
Tara Nadeau	Member – Parent	418-773-2640 (W) 418-773-2470 (H)
Marie McKinnon	Member- Parent	418-773-2212 (W) 418-773-2528 (H)
Fay Collier	Resource person	418-773-2500 ext 1

Annexes II

Theme: We're going green!

Week 1: H2O Challenge!

Water Olympics, Beach clean-up, Introduction to the importance of water
Plan, prepare and implement weekly activities, and crafts pertaining to the weekly theme

Week 2: Adventure Quests!

Move, move, move (field trips), Crafts using items found outdoors (sticks, rocks, etc.)
Backpacking trip: snack and gear prep., team building skills
Learn about carbon footprints
Plan, prepare and implement weekly activities, and crafts pertaining to the weekly theme

Week 3: Media Week!

Create publicity material promoting green lifestyle
Mock radio promos and interviews
Land sports: flag football, dodge ball, soccer
Scrapbooking
Plan, prepare and implement weekly activities, and crafts pertaining to the weekly theme

Week 4: Recycling!

Learning the benefits of recycling
Learn about how bad practices can damage our environment
Making homemade green products
Plan, prepare and implement weekly activities and crafts pertaining to the weekly theme

Week 5: Horticulture!

Plant a garden, Nature walks, Learning about insects and pollination
Plan, prepare and implement weekly activities, and crafts pertaining to the weekly theme

Week 6: Clean Air!

Learn about air pollution, Air sports: balloon race, Kite making and race
Plan, prepare and implement weekly games and activities, and crafts pertaining to the weekly theme

Week 7: Creating Green Leaders!

Teaching youth how to promote a green lifestyle to parents, teachers, peers, etc.
Green parade
Plan, prepare and implement weekly games and activities, and crafts pertaining to the weekly theme.



Pictures!

